# Arlington Recreation Department Fall 2020-Winter 2021 Program Guide

ED BURNS ARENA

ARLINGTON HIGH SCHOOL



Arlington Recreation... Sign Me Up!

HOM

# Register By Phone: 781-316-3880

422 Summer St., Arlington, MA 02474 • Office Hours: 8:00am – 4:00pm Monday – Friday Do you have an idea for a great program? Email us at recoffice@town.arlington.ma.us. We'd love to hear it!

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#### Meet the Arlington Recreation Department Staff

Joseph Connelly Director of Recreation

Zach Vaillette Program Supervisor

JJ O'Sullivan Rink Manager & Facility Supervisor

Yamir Rodriguez Assistant Facility Supervisor

Maria Day Administrative Assistant

Linda Kirchner Administrative Assistant

#### Arlington Parks and Recreation Commission

Jen Rothenberg Leslie Mayer Phil Lasker Scott Walker Sara Carrier Shirley Caniff Scott Lever

## Director's Message

## Crazy Times...

Hello Arlington,

Arlington Recreation is proud to be able to offer the community the fall and winter programs that are advertised in our 2020 brochure. As I am sure each of you can understand, these are challenging times with both local and state guidelines changing daily.

These continuing changes, although necessary, challenge even our best planning methods. Some assumptions were made in the program write-ups that may need to be tweaked as program dates approach. Assumptions such as the location of the program, minimum and maximum numbers for the program, and fees for the program may change.

We will do our best to communicate any changes with you via website write-ups and through e-mail notifications in a timely manner. If we are forced to cancel any of our fall and winter programs, a full program credit will be given to each household. Refunds will also be granted upon request within seven days of the official notice of program cancellation.

The safety of our program participants will be our top priority. Prior to the start of each program, each program will have their COVID safety plans reviewed by the Arlington Board of Health. It is our goal to offer Arlington residents safe, fun, and beneficial programming during these trying times. Now more than ever do we realize the importance of recreation in our lives.

I thank you in advance for your continued support of Arlington Recreation and understanding for any necessary program changes.

> Sincerely, Joseph Connelly Director of Recreation

## **Special Events**

#### Walter V. Moynihan Town Day Run

Due to the COVID-19 Virus, the Town Day Committee has voted to cancel this year's Town Day scheduled for September 16th. We look forward to seeing everyone for Town Day and the Walter V. Moynihan Town Day Run in 2021.

# **General Information**

## **Office Information**

Main Phone Number:(781) 316-3880 Email: recoffice@town.arlington.ma.us Address: 422 Summer Street, Arlington, MA 02474

## Websites

Department and Registration Site: arlingtonrec.com Town Site: arlingtonma.gov/departments/recreation

## **Mission Statement**

Arlington Recreation, a self-sustaining Division of the Town, offers safe, quality and affordable programs and facilities for citizens of all ages and abilities. Our staff members are qualified professionals, dedicated to serving the community with excellence and pride.

## **Payment Policy**

Payment must accompany all registrations. Checks should be made payable to Arlington Recreation. MasterCard, Visa, and Discover are also accepted. If registering for the first time with Arlington Recreation, you will need to create a household account. Please call 781-316-3880 if you experience difficulties. Phone registrations now welcome!

## **Financial Aid Information**

Financial assistance may be available thanks to a Community Development Block Grant program awarded to Arlington Recreation. For eligibility information, contact the Recreation Office. Information and forms can be downloaded at arlingtonrec.com

## **Refund Policy**

There will be NO REFUNDS unless a program is cancelled by Arlington Recreation. In the event that participants must cancel, household credit requests must be submitted in written form to the Director of Recreation. If approved, the percentage of credit may vary. Please note that there is a \$7 administrative fee per program for all refunds unless the program is canceled by Arlington Recreation. If you cancel after the start of a program, no credits or refunds will be given.

## Participants Responsibility

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Arlington Recreation. If participants fail to cooperate with the rules, Arlington Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

## **Nut-Free Policy**

All program participants are encouraged to bring water and snack to the programs, however, due to increased nut allergies, please do not bring or send items containing nuts for snacks and lunches.

## **Inclement Weather**

Sign up online at for field closing notices at arlingtonma.gov to receive inclement weather updates on programs and fields operated through Arlington Recreation. The Department of Public Works makes the decision regarding field cancellations. Once a determination has been made, the inclement weather the website will be updated for your convenience. It is also our policy that if Arlington Public Schools close due to weather-related issues, our programs will also be cancelled.

## **Cancellation Policy**

We reserve the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, we will make every effort to reschedule the program. If a program cannot be rescheduled, a household credit will be issued for the canceled program.

## **Inclusion Policy**

The Arlington Recreation Department is committed to creating and promoting inclusion across all public spaces, places, facilities and programs that the department manages. Through the Inclusion Policy, Mission Statement and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation, including, but not limited to those who have been historically marginalized, those with a physical or cognitive disability, the LGBTQ community, racial and ethnic minorities, and new Americans, or refugees and immigrants. Arlington Recreation defines inclusion as the process of including all persons, regardless of their ethnic origin, socioeconomic level, color, language or abilities.

## **Volunteer Opportunities**

Arlington Recreation greatly depends on volunteers to support all of our programs and special events. If you are interested in volunteering, there are a variety of programs and activities looking for a caring heart, a specific skill, and a helping hand! Contact us for openings. Thanks to all who have already given their time and energy!

## Scholarship Fund

In order to continue offering quality programs at affordable costs, when registering, please consider donating to our scholarship fund. Arlington Recreation's goal is never to turn away an interested participant due to economic hardship. With your help, we will be able to continue this practice. If you choose to donate to the scholarship fund, please be sure to check the donation box on the registration form.

> Email program comments, suggestions, ideas, and concerns to Zach Vaillette, Program Supervisor, at zvaillette@town.arlington.ma.us

# Ed Burns Arena Ice Skating Rink

he Ed Burns Ice Skating Arena is an indoor ice facility located at 422 Summer Street in Arlington. The facility includes a regulation-size rink of 85 x197-feet with spectator seating for 1,000. Complete snack bar service (hours vary) and vending machines are available in the main lobby. We also offer skate rental and sharpening services. Team rooms are provided for those renting ice time.

The Ed Burns Arena is open to the public year round with ice activities during the months of August through April. The rink is a great place to host a school field trip or birthday party. For rental or event information, contact the Recreation Office: 781-316-3880.

## **Public Skating Schedule**

Preregister for Public Skating at arlingtonrec.com Space limited to 25 skaters per 45 minute time slot

The Ed Burns Ice Skating Arena is open to the community for public skating sessions several times a week. Ice skate rentals and sharping are available. No hockey allowed during public skating. Helmets are not required, but are recommended for all beginners.

Final Public Skating dates and times are subject to change. Please visit arlingtonrec.com for the most accurate Public Skating schedule, in addition to information on holiday Public Skates.

