

ARLINGTON RECREATION



422 Summer Street, Arlington, MA. 02474 • 781-316-3880 • <http://www.arlingtonrec.com/>

Club Rec, Super Sports and Theatre
Start bright and early next week @ 9 am at the Dallin School!

Weekly Information

Check-In/Check-Out

- Super Sports and Club Rec run Monday - Thursday. Theatre runs Monday - Thursday with a 1/2 day on Friday.
- For the first day, check-in is outside the Dallin school the first day. All children must stop at the check-in table with their parent/guardian before going to their groups. For the remainder of the week, each day please walk your child to their counselor and sign them in.
- Unless your child is registered for AM Care, check-in time is 9am.
- As always, if someone other than the parent/guardian is picking up your child or you have any special instructions, please provide a written note.
- Please complete the **PARTICIPANT FORMS** and bring them the first day. If your child does not have any allergies or special conditions, you just need to complete Pages 1 & 2. Siblings should not be combined on the same form. If your child is returning to the same program for multiple weeks, you only need to submit these forms once.
- Pickup is at 3pm at the Dallin (or 5 pm if your child is registered for PM Care). Children must be signed out by a parent/guardian.

Groups

All children have been assigned to a Counselor's Group based on their grade. You will receive your counselor assignment at check-in. Unfortunately we don't accept "friend requests". Although your child may have a friend in a different group, the groups are primarily for "attendance purposes". Groups of the same age participate in the same activities at the same time.

Parking

Street parking is available near the school. There is also a parking lot behind the school (off of George Street).

Updated Swim Test Information!

All participants, should they chose to swim, have the option of taking and passing a swim test or wearing a Coastguard certified swim vest that we provide. Testing will take place on Mondays (or the first swim day if it rains) and make take a majority of the first Res day depending on number of participants who decide to test.

Please note, the Christians Law testing requirements are either a Red Cross Level 3 or YMCA Minnow swim proficiency test or the equivalent.

1. Go into chest deep water without intervention.
2. Submerge and touch bottom of reservoir.
3. Swim 25 yards (75 feet) using the crawl stroke and breast stroke.
4. Float or tread water for 1 minute.
5. Swim 15 yards (45 feet) using any backwards stroke.

What to Bring?

- Participant Forms (described above, first week your child attends)
- **NEW:** We go to Reservoir Beach early in the day. Ideally children should arrive dressed in their bathing suits with sunscreen applied and pack clothes to change into.
- sunscreen applied + extra sunscreen - We go to the Res every day.
- nut-free lunch and snacks (EXTRA snack if staying for PM Care)
- water bottle
- bathing suit (ideally arrive wearing & pack a change of clothes) and beach towel
- optional money for Richie's slush, snacks, drink, hotdog at concession stand (please tell your child we only allow 1 drink and 1 food item purchase per day).

Special Info for Theatre

Theatre participants attend the program on Friday for a final practice before their performance at 11:15 that day. Theatre group families are welcome to attend the show to watch their child's performance.

Extended Care

Club Rec and Super Sports are Monday - Thursday, 9am - 3pm. We offer additional care options for AM care, PM care and Friday 1/2 day care (7:30am - 12). (Please note, we do not go to the Res on Fridays.) The Theatre program includes the 1/2 Friday care. For more information on additional care, click [HERE](#).

Camp Contact

If your child will be late or absent, please leave a voice or text message at 413-370-2476. Please provide your child's full name, the program they attend and your phone number. You may also email the Club Rec Director, Ellie Bartholomew

(ERbartholomew@town.arlington.ma.us).

See you next week

Sent to: adrianaloiola@gmail.com

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