

Arlington Recreation Department Spring – Summer 2025 Program Guide



**Registration
opens
February 4!**



**Arlington
Recreation...
Sign Me Up!**



**For more information or to register for
programs, please visit ArlingtonRec.com**

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DIRECTOR'S MESSAGE

Hello Arlington!

It is with great pleasure and excitement that I introduce myself as Arlington's new Director of Recreation and Community Services. I have worked for the Town of Arlington since 2006 in the Office of the Board of Health and served as the Town's Public Health Director for the past eight years. I was a college athlete and have young children involved in a variety of recreational programs and have always loved this field.

As we enter a new season, we are excited to offer a variety of programs, both new and old. Perhaps the most exciting changes include adult rowing, golf and STEM programming. Additionally, we are extending the dates and hours of operation at the Reservoir Beach and looking into the possibility of bringing back aquatic programs. Finally, we will be extending our summer camp programs to offer options for families in late August, when it's most challenging to find childcare.

The Recreation Department has had quite a year of transition with moving our central office to the Parmenter School (17 Irving Street), relocating both our Pre-School and Afterschool programs and welcoming our new staff: Jeff Jamgochian, Program Director; and Jamie Toomey, Kid Care Afterschool Co-Director of Operations.

The Department in conjunction with the Park and Recreation Commission is also excited to announce the opening of the newly renovated Robbins Farm Playground which is Arlington's first full all-inclusive playground. We are very proud of this project and love watching our community members enjoy this beautiful space. Additional renovations of playgrounds this year will include Parallel Park, Menotomy Rocks Park, and the creation of a Mountain Bike Park at Hills Hill.

We are looking forward to a great Spring and Summer with all of you!

– *Natasha Waden, Director of
Recreation and Community Services.*

Meet the Arlington Recreation Staff

Natasha Waden, *Director of Recreation*

Jeffrey Jamgochia, *Program Supervisor*

JJ O'Sullivan, *Rink Manager & Facility Supervisor*

Yamir Rodriguez, *Assistant Facility Supervisor*

Jim Donovan, *Off-Hours Supervisor*

Maria Day, *Administrative Assistant*

Linda Kirchner, *Administrative Assistant*

Kim Grubb, *Preschool Director*

Julie Loffler, *Assistant Preschool Director*

Jamie Toomey, *Director of Afterschool Operations*

Ellen Contini, *Director of Afterschool Curriculum*

Arlington Recreation Dept. & Ed Burns Arena

Office Address: 17 Irving Street, Arlington, MA 02476

Rink Address: 422 Summer Street, Arlington, MA 02474

Main Phone Number: (781) 316-3880

Main Email Address: recoffice@town.arlington.ma.us

Website: ArlingtonRec.com

Office Hours: Monday – Thursday: 7:30am – 4:30pm

Friday: 8:00am – 12noon

Arlington Parks & Recreation Commission

Shirley Canniff • Sara Carrier • Josh Fenollosa • Phil Lasker

Leslie Mayer • Jen Rothenberg • Scott Walker

GENERAL INFORMATION

Mission Statement: Arlington Recreation, a self-sustaining Division of the Town, offers safe, quality and affordable programs and facilities for citizens of all ages and abilities. Our staff members are qualified professionals, dedicated to serving the community with excellence and pride.

Inclusion Policy: The Arlington Recreation Department is committed to creating and promoting inclusion across all public spaces, places, facilities and programs that the department manages. Through the Inclusion Policy, Mission Statement and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation, including, but not limited to those who have been historically marginalized, those with a physical or cognitive disability, the LGBTQ community, racial and ethnic minorities, and new Americans, or refugees and immigrants. Arlington Recreation defines inclusion as the process of including all persons, regardless of their ethnic origin, socioeconomic level, color, language or abilities.

Registration and Payment: We ask that program registrations occur through our online recreation management software at ArlingtonRec.com if possible. Please visit ArlingtonRec.com to view all our program information or to register. First-time registrants will need to create a household account via this website (MyRec Household Account). If you are experiencing difficulties or are more comfortable registering via phone, please call our office at 781-316-3880. Payment is due at the time of registration. Any payments via check (in-person only or special arrangement) can be made payable to Arlington Recreation.

Course Confirmation: Confirmation emails will not be sent for every program registration. A participant is registered only when payment has been received. If there are questions regarding your household account or programs that individuals are registered for, please log into your account at ArlingtonRec.com to view your account history.