Please note that public skating will follow strict guidelines instituted in cooperation with the board of health including pre-session registration, limited on ice numbers, masks for all skaters and facility visitors, six feet social distancing, no concessions, and limited numbers in the lobby.

Ages:	All
Dates:	September 28 – End of April
Times:	Each public skating session is 45 minutes. There will
	be a 15-minute cleaning time in between back-to-back
	sessions to allow for cleanngs to occur.

	Session 1	Session 2
Monday:	12:00pm - 12:45pm	1:00pm – 1:45pm
Thursday:	9:00am - 9:45am	10:00am - 10:45am
Friday:	11:00am - 11:45pm	12:00pm - 12:45pm
	1:45pm-2:30pm	2:45pm-3:30pm
	7:00pm - 7:45pm	8:00pm-8:45pm
Saturday:	4:00pm - 4:45pm	5:00pm - 5:45pm
Sunday:	9:30am - 10:15am	10:30am - 11:15pm
	2:00pm - 2:45pm	3:00pm - 3:45pm
Admission Fees: Children (Ages 16 & under): \$4		
	Seniors (Ages 6	0+):\$4
	Adults: \$6	
	All fees are per s	session



## **Ice Rental Fees**

The rink is a great place to host a practice, game, school field trip, or birthday party.

Organizations and individuals interested in renting ice time must complete and submit an Ed Burns Ice Request Form. This form can be found at arlingtonrec.com.

Completed applications can be emailed to JJ O'Sullivan, the Ed Burns Arena Facility Supervisor, at JOSullivan@ town.arlington.ma.us. All Ice Time Request Forms will be reviewed and ice times will be approved accordingly.

Please note each group must present a Certificate of

Insurance in the amount of \$1,000,000.00 naming the Town of Arlington as an Additional Insured. If your group does not have insurance, you will need to indicate this on your application.

Submission of an Ice Time Request Form does not guarantee access. Space will be assigned based off availability, policies, and the order outlined below. Group rental fees are as follows:

#### Ice Rental Fees

**Option 1:** \$260 per 50-Minute Time Block **Option 2:** \$280 per 60-Minute Time Block

A 20% non-refundable deposit must be submitted at time of reservation. For additional information or if you have questions, please feel free to contact JJ O'Sullivan, Ed Burns Arena Facility Supervisor, via email at JOSullivan@town.arlington.ma.us or by calling (781)-316-3882.

## **Skate Rentals And Sharpening**

The Ed Burns Ice Skating Arena offers skate rentals for \$5 per pair or purchase a 10-punch pass for \$45. Skate rentals are available during public skates and various Recreation Department run classes. Skate sharpening at the Ed Burns Arena is available during public skating hours, regular business hours, and by appointment.

Skate Rental Fees: \$5 per pair \$45 for 10-time punch pass Skate Sharpening Fees: \$7 per pair

\$63 for 10-time punch pass

#### Bay State Skating School Learn To Skate Program

Celebrating Over Fifty Years of Teaching Skating to Youth

Basic instruction and open skate for youth, without parents. Children will be taught how to stand up on skates, marching, dips, and forward skate. Participants are required to provide their own single blade skates (rentals available). Helmets are required for this program!



It's time to sharpen your blades for the coming winter season! Join Bay State Skate for skating fun. All teachers are professional ice skating instructors, offering excellent classes for students ages 4 and up. The program is structured in 25-minute lessons and 25-minute practice time each week. A co-instructor is in attendance at all times.

Skaters must have sharpened figure, hockey, or recreation skates. NO Double Runners. Skill progression: balancing, falling and getting up, glides, turns, edges, crossovers, spins, jumps and more.

Please note this is not a drop-off class and parents/guardians should remain onsite through the program.

Ages: 4 - 18 years old Min/Max: 20/80

#### Wednesday Sessions

3:00pm - 3:50pm	
Dates:	September 30 – October 28
Fee:	\$135 (5-week session)
Dates:	November 4 - December 9 (x 11/11)
Fee:	\$135 (five-week session)
Dates:	December 16 - January 27 (x 12/30)
Fee:	\$162 (six-week session)
Dates:	February 3 - March 31 (x 2/17)
Fee:	\$216 (eight-week session)
	Dates: Fee: Dates: Fee: Dates: Fee: Dates:

#### Saturday Sessions

Time:	10:50am -11:40am	
Session 1	Dates: Fee:	September 26 – October 24 \$135 (five-week session)
Session 2	Dates: Fee:	October 31 - November 28 \$135 (five-week session)
Session 3	Dates: Fee:	December 5 - January 16 (x 12/26 & 1/2) \$135 (five-week session)
Session 4	Dates: Fee:	January 23 – March 27 (x 2/13 & 2/20) \$216 (eight-week session)

## Arlington Recreation...Sign Me Up! Register Online at arlingtonrec.com

## Tot Skating Lessons

Beginning ice-skating made simple and fun! Introduce your child to the exciting sport of ice-skating and explore ways to help your child while on the ice. Instructors emphasize proper balance and control. Helmets are required for all participants. Skate rentals available at the Ed Burns Arena.

Ages:	2.5 and up (with adult caregiver on the ice)		
Day:	Tuesday		
Times:	9:40am - 10:20am		
Fee:	\$99 per person, per session		
Dates:	Session 1: November 10 - December 8		
	Session 2: January 5 - February 2		
	Session 3: February 9 – March 16 (x $2/16$ )		

#### **Adult Ice Skating**

Adult skating is gaining popularity – join the fun! A great workout and a chance to meet other residents of Arlington and nearby communities! Helmets or other appropriate head protection such as "Ice Halos" are now required! Skate rentals available at the Ed Burns Arena.

Ages:	18+
Day:	Tuesday
Times:	10:30am - 11:15am
Fees:	\$99 per 5-week session
Dates:	Session 1: November 10 - December 8
	Session 2: January 5 - February 3
	Session 3: February 9 – March 16 (x $2/16$ )

## Advertise Your Business or Sponsor a Special Event!

Would you like Arlington Recreation to help you get the word out about your services or an upcoming event? Need more exposure in Arlington and the surrounding area? Would you like to support Arlington Recreation?

There are yearly options available for businesses to advertise at the Ed Burn Arena Ice Rink! Options include banners, illuminated signage, Zamboni, scoreboard, or seasonal brochure with over 12,500 copies distributed each season!

#### Call JJ O'Sullivan at 781-316-3882 for more information.

#### **Current Advertising Partners**

Sports Etc Patrick Hourican Harris Plumbing And Heating Arlington Orthodontics Palmers Garage Privitera Charitable Foundation US Sealcoat Arlmont Fuel Arlington Hockey Club Varallo Orthodontists Mal's Towing Arlington Children Fund Arlington Police Patrolman's Association Middlesex Yankee Conference Courtney Dumpster

# **Toddler & Youth Programs**

## Little Dragons Karate

One of the best karate programs in the country taught by four-time world champion Steve Nugent. These classes teach proper stances, breathing, stretching, discipline,



confidence and practical self-defense. This class also underlines the importance of nutrition, exercise, fire safety and stranger awareness.

Ages:	3-4 years old		
Day:	Friday for 11 weeks		
Dates:	Session 1: October 2 - December 18 (x 11/27)		
	Session 2: January 8 – March 26 (x $2/19$ )		
Time:	4:45pm - 5:15pm		
Location:	TBD		
Fee:	\$295 (11-class sessions)		

## Amazing Athlete's Multi-Sport Program



Amazing Athletes is empowering children aged 2.5 to 6 years old to reach developmental milestones at an individual pace. During our 40-50 minute weekly classes,

children learn the importance of patience, teamwork, and selfconfidence in a non-competitive, earning-based environment that fosters a love of healthy living. Through our structured active play, Amazing Athletes advance 7 different motor skills: Balancing, Running, Jumping, Throwing, Catching, Kicking and Bowling.

#### Monday Sections

 Ages & Times:
 Ages 3 - 4
 9:00am - 9:45am

 Ages 4 - 5
 10:00am - 1045am

 Dates:
 September 28 - November 9 (x 10/12)

 Location:
 Hill's Hill Field

 Min/Max:
 4/8

 Fee:
 \$165

#### Sunday Sections

Ages3 - 5Times12:00pm - 12:45pmDates:September 27 - November 1Location:Hill's Hill FieldFee:\$165

## **Viking Sports T-Ball Clinics**

Join the Viking Sport Staff for this fun program, which will introduce children to catching, throwing, batting, running bases, and fielding. Coaches will pitch, and batting tees will be used if necessary. We will use soft, safe baseballs to build children's confidence and coordination in a safe manner. Please bring a glove and a water bottle!

Ages & Tir	<b>nes:</b> Ages 4 - 5	3:00pm - 3:50pm
	Ages 5 - 7	4:00pm - 4:50pm
Dates:	Monday, Septem	ber 28 - November 9 (x 10/12)
Location:	Poet's Corner Fie	eld
Fee:	\$99	

## Little Ninjas Karate

One of the best karate programs in the country taught by four-time world champion Steve Nugent. These classes teach proper stances, breathing, stretching, discipline, confidence and practical self-defense. This class also underlines the importance of nutrition, exercise, fire safety and stranger awareness. All uniforms are included in the class fee.

Ages & Times: Ages 5 - 7		5:15pm - 6:00pm
	Ages 8 - 12	6:00pm - 6:45pm
Day:	Friday	
Dates:	Session 1: Octol	per 2 – December 18 (x 11/27)
	Session 2: Janua	ry 8 – March 26 (x 2/19)
Location:	TBD	
Fee:	\$295 (11 class see	ssions)

## Viking Sports After-School Ninja Warrior



Stay active with Viking Fitness! These high energy clinics are where Boot Camp meets Ninja Warrior. Kids will engage in a variety of activities that improve cardiovascular fitness, strength, and agility. During each clinic,

kids will perform a specific set of exercises that will help them tackle the Viking Ninja Warrior obstacle course at the conclusion of each class. Fitness is made fun by supporting coaches who engage the campers ensuring everyone stays on task and improves. All participants receive a Viking T-Shirt.

Grades & Times:		Grades K - 2	3:30pm - 4:15pm
		Grades 3 - 5	4:15pm - 5:00 pm
Day:	Tuesda	y	
Dates:	September 29 - November 10 (x 10/12)		
Location:	Poet's	Corner Field	
Fee:	\$99		

## Sidekick Sports After-School Basketball

Players will learn the position names in basketball: Point Guard, Shooting Guard, Small Forward, Power Forward, and Center. Players will learn how to pass and shoot effectively, learn the different ways to defend and block, best strategies for teamwork and efficient play, and be challenged to think and act fast during small sided games at the end of each session. Program not held in inclement weather.

Grades:	1-5
Day:	Thursday
Dates:	October 1 - November 5
Time:	3:00pm-4:00pm
Location:	Summer Street Outdoor Basketball Courts
Fee:	\$105

## Sidekick Sports After-School Flag Football

We aim to combine technical development and fundamental techniques with safety and a major focus on fun! Our activities will prepare athletes for flag football through throwing, passing, catching, and tackling (i.e. pulling flags), while inspiring a love for running and being active. Flag Football presents a unique opportunity for players to get more touches on the ball; which leads to more learning and more fun!

Grades:	1-5
Day:	Tuesday
Dates:	September 29 – November 3
Time:	3:30pm - 4:30pm
Location:	Hill's Hill Field
Fee:	\$105
Fee:	\$85 (4 Sessions)

## Premier Hoops Fall Pre-Season Skills Clinics

Premier Hoops #1 Basketball Skills Training in New England will take your child's game to the next level in a fun and safe way! Each session is limited in size and features non-contact and social distant basketball skill development. This fall, our professional and D1 trainers will keep your children active, while teaching them the best drills to practice every week! All clinics are Co-ed and will be non-contact skills only (Shooting, Passing, And Ball Handling-Skills)

#### Monday Clinics

Dates:

Ages & Times	Ages 6 - 9	5:35pm - 6:25pm
	Ages 10 - 14	5:35pm - 6:25pm

September 21 - October 26

Location:Summer Street Basketball CourtsFee:\$175.00



#### Thursday Clinics

Dates: September 21 - October 28 Ages & Times Ages 6 - 9: 3:00pm - 3:45pm Ages 10 - 14: 3:45pm - 4:30pm Location: Summer Street Basketball Courts

Fee: \$175.00

All participants will be required to complete required health and emergency forms in order to attend the program. These forms are available for participants to download on our website.

## Youth Archery

During this five-week program participants will learn to shoot a bow and arrow with Archery USA in the Junior Olympic archery development program. Classes are taught by a certified archery instructor. All equipment is provided. Students will progress at their own pace.

Ages:	9 – 14 years old	X
Day:	Saturday	10
Dates:	October 10 - November 14 (x 10/31)	-7
Time:	Session 1: 2:15pm - 3:45pm	
	Session 2: 4:00pm - 5:30pm	Y
Location:	Menotomy Rocks Park	
Min/Max:	5/10	8
Fee:	\$175	





Come play this fast-growing sport and ideal complement to tackle football development! Our coaching and referee staff utilizes the USA Football FUNdamentals curriculum and we are

an official NFL Flag League! We aim to combine technical development and fundamental techniques with safety and a major focus on fun!

Our activities will prepare athletes for flag football through throwing, passing, catching, and tackling (i.e. pulling flags), while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program.

Flag Football presents a unique opportunity for players to get more touches on the ball; which leads to more learning and more fun! Please note that the level of play will be novice to moderate play at the younger ages.

Each session, practices, clinics and games will last between 45 minutes- 1 hour. This program is offered through Sidekick Sports Academy.