Cancellations: We reserve the right to cancel or postpone any program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, we will make every effort to reschedule the program. Cancellation emails for a specific program will be sent to the primary email address on the household of those who are registered (Please note individuals that have opted out of notification emails are not guaranteed to receive cancellation emails. This can be changed anytime online by editing the setting in your household account).

Refunds: In the event that a participant must cancel or transfer out of a program, a refund will be granted minus a \$25 administrative fee (per program cancelled) up until two weeks before the program begins. A household credit can be requested in place of a refund and the \$25 administrative fee will not be assessed.

Inclement Weather: For field notifications, you can sign up online for field closing notices. Field closing notices are updated by the Department of Public Works Monday through Friday before 3:00pm. Field Status updates can be viewed anytime at arlingtonma.gov/departments/public-works/parks-fields. It is our policy that if Arlington Public Schools closes due to weather-related issues, our programs will also be cancelled.

Special Needs: Participants with special needs are encouraged to attend all of our programs. Staff members are sensitive to their needs and will do everything possible to assist. If you are unsure if a program is the right fit please call us to discuss specifics.

Program Accessibility: Please note that currently our programs are not always accessible due to architectural barriers at most of our host facilities. The Park and Recreation Commission have completed an accessibility self-assessment of all facilities under their jurisdiction and have a multi-year plan to address the issues highlighted in the report.

Participants Responsibility: We ask that all participants respect the staff, other participants, program equipment, facilities and age requirements when participating in programs offered by Arlington Recreation. If participants fail to cooperate with the rules, Arlington Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

Financial Aid (Policy Change): Financial assistance may be available thanks in part to our scholarship fund and assistance we received through the Community Development Block Grant program. For eligibility information, contact the Recreation Office or download the form at ArlingtonRec.com. Scholarships will be awarded on a need basis and requests will be granted for a single week, session, or program so that Arlington Recreation can spread out its available scholarships. Payment plans can also be set up to assist with payment options. If you are requesting a scholarship for a Kid Care program please be advised that the maximum scholarship is 10% of the annual tuition.

Scholarship Fund: In order to continue offering quality programs at affordable costs, when registering, please consider donating to our scholarship fund. Arlington Recreation's goal is to never turn away a participant due to economic hardship. With your help, we will be able to continue this practice.

Volunteer Opportunities: Arlington Recreation greatly depends on volunteers to support our programs and special events. If you are interested in volunteering, there are a variety of programs available! Contact us for openings. Thank you to everyone who has already given their time and energy!

KID CARE PROGRAMS

Ages 2.9 – 5 years old

Kid Care Preschool

The Arlington Recreation Department welcomes your preschooler to join us in our licensed preschool program. Registration for current families will begin on January 8, 2025 with open enrollment beginning on January 22. Join us as we explore many activities supporting your child's natural curiosity in an environment that encourages children's artistic, scientific, sensory, verbal and written expression. Your child will enjoy socializing with other children in a safe and welcoming environment.

The Kid Care teachers will support your child's natural curiosity by creating an environment that encourages children's artistic, scientific, sensory, oral and written expression. In this play based program, children will construct knowledge and understanding of their world by using open-ended materials, participating in hands-on activities, and interacting with classmates and teachers. This developmental approach celebrates individuality, self-expression and creativity fostering relationships with other children.

We offer Yoga and Spanish once per week and Music/Movement twice per month.

The program is open to children 2.9 – 5 years old. Regular hours are 8:30am – 12:30pm. You have the option to choose two to five days per week (two-day minimum, no single day option available).

There is a one-time enrollment fee of \$50 for Kid Care Preschool. The tuition payment is broken into (10) monthly payments. The monthly tuition based off the number of days attending is as follows:

- \$390/month for two days per week
- \$552/month for three days per week
- \$720/month for four days per week
- \$880/month for five days per week



Preschool Early Drop Off Option

We will be offering an early drop off option for students from 7:30am to 8:30am. Parents may choose one to five days per week.

- \$66/month for one day per week
- \$133/month for two days per week
- \$193/month for three days per week
- \$246/month for four days per week
- \$300/month for five days per week

Preschool Extended Day Option

We will be offering an extended day option for students from 12:30pm to 3:30pm (12:30pm – 1:00pm will include a time to eat lunch or a snack provided from home and a quiet period.). Parents may choose one to five days per week for extended day.