Grades & Times:		Grades K - 2	4:30pm - 5:15pm
		Grades 3 - 5	5:30pm - 6:15pm
		Grades 6 - 8	6:30pm - 7:15pm
Day:	Saturday		
Dates:	September 26 – November 7		
Location:	Summer Street Field		
Fee:	\$145		

## **2021** Arlington Youth Lacrosse Winter Clinics

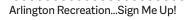
Arlington Youth Lacrosse runs this popular program. Participants will learn the basic skills of the game, as well as participate in friendly competitive play. Please bring lacrosse stick and sneakers. For more information about Arlington boys and girls lacrosse please visit arlingtonlax.org.

#### **Girls Lacrosse Clinics**

3-8
Monday & Wednesday
February 24, March 1, 3, & 8
4:00pm - 6:00pm
TBD

#### **Boys Lacrosse Clinics**

Grades:1-8Day:Tuesday & ThursdayDates:February 25, March 2, 4, & 9Time:4:00pm - 6:00pmLocation:TBDFee:\$85 (4 Sessions)



# **Toddler & Youth Soccer Programs**

## **Super Soccer Stars**

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build



self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

#### Wednesday Sections

Ages & Times: Ages - Young 4 9:00am-9:45am Old Age 4-5 10:00am - 10:50am September 30 - November 4 Dates: Location: Hill's Hill Field Min/Max: 4/8 Fee: \$165 (6 Sessions)

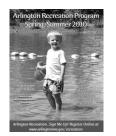
#### Friday Sections

Ages & Times: Ages - Young 4: 9:00am-9:45am Older Age 4-5 10:00am - 10:50am Dates: October 2nd -November 6 Location: Hill's Hill Field Min/Max: 4/8 Fee: \$165 (6 Sessions)

#### Sunday Sections

Ages & Times: Ages 3 - young 4 8:30am - 9:15am Older Age 4 - 5 9:30am - 10:20am Ages 5-7 10:35am - 11:35am Dates: September 27 - November 1 Min/Max: 4/8 Location: Hill's Hill Field \$165 (6 Sessions) Fee:

## See Your Child in the Arlington **Recreation Department Program**







The Arlington Recreation Department invites you to submit photographs at any time to be considered for use in our program guides. All submissions should be in color and cover photos must be high-resolution. Please mail your submissions to steve@stevemoniakdesign.com or recoffice@town.arlington.ma.us

#### **Tiny Tykes Soccer**

Our soccer experts and child development professionals have designed an innovative curriculum that introduces your young soccer stars to the basic skills needed in soccer as well as developing their motor, social, and



psychological skills. Our British coaches are experts at working with young children and will combine soccer with fun games; stories and music that keeps your children entertained and enthused to return next week.

Ages	Days	Times:
Ages 2 - 3	Saturday	11:00am – 12:00pm
Ages 3 - 5	Saturday	12:00pm – 1:00pm
Ages 2 - 5	Sunday	4:30pm - 5:30pm
Dates:	Saturday Sessions: September 26 - October 31	
	Sunday Sessions: September 27 – November 1	
Location:	Thorndike Field	
Fee:	\$110 per session (6 Classes)	

## Sidekick Sports After-School Soccer

Classes are structured around a low pressure, fun environment with an emphasis on skill development. The goal is to become comfortable and confident with the ball while learning specific skills to then be utilized in fun but challenging games. Classes will be broken down to teach both the technical side (foot skills) as well as the tactical side (moving the ball properly to create proper fluidity), and ending with small sided games. Come enjoy the beautiful game with our Nationally Licensed staff!

Grades:	1-5
Day:	Wednesday
Dates:	September 30 – November 4
Time:	3:00pm - 4:00pm
Location:	Hill's Hill Field
Fee:	\$105

## Winter Tot Soccer With Paige

Our soccer expert and child development professional, Coach Paige, has designed an innovative curriculum that introduces your young soccer star to the basic skills needed in soccer as well as developing their motor, social, and psychological skills.



Ages: 2-5 year olds Saturday Day: February 27 - March 27 Dates: Times: 10:00am - 11:00am Location: Ottoson Middle School Gymnasium Fee: \$65

## **ASC Winter Soccer Skills Clinic**

Are you looking for a local opportunity to improve your soccer skills over the winter? The Arlington Soccer Club and Arlington Rec are partnering to provide you with an opportunity to develop your technical skills and speed of play. The sessions will be dynamic and fast-paced and will cover all areas of technical development, and they will be fun! Though program is offered in conjunction with Arlington Soccer Club, please register through the Arlington Recreation Department. Class led by Coach Paige Forster. Paige has several US and UK coaching licenses as well as experience coaching at professional clubs such as Liverpool F.C

Grades & Times:Grades 1-25:30pm - 6:30pm<br/>Grades 3 - 4Grades 3 - 46:30pm - 7:30pm<br/>Grades 5 - 87:30pm - 8:30pmDay:MondayDates:Session 1:January 18 - February 8<br/>Session 2:Session 2:February 22 - March 15Location:Ottoson Middle SchoolFee:\$99

## **Arlington Youth Futsal League**

Sponsored by Arlington Recreation with support from the Arlington Soccer Club and Wolves Futsal Club

Don't miss out on this great opportunity to sharpen your skills this off-season. Please note that the level of play will be novice to moderate travel team play. This will not be a premier select team league. Arlington Recreation will supply team shirts, practice and game balls. Arlington Recreation will work with the Wolves Futsal Club who will help coordinate the clinics for players and coaches and will supply referees weekly. Individuals should be prepared to play with proper footwear (indoor soccer shoes preferred) and shin guards.

Players must register individually and then coaches can send their team rosters to zvaillette@town.arlington.ma.us. We will not save spots for players on teams even if the coach sends in their name, they must register by the deadline. Coaches must be open to taking additional players if they register a team with fewer than (10) players. Deadline to Register: Sunday, December 6th, 2020

Ages:	Pre-K & Kindergarten (Clinics), Grades 1 & 2, Grades 3 & 4, Grades 5 & 6, Grades 7 & 8 Divisions to host both boys and girls teams if registration numbers allow
Day:	Saturday
Dates:	January 16 – March 27
Times:	Times will range from 8:00am to 6:00pm on
	Saturday. Schedule will be available once the number of teams is finalized. Generally, younger divisions tend to play in the morning, older divisions in the after- noon.
Location:	TBD
Fee:	\$145

## February Vacation Programs

### Arlington Recreation February Vacation Day Program

Arlington Recreation is happy to offer a full day program over school vacation for children in grades K – 5. Registration is by day and space is limited!A variety of activities, including a special activity, will occur each day. This program will be staff by Kids Care After-school Program Staff.