- \$130/month for one day per week
- \$245/month for two days per week
- \$340/month for three days per week
- \$440/month for four days per week
- \$550/month for 5 days per week

*Arlington Kid Care is licensed by the
Massachusetts Department of
Early Education and Care.*

Kid Care Afterschool

At our brand new location, formerly The Parmenter School, children will have time to play different exciting sports and games, spend time outside, and enjoy the recently renovated playground. Our program will be split into three different age groups: Kindergarten-First Grade, Second and Third Grade, and Fourth and Fifth Grade. Throughout the day there will be opportunities for kids to have a chance to mingle with other age groups to play and create together.

Children will be able to explore their creativity with guided and open-ended arts and crafts projects, as well as dramatic play and music activities. We will have a seasonal mural that students will help design, as well as other themed decorative crafts throughout the year. Artists will have a chance to have their work displayed around the program.

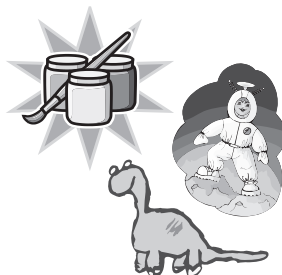
Kids will also have the opportunity to become scientists and



experiment with different materials. Some activities include making slime, play-dough, oobleck, and even exploding volcanoes! We will have many hands-on sensory experiences for

our students as well. Children will be able to practice their culinary skills in making a variety of tasty snacks and treats.

We will also provide an optional designated homework time/quiet time where students can receive help from staff if needed. Students will also have different exciting activities to choose from and participate in throughout the year. We are so excited to offer rotating electives and special activities, like different types of exercise classes and live animal presentations.



Check our website for registration days coming in March.



We will also have themed weeks like space exploration, dinosaurs, rainforest and more!

We currently accept students grades K – 5 from all Arlington Elementary Schools. Transportation is provided from these schools. The program begins the first day of the school year and is not in session when Arlington Public Schools are closed. We operate from the end of the school day (including 1:00pm Wednesday release days) until 5:30. You have the option to choose two to five days per week (two-day minimum, no single-day option available).

There is a one-time enrollment fee of \$50 for Kids Care Afterschool. The tuition payment is broken into 10 monthly payments. The monthly tuition for Kid Care Afterschool based off the number of days attending is as follows:

- \$350/month for two days per week
- \$445/month for three days per week
- \$575/month for four days per week
- \$700/month for five days per week

Same great programs, better location!

Arlington Recreation Kid Care is now located at the former Parmenter School at 17 Irving Street. Once again both our Preschool and Afterschool programs are under the same roof. This new facility will allow both programs to grow and adapt to the growing needs of the Arlington community.

Our Preschool now offers some expanded hour options and the Afterschool program will be moving towards a grade-based program.

Although Afterschool Kid Care students will still do some activities together, grades will be combined (K/1, 2/3, 4/5) and each grade grouping will enjoy their own classroom space, dedicated teachers, and unique activities.



SPRING YOUTH PROGRAMS

Programs listed in order of start date.

Grades 1 – 8 • Starts March 16

Arlington Basketball Club Spring 2025 Skills Clinic

The ABC offers fun, high quality and supportive basketball programming for kids to develop, learn and play basketball. ABC strives to provide age-appropriate and skill-appropriate player development and coaching.

We teach solid fundamentals and foundational skills as part of our travel program (participating in the Metrowest Basketball League) and developmental programs. This approach enables us to have a strong, sustainable program which will develop basketball skills earlier with consistency over time.

Run by qualified youth coaches, this Arlington based, and supported program will teach kids basketball skills while promoting fun, teaching the game and developing skills.



Girls

Days: Sundays for six weeks

Dates: March 16 – April 27 (x4/20)

Times: Grades 1 – 3 5:00pm – 6:00pm
Grades 4 – 6 5:00pm – 6:00pm
Grades 6 – 8 6:00pm – 7:00pm

Location: Ottoson Middle School

Fee: \$155

Boys

Days: Mondays for six weeks

Dates: March 17 – April 28 (x4/21)

Times: Grades 1 – 2 5:00pm – 6:00pm
Grades 3 – 4 6:00pm – 7:00pm
Grades 5 – 6 7:00pm – 8:00pm
Grades 7 – 8 8:00pm – 9:00pm



Grades 7 and older • Starts March 26

Youth Fencing

Come learn the exciting sport of fencing! Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance.