#### Grades: K-5

Day:	Tuesday - Friday
Dates:	February 16 – February 19
Times:	8:00am - 6:00pm
Location:	Gibbs School
Min/Max:	20/40
Fee:	\$75 per person, per day

#### Challenger Soccer February Vacation Day Program

Join Challenger Soccer for this energetic program that gives participants the opportunity to learn the fundamentals of soccer in a non-competitive, fun environment. Kids will participate in a variety of lessons and drills designed to familiarize them with teamwork, sportsmanship, and coordination. Participants should bring plenty of water and a lunch (if participating in full-day program) each day.

Grades:	2-8		
Day:	Tuesday – Friday		
Dates:	February 16 – February 19		
Times:	Full-Day: 9:00am - 3:00pm		
	Half-Day: 9:00am - 12:00pm		
Location:	Ottoson Middle School		
Fees:	Full-Day: \$210; Half-Day: \$174		

#### Viking Sports February Vacation Multi-Sport Program

The philosophy at all Viking programs is safety, good sportsmanship, and fun. Multi Sports clinic includes: soccer, basketball, baseball/t-ball, flag football, kickball, floor hockey, whiffle ball, capture the flag, and many other sports and games! All coaches are carefully selected based on their enthusiasm, professionalism, and experience.

Grades:1-5Day:Tuesday - FridayDates:February 16 - February 19Times:9:00am - 3:00pmLocation:TBDFees:\$225

# Fall 2020 Tennis Programs

ennis Fun for Everyone! Juniors and Adults will enjoy our top quality recreational tennis programs. This is our 12th year running our community-based tennis program in Arlington and the number of participants just keeps growing! Arlington is fortunate to have some of the best public tennis courts in the area, including six new ones at Spy Pond and the newly resurfaced Crosby courts on Winter St. So get out and enjoy this sportfor a lifetime! And take some tennis classes to improve your skills so you will have even more fun.

Both our Junior and Adult programs are under the administration of Gordon Graham, former Harvard women's tennis coach, AHS boys coach, founder of The Tennis Camps at Harvard and former women's tennis coach at the University at Albany (NY).

The Junior After-School and Saturday AM programs will be directed by Matt Siegel. Matt is the Associate Director of GCT and has been working with us for 12 years! He also coaches the Arlington High School Boys' Tennis Team and is doing a great job building that program as well as growing tennis in Arlington with GCT.

Adult programs will be directed by Steve Baccari, certified tennis professional. Steve is in his second year teaching with GCT and has done a great job helping players improve. His classes are very popular and always fill up.

We in GCT pride ourselves in running programs that are safe, fun and informative. Our tennis instruction is based on scientific principles. We believe in teaching strategy and tactics as well as proper technique right from the start with our juniors and adults. Our staff is chosen for their ability to work well with children or adults in a positive, upbeat manner. And they are trained to be good tennis instructors in the GCT model.

All GCT programs will be run contingent upon having sufficient enrollment. Classes may be postponed in the event of inclement weather. No refunds will be issued for postponed classes as make-up opportunities will be made available.

## JUNIOR PROGRAMS

These programs will give participants a successful jump start into the game. We emphasize FUN and use a lot of games and drills to teach the age-appropriate basics of tennis.

Location: All classes will be held at the Grove Street Tennis Courts.

## **Beginner/Advanced Beginner Saturday Programs**

Ages & Tir	<b>nes:</b> 5 - 6 year olds	9:00am - 9:50am	
	7 – 9 year olds	10:00am - 10:50am	
	10 – 14 year olds	11:00am - 11:50am	
Day:	Saturday		
Dates:	September 26 - Octob	er 31st (six sessions)	
Location:	Grove Street Tennis Courts		
Min/Max:	4/8		
Fee:	\$99		

#### **Beginner/Advanced Beginner After-School Program**

Ages & Times: 5 - 6 year olds		3:00pm - 3:50pm	
	7 – 9 year olds	4:00pm - 4:50pm	
	10 - 14 year olds	5:00pm - 5:50pm	
Day:	y: Tuesday and/or Thursday		
Dates:	September 29 – Nove	mber 5 (six or 12 sessions)	
Location:	Location: Grove Street Tennis Courts		
Min/Max	<b>x:</b> 4/8		
Fees:	\$99 for one day/week		
	\$188 for two days/week		

## **PRIVATE & SMALL GROUP LESSONS FOR ADULTS, JUNIORS, & FAMILIES**

You can schedule lessons with GCT staff members to fit your needs, schedule and group size.

## Instructional Lessons for Juniors

If you would like your children to be in a small group lesson (no more than four children with one instructor), then let us know. You can either put your own group of friends together, or tell us and we'll try to find a group lesson for your children. All participants will have to agree to abide by the Covid-19 guidelines.

**Fees:** \$50/hour for one person \$60/hour for two \$70/hour for three

80/hour for four

## Instructional Lessons for Adults

Put your own group together and schedule some lessons! Fees: \$65/hour for one person; \$10/person/hr. for each additional person up to four people

## **Discount Lesson Packages:**

All lesson packages need to be paid in full up front.

Adult Lessons:	Five-lesson package \$35 off 10-lesson package \$75 off
Junior Lessons:	Five-lesson package \$25 off 10-lesson package \$60 off

To schedule lessons, or for any lesson-related questions, contact Matt Siegel, GCT Associate Director at mattrsiegel@gmail.com



#### Middle School/High School Club Tennis After-School Program

This program is geared for players who want to prepare to play for their high school team and/or who are Advanced Beginners, or higher. (For middle-schoolers who are beginners, we recommend the Tues./Thurs. after school program and/or the Sat. AM program.) It is structured to emphasize the team aspect of tennis. Whether players are preparing to make their high school tennis team, or just want to have a FUN social experience learning this great game, CLUB TENNIS is the way to go!

Grades:	6-12
Day:	Monday and/or Wednesday
Dates:	September 28 - November 4 (six or 12 sessions)
Times:	4:40pm-6:00pm
Location:	Grove Street Tennis Courts
<b>Min/Max:</b> 4/8	
Fees:	\$149 for one day/week
	\$289 for two days/week

#### High School Team Tennis After-School Program

This program is open to boys and girls who are on a high school team. It is structured to enhance players' technical and tactical abilities, and to give players a jump start toward the high school tennis season. We emphasize the 'team' aspect of tennis.

Grades:	10 - 12
Day:	Monday and/or Wednesday and/or Friday
Dates:	September 28 - November 6 (six, 12, or 18 sessions)
Times:	3:15pm - 4:35pm
Location:	Grove Street Tennis Courts
Min/Max: 4/8	
Fees:	\$149 for one day/week
	\$289 for two days/week
	\$429 for three days/week

## ADULT PROGRAMS

All the following are six-week programs starting Tuesday, September 29th through November 3rd. All classes will be held at the Grove St. Courts.

## **Beginners Adult Tennis**

If you are just starting out and want a fun way to learn tennis quickly, we will teach you basic technique and strategies.

Ages:18+Day:TuesdayDates:September 29 - November 3 (six sessions)Times:8:00pm - 8:50pmLocation:Grove Street Tennis CourtsMin/Max:4/8Fees:\$99

## **Advanced Beginners Adult Tennis**

If you have played a bit and want to improve your technique and strategy, OR if you have not played for a long time, give this a try!