While fencing is a physical sport, it is also a mental game requiring concentration, quick decision-making and problem-solving.

It's an ideal activity for people of all ages and sizes. The instructor is Michael Tarascio, a former member of the United States World Championship Team. For more information, contact Michael at michael@nefencing.com.



Days: Wednesdays for eight weeks

Dates: Session 1 March 26 – May 21

Days: Thursdays for eight weeks

Dates: Session 2 March 27 – May 22

Location: Thompson Elementary School

Fee: \$275 (eight weeks)

**REGISTER ONLINE FOR
ARLINGTON RECREATION
SPRING & SUMMER
2025 PROGRAMS**

*Scan the QR Code below to visit
ArlingtonRec.com*



Ages 7 – 12 years old • Starts March 31

Jr. Golf Clinic

FlexGolf offers for both boys and girls ages 7 to 12 years of age a fun engaging environment to learn or enhance your knowledge in the game of golf. Our certified Golf pro will provide instruction, meanwhile our Titleist certified Coach will provide the fitness.

Students will experience one day that will entail guidance on swing technique, stance and other aspects of golf. They will also play in fun matches on our state-of-the-art golf simulator. They will be able to play matches on some of the most famous courses in the sport. The other day for this clinic, we will be in our fitness room.

30 minutes of strength, cardio and mobility drills. Basic, beginner knowledge is a prerequisite for this clinic.



Clinic A

Days Times

Monday 4:30pm – 5:45pm (Golf)

Friday 4:30pm – 5:00pm (Fitness)

Dates: March 31 – May 23 (x4/21, 4/25) for seven weeks

Clinic B

Days Times

Tuesday 4:30pm – 5:45pm (Golf)

Friday 5:15pm – 5:45pm (Fitness)

Dates: April 1 – May 23 (x4/22, 4/25) for seven weeks

Location: FlexGolf – 47a Dudley Street, Arlington

Fee: \$350

Grades 6 – 8 • Starts April 2

Middle School Spy Ponders Volleyball

Led by Liz Morris, AHS Boys Varsity Volleyball and AHS Girls Varsity Volleyball Coach, Spy Ponders Volleyball will provide players with the fundamental skills of the sport. Coaches will provide instruction in serving, passing, setting, hitting, blocking, and defense.

We will focus on individual skills to make each person a better volleyball player! We will pay special attention to offense and defense which will lead to team-building activities. We want to give every student to have a chance to experience what it means to be part of a team and to be a great volleyball player.

Days: Wednesdays and Saturdays for six weeks

Dates: April 2 – May 10 (x4/23, 4/26)

Time: Wednesdays 6:00pm – 7:30pm
Saturdays 10:00am – 11:30am

Location: Ottoson Middle School

Fee: \$270 per person



Grades 3 – 5 • Starts April 3

Girls Wellness Academy

Building strong girls from the inside out! Girls Wellness Academy includes 45 minutes of physical activities that improve strength and coordination, followed by 15 minutes of confidence-boosting conversations based on thought-provoking worksheets. Led by a certified personal trainer and positive role model, this program fosters fitness and self-assurance in a fun, supportive space."

Days: Thursdays for eight weeks

Dates: April 3 – May 29 (x4/25)

Time: Thursday at 4:45pm

Location: Stratton School green space

Fee: \$220 per participant

Grades 6 – 8 • Starts April 4

Middle School Co-Ed Ultimate Frisbee

The focus of the program is on skill development, sportsmanship, and spirit of the game, the foundation of Ultimate which places the responsibility of fair play on every member of the team. No previous experience required. Ultimate is one of the fastest growing sports in the world today, especially in the Boston area. Learn the basic rules and skills necessary to play in high school, college, and beyond. For more information about Ultimate, visit usultimate.org/rules/. The USAU Player Health and Safety Packet is also available for viewing and download at ArlingtonRec.com. Printed copies of this packet will be available at the first practice session. Other Games/Tournaments for 2025 TBD



Days: Tuesdays and/or Fridays for eight weeks

Dates: Friday April 4 – June 6 (x4/18, 4/25)
Tuesday April 8 – June 3 (x4/22)

Time: 3:30pm – 5:00pm

Location: Hill's Hill Field

Fee: \$199

Grades 6 – 8 • Starts April 5

Ottoson Middle School Track & Field Team

Athletes (new and experienced) are encouraged to join this team that will inspire a love for being active! This program will combine technical development with a major focus on fun. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program.