Ages:18+Day:TuesdayDates:September 29 - November 3 (six sessions)Times:7:00pm - 7:50pmLocation:Grove Street Tennis CourtsMin/Max:4/8Fee:\$99

## Intermediate/Advanced Adult Tennis

If you have played for a few years and you want to learn better strategy, tactics and technique; we will help you ramp up your game!

Ages:	18+
Day:	Tuesday
Dates:	September 29 - November 3 (six sessions)
Times:	6:00pm - 6:50pm
Location:	Grove Street Tennis Courts
Min/Max:	4/8
Fee:	\$99

The Arlington Recreation Department Fall 2020 / Winter 2021 Program was designed and produced by Steve Moniak Design **SteveMoniakDesign.com** 

# Winter Skiing: Ski & Snowboard Lessons at Nashoba Valley

The Learn to Ski Program provides ski or snowboard lessons, lift tickets and transportation to the Nashoba Valley Ski Area in Westford, MA. Participants should be independent, able to keep track of their possessions, and keep to a schedule.

**Equipment Rental:** There will be a mandatory fitting in early December in the lobby of the Ed Burns Arena fore those who are renting. Rentals are estimated to be \$105 for the season, checks payable the night of the fitting directly to Nashoba Valley (additional to registration fee). If you plan on renting through Nashoba and do not make the date of the fitting, it will be necessary to go to Nashoba on your own before the first session for a private fitting. Helmets will be sold at the fitting for \$60. Helmets can also be rented for \$45.

**Transportation:** The bus will meet at the Ed Burns Arena, 422 Summer St. We will begin boarding at approximately 12:45pm. Return location will be the same.

**Cancellations:** If a session needs to be postponed due to inclement weather, the session will be made up the next consecutive Wednesday.

**Registration Note:** Please note that registration numbers are limited and accepted on a first-come, first-serve basis.

**Parent Volunteers:** Parent volunteers are allowed to ski/ snowboard for free, but must attend all four weeks of the program. Parent volunteers are assigned to same group for the entire program and are responsible for taking attendance, assisting with equipment rental, and chaperoning participants at Nashoba Valley. Parent volunteer spaces are limited. If you are interested in being a parent volunteer, please contact Zach Vaillette at zvallette@town.arlington.ma.us.

Grades: 3-5

- Dates: Four Wednesdays, January 6 January 27
- Time: 1:00pm 5:30pm (times are approximate). Lessons are scheduled for 3:15pm.
- **Cost:** \$350 per participant. Each week participants will have time for free ski before lessons begin.

Please remember that all schedules are subject to change and may occasionally be affected by special school activities and inclement weather. If you have questions or are unsure about your schedule, please contact your coach directly.



**League Dates:** Beginning the first week of December and ending approximately March 1, with practice beginning in November.

**Location:** Varies. Possible locations – Ottoson Middle School, Brackett Elementary School, Arlington High School, and Peirce Elementary School for practices and home games.

## **Travel Basketball Tryout Information:** Dates and times for ALL Tryouts TBD

All players must pre-register prior to try-outs online at arlingtonrec.com. A \$50 registration fee is charged at the time of registration. This fee will be deducted from your total invoice upon notification of team selection and refunded to you if you do not make a team.

#### Grades: 4-8

Fee: \$495 per participant (includes new uniform)

## Youth Basketball Programs

#### Competitive Travel Basketball 2020-2021 Season

Please note that travel basketball try-out dates will be announced at a later date. Currently the Metro West Youth Basketball League is still undecided on the details of the 2020-2021 season.

These are a competitive, travel basketball teams. All interested participants must attend tryouts and advanced registration online is required.Coaches will notify players regarding the outcome of the tryout within one week of the last try-out. Once notified, participants must pay the balance for the before being allowed to participate in practices.

Each team will practice twice weekly at one of the following locations: Ottoson Middle School, Brackett Elementary School, Gibbs Gym, Arlington High School or Peirce School. Practices WILL NOT BE held if school is cancelled due to inclement weather and during school vacation weeks; however, individual coaches may opt to hold special practices during this time at alternate locations. Practices WILL BE held on early release days.

# Adult Programs

## Virtual Fitness with Gina

The classes will be offered through the Zoom platform.

Classes are taught by our certified and experienced instructors, and include Total Body Conditioning, Full Body Muscle, Tabata, HIIT (low impact options) Barre, Pilates, Yoga, Core Workout and 30 – 45 Minutes Express Classes, Small Group Training and Myofascial Restorative Body Work

Fees: \$57.50 for eight weeks of classes: pick two classes per weekstarred items (\*).

\$77 for eight weeks of classes: pick four classes per week starred items. (\*)

\$110 for eight weeks of classes: 12 options of classes per week all the starred items. (\*)

\$137.50 for eight weeks of classes: 12 options of classes plus on demand library (videos of the classes and they can watch on their own time)

The Small Group Training is four minimum and five maximum,time options available: 4:30pm or 5:30pm \$176 for eight weeks once a week and \$352 for two twice a week. Myofascial Restorative Bodywork Class: \$110 once a week for eight weeks

#### Guidelines for classes:

- 1. Dress as if you were attending an in-person class
- 2. Mute your sound to defend background issues
- 3. Inappropriate behavior and/or language will not be tolerated
- 4. Enjoy the social experience!

#### Sample Schedule

Monday	9:00am 5:30pm 4:30pm 5:30pm	Gina's Full Body Muscle* Mary's Evening Tabata* Small Group Training (five people max) Small Group Training (five people max)
Tuesday	9:00am 5:30pm	Jane's Total Body Conditioning* Gina's Barre*
Wednesday	5:00pm	Lynette's Lets Lift* Kyoungho's Myofascial Restorative Bodywork Class
	4:30pm 5:30pm	Small Group Training (five people max) Small Group Training (five people max)
Thursday	8:00am	Gina's Express 30 Minutes Low Impact HIIT with Abs*
	9:00am 5:30pm	Lori's Pilates with Weights* Ayseguls' Slow Flow Deep Stretch Yoga*
Friday	8:30am	Lynette's Fridays Fusion Core Crusher - 30 minutes*
	9:00am	Gina's Legs and Booty Resistance Band*
Saturday	9:30am	Gina's HIIT - Low Impact Full Body Circuit*
Sundav	9:30am	Gina's Barre*

## **Adult Social Team Tennis**

The focus of this program is on building a sense of community and teamwork by providing a format for weekly team competition. Open to advanced level players, NTRP of 3.5 and above (18 yrs. old and over). Players will be divided into 4-person teams for the six-week program. Each week your team will play two doubles matches against a different team (either from 6:00pm – 7:30pm or 7:30pm – 9:00). This is a great way to make new friends and meet like-minded people! Plus you get to play tennis...the ultimate social distancing sport! COVID safety guidelines will be used at all times. This class will be directed by Ariana Breckner.

Ages:	18+
Day:	Wednesdays
Dates:	September 9 – October 14 (six weeks)
	September 23 - October 28 (six weeks)
Times:	6:00pm - 9:00pm
	(Participants will only play 1.5 hrs. each Wed.)
Max:	24
Location:	Grove Street Tennis Courts
Fee:	\$99.00

## Adult Cardio-Tennis

Cardio tennis is a fast-paced court experience that combines drills on the court with drills off the court. For 50 minutes players will be engaged in a full-body workout. Stations of live ball drills (on the court) and calisthenics (off the court) are rotated through to ensure that everyone hits a lot of balls, sweats a lot, and has a high calorie-burning workout! COVID safety guidelines will be used at all times. This class will be directed by Ariana Breckner.

Ages:	18+
Day:	Wednesdays
Dates:	September 9 - October 14th (six weeks)
	September 23 - October 28 (six weeks)
Times:	5:00pm - 5:50pm
Max:	12
Location:	Grove Street Tennis Courts
Fee:	\$99.00

## Virtual Lifestyle Coaching



Experience it all on demand with KR Fit's complete online platform. We offer personalized virtual workouts, tailored nutrition programming – including personalized meal plans & grocery lists, and weekly healthy habit trackers all through our KR Fit app at your fingertips.

For more information visit: www.krfit.net Contact us: kris@krfit.net

Instagram @KRfitinsta Facebook @KRfitfb

# **Community Sports Organizations**

## **Arlington Babe Ruth**

Arlingtonbb.org

Arlington Babe Ruth Baseball Association is a non-profit organization that offers baseball to players between the ages 13-19. The program is designed to allow the players to learn and advance their skills in an environment where fair play and competition is encouraged, so as to advance them into mature young adults on and beyond the fields of baseball. Our spring program offers two levels of competitive play. We then move into the summer program with teams who play against some surrounding towns. The fall comes and we have teams who are made up of current and new players. It is a great transition for the recent Cal Ripken grads to get a taste of the "big diamond." Games are against surrounding towns. In addition to our regular programs, we offer a more competitive AAU alternative at a cost that is generally less than other AAU programs. This AAU alternative allows players the opportunity to get more workouts and to play at a more competitive level against other AAU teams. Finally, we offer a program for our older kids (15-19) in the very competitive Middlesex League.

## Arlington Hockey Club (AHC)

Arlingtonice.com

The Hockey Club offers a high quality, affordable opportunity for girls and boys to play hockey from ages 5 to High School. We provide age-appropriate and skill-appropriate player development and coaching and strive to build solid foundational skills as part of our travel, developmental and in-house programs, which enables us to have a strong, sustainable program year after year. Please visit Arlingtonice.com to learn more about playing hockey in Arlington.

## Arlington Pop Warner (APW)

*leaguelineup.com/welcome.asp?url=arlingtonpw* Arlington Pop Warner football Arlington Pop Warner (APW) football and cheer registration is open to all children ages 5 to 15 who live in Arlington and/or attend school in Arlington. Pop Warner football is the only nationally organized program that sets and enforces strict age and weight guidelines to promote player safety. There are no tryouts and everyone plays. Pop Warner football and cheer programs teach fundamental values, skills and knowledge that young people will use throughout their lives.

## **Arlington Town Tennis Association**

#### arlingtontowntennis.com

Do you play tennis? Would you like to meet others who play? The Arlington Town Tennis Association organizes tennis events and tournaments. The ATTA's goal is to promote the sport of tennis in the town of Arlington. Visit arlingtontowntennis.com for more information. To sign up to be on their mailing list, please email arltowntennis@gmail.com.

## Arlington Soccer Club (ASC)

arlingtonsoccerclub.com

The Arlington Soccer Club (ASC) is a volunteer organization that provides an opportunity for the boys and girls of Arlington to learn, play and love the sport of soccer through individual skills development, fitness, teamwork, and sportsmanship. We have 1,900 players, ranging in age from pre-K through high school, and over 300 coaches. We offer both a spring and fall season for players of all skill levels, ranging from the recreational to Division 1 players. We offer in town leagues for our younger players, pre-K through 4th grade. Our older teams participate in the BAYS soccer league and travel to other towns for games. We also employ local referees to officiate our games, both youth and adult. For more details about the various programs we offer, or to register your child to play with our club, please visit our website at arlingtonsoccerclub.com. If you have a specific question email us at contact@arlingtonsoccerclub.com

## Arlington Youth Lacrosse (AYL)

arlingtonlax.usl.la

Arlington Youth Lacrosse (AYL) is a volunteer-based organization comprised of student-athletes, parents, coaches and supporters that provides opportunities for Arlington's boys and girls to learn about the game of lacrosse, to develop their skills through practice and competition, and to enjoy the camaraderie associated with team play. We welcome all comers regardless of skill level or experience, and offer in-town and travel-based spring programs for students ranging from first grade through eighth grade.

Arlington Girls Lacrosse ("AGLAX") has recently joined forces with Arlington Youth Lacrosse (historically the boys lacrosse program) to form a unified lacrosse organization for the Town of Arlington. We are excited to bring together these two organizations that have fostered the incredible expansion of lacrosse in Arlington, and we look forward to providing an ever-growing number of our youth with opportunities to learn and participate in the fastest growing sport in the country.

## Arlington Youth Baseball and Softball (Little League)

aybsaonline.org

The Arlington Youth Baseball and Softball Association (AYBSA) is a non-profit organization centered on the ideals of good sportsmanship, honesty, loyalty, courage and respect. Our program offers spring, summer and fall baseball and softball programs. The League is intended to teach basic skills including throwing, hitting, catching flies, fielding grounders, and base running. We also offer umpire opportunities to our graduating players 12 years of age or older. For more details about the various programs we offer, or to register your child to play, please visit our website.

# Arlington Parks, Fields, & Facilities

#### Sign up online for field closing notices at arlingtonma.gov

To request the use of a field or park for special event or outing, please submit a field permit request to Joe Connelly, Director of Recreation at arlingtonma.gov, "recreation," "parks and fields," "field use request." Downloadable permit form can also be found on Rec website.

**Bishop Field:** Bishop School at 25 Columbia Road. Park has a softball/little league field, open field area used for soccer, hardtop basketball area, and a playground. Parking available.

**Brackett School:** 66 Eastern Avenue. Area has a playground and a hardtop basketball area. On-street parking available.

**Buck Field:** 422 Summer Street. Field is located on the right of Arlington Sports Center (Rink). Park has a softball/little league field, access to bike path. Parking available.

**Buzzell Field:** 29 Summer Street. Area has two little league/softball fields (Buzzell 1: near Summer Street; Buzzell 2: near bikeway), a playground, picnic tables, a basketball court and access to bike path. On-street parking available.

**Crosby Park/Tennis Courts:** 34 Winter Street. Area has a medium size green space used for soccer and a playground. Limited on-street parking available.

**Cutter School:** 10 School Street. Park is located between Robbins Road and School Street. Area has a playground.

**Ed Burns Arena:** 422 Summer Street. An indoor facility with regulation-size ice rink, spectator seating for 1,085 people, complete snack bar and vending machines, skate rentals and sharpening. Open September through April. Parking available.

**Florence Field:** Dallin School at 85 Florence Avenue. Area has a little league/ softball field, a large open green space for soccer/lacrosse, a playground, a small basketball area. On-street parking is available.

**Gibbs School:** 41 Foster Street off Mass Ave. Area has two playgrounds available to the public (after 6pm on weekdays) and a basketball court. Parking available.

**The Great Meadows:** Area is owned by the Town of Arlington. It is located between two schools, the Waldorf School of Lexington and Lexington Christian Academy off of Lowell Street. Area has walking trails in Arlington and Lexington.

Hibbert Playground: Hibbert Street. Area has a small playground.

Hill's Hill Field: 422 Summer Street on the far right of Arlington Sports Center (behind Buck Field). Open field for various sports or activities, with access to bike path, and has a playground. Parking available.

**Hurd Field/Reservoir:** Drake Road behind Trader Joes and Walgreen's in the Heights. Area has two softball/little league fields, large open field used for soccer, and has access to bike path and the Reservoir. Parking available on Mass Ave. and Drake Road.

Lussiano Field: North Union Street near Thompson School. Area has a playground, a basketball court, three picnic tables, one basketball court, one softball/little league field, one baseball field, and a big open field used for soccer. Seasonal spray pool area open from June to August. Parking available.

**Magnolia Field:** Herbert Street and Magnolia Street. Area has a playground, a basketball court, huge open field which is used for soccer and lacrosse, community gardens area, and access to the bike path. Very limited parking available.

**McClennen Park:** 700 Summer St. (Rte. 2A) across from Palmer's Garage, Lexington line. Area has playground, skate boarding ramps, walking trail, two soccer fields, and one little league field. Parking is available. **Menotomy Rocks Park:** Main entrance at 129 Jason Street. Area has two open green spaces, a picnic area, playground, walking trails and fishing. On-street parking available.

**Ottoson Middle School:** 63 Acton Street off Appleton Area has a softball/ little league field in back and soccer practice area in front. Parking available.

**Parallel Park:** Medford Street and Parallel Street. Area has a playground, basketball court and green space. No parking available.

**Parmenter Park:** 17 Irving Street. Area has a playground and a basketball court. No parking available

**Peirce School:** 85 Park Avenue Extension. Area has a playground, a basketball court, and green space. Parking available after 3pm.

**Poet's Corner:** 175 Dow Avenue off Route 2 service drive and Dow Avenue Area has a playground, softball/little league field, basketball courts, and tennis courts.

**Reservoir Beach:** 250 Lowell Street. Seasonal beach, playground, concession stand. Walking path year round.

**Robbins Farm:** 66 Eastern Avenue across from Brackett School. Area has a baseball diamond, large green space area used for soccer, a playground, summertime movies in the park, and 4th of July celebrations. On-street parking available.

**Robbins Library:** 700 Mass Ave. Area has a playground and a small green space. Parking available.

**Scannell Field:** 90 Linwood Street off Mass Ave. Area has a softball/little league field, access to the bike path and stands to watch athletic activities.

**Spy Pond Field:** 66 Pond Lane. Overlooking the Boy's and Girl's Club. Area has a baseball diamond, little league field, stands to watch athletic activities, a large open field used for soccer, and four tennis courts. On-street parking available.

**Spy Pond Park:** 56 Pond Lane on the north shore of Spy Pond. The area has a playground, boat ramp and access to the bike path. The area has a playground, boat ramp and access to the bike path. Limited on-street parking,

**Stratton School:** 180 Mountain Avenue. Area has a playground, hardtop for basketball, and a small green space. Parking available after 3pm.

**Summer Street Field:** 422 Summer Street on the left of Ed Burns Arena. Area has a playground, a basketball court, a baseball diamond, a large open field used for field hockey, and access to the bike path. Parking available.

**Thorndike Field:** Located at the end of Margaret Street off Lake Street. Area has a large field for soccer and lacrosse, and access to the bike path. Parking available.

Turkey Hill: Access from Dodge Street. Passive recreation area and trails.

**W. A. Peirce Field:** 869 Mass Ave behind Arlington High School. A newlyrenovated turf field, new six lane track, one baseball field, one softball/little league field, one multi-purpose practice field, and two basketball courts.

**Waldo Park:** 65 Waldo Road. Area has playground, basketball court and small open area for play.

Wellington Park: 25 Grove Street across from DPW Garage. Area has tennis courts, climbing wall and passive recreation area.

Whittemore Robbins House: 700 Mass Ave. Turn into the Robbins Library parking lot (which is around 650 Mass Ave.) and follow drive. Area has a playground and a small greenspace. Parking available.

# Arlington Recreation Kid Care After-School & Pre-School Programs 2020-2021

#### Kids Care After-School Program: 2020-2021 School Year

Arlington Recreation's Kid Care After-School Program is licensed by the Department of Early Education and Care. This program is offered at the Gibbs School Monday through Friday from 2:30 – 6:00pm. On Tuesday, the program is offered from 1:00pm – -6:00pm due to weekly early releases. The Kid Care After-School Program accepts students from the Brackett, Dallin, Hardy and Thompson Elementary Schools in Arlington. While registration for the 2020 – 2021 school years program opened earlier this spring, a few limited spaces may still be available.



#### Kids Care Preschool Program: 2020–2021 School Year

The Arlington Recreation Department welcomes your preschooler to join us in Kids Care Preschool Program, which is licensed by the Department of Early Education and Care. This program is open to children ages 2.9 – 5 years old.

Your child will take part in a variety of daily activities which focus on different subjects such as arts and crafts, reading, foreign language classes, story time, sports and games, and much more. We aim to create a safe, nurturing, and high quality experience for our students and their families. Activities are aimed to promote skill development and personal growth, all within a fun setting. Enrollment options vary, with the option to vary anywhere from 1–5 days per week. While registration for the 2020 – 2021 school years program opened earlier this spring, a few limited spaces may still be available.

At this point in time, the exact structure and schedule for both programs will be dependent upon the approved Arlington Pubic School's COVID-19 return to school plan and EEC Regulations. To inquire about more information about these program, available space, or our waiting list please call our office at 781-316-3880.

Updates regarding structure and schedule will be sent out to registered participants and posted online as they become available. Registration for the 2021–2022 school year pre-school and after-school program will open in February 2021.

## For more information please call 781-316-3880

Arlington Recreation...Sign Me Up! Register Online at arlingtonrec.com

Arlington Recreation Department 422 Summer Street Arlington, MA 02474