Days: Saturdays for six weeks

Dates: April 5 – May 17 (x4/19)

Time: 5:00pm – 6:00pm

Location: Arlington High School Track

Fee: \$135.00



SPRING YOUTH PROGRAMS

Programs listed in order of start date.

Grades K – 5 • Starts April 5

Sidekick Elementary School Track & Field Team

Athletes are encouraged to join this team that will inspire a love for being active! This age-appropriate program will combine technical development with a major focus on fun. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program.

Days: Saturdays for six weeks
Dates: April 5 – May 17 (x4/19)
Time: 4:00pm – 5:00pm
Location: Arlington High School Track
Fee: \$135



Ages 3 – 5 years old • Starts April 6

Super Soccer Stars Spring Program

At Super Soccer Stars, our goal is to teach soccer skills in a fun, educational environment. Our philosophy is to use soccer to nurture, build self-confidence, and develop teamwork. Our curriculum uses positive reinforcement and a low child-to-coach ratio to ensure that each child improves at their own rate while having fun.

Fee: \$248 per session. All sessions are eight-week sessions.



Sunday Spring Sessions

Dates: April 6 – June 8 (x4/20, 5/25)

Times: **Field 1**

8:30am – 9:10am	2 – 3 years
9:15am – 10:00am	3–4 years
10:05am – 10:45am	2 – 3 years
10:50am – 11:35am	3 –4years
11:40am – 12:25pm	3 – 4years

Ages 2 – 5 years old • Starts April 7

Amazing Athletes

Our fun, active classes encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports.

Coaches break the fundamentals of each sport down into simple steps based on each child’s age and ability. The goal is to create a fun environment that establishes life-time connections to sports and physical activity.



Days: Mondays for eight weeks
Dates: April 7– June 9 (x4/21, 5/26)
Times: 9.00am – 9.40am 2 – 3 years
 9.45am – 10.30am 3 – 5 years

Days: Sundays for eight weeks
Dates: April 6 – June 1 (x4/20, 5/25)
Times: 12:30pm – 1:15pm 3 – young 4
 1:20pm – 2:10pm older 4 – 5

Location: Stratton School greenspace (Sundays)
 Hill’s Hill (Monday)

Fee: \$248

Sunday Spring Sessions (continued)

Field 2

8:30am – 9:15am	3 –4 years
9:20am – 10:10am	older 4 – 5
10:15am – 11:15am	5 – 7 years
11:20am – 12:10pm	older 4 – 5

Location: Stratton School Greenspace

Wednesday Spring Sessions

Dates: April 9 – June 4 (x4/23)
Times: 9:00am – 9:45am 3 – young 4
 9:50am – 10:30am 2 – 3 years
 10:35am – 11:25am older 4 – 5

Location: Hills Hill

Friday Spring Sessions

Dates: April 11 – June 6 (x4/25)
Times: 9:00am – 9:45am 3 – young 4
 9:50am – 10:30am 2 – 3 years
 10:35am – 11:25am older 4 – 5

Location: Hills Hill

Grades K – 5 • Starts April 7

Sidekick Sports After-School Lacrosse

Our professional coaches will teach the fundamentals of lacrosse (such as clamping, cradling, passing and scooping) and how to succeed in this fast growing sport. We utilize the USA Lacrosse player development curriculum and are celebrating more than 13 years of operation. Program not held in inclement weather.



Days: Mondays for six weeks
Dates: April 7 – May 19 (x4/21)
Time: 3:30pm – 4:30pm
Location: Hill's Hill Field (beside Ed Burns Arena)
Fee: \$135

Grades 7 – 8 • Starts April 8

Coed Tackle Rugby

Arlington Youth Rugby provides both boys and girls in Grades 7 and 8 a fun and safe opportunity to learn tackle rugby. Our USA Rugby certified coaches safely manage the transition from non-contact to contact rugby. Safety is paramount and participants are taught the fundamentals of tackle rugby using tackle pads or donuts, before progressing onto tackle drills with teammates and eventually into competitive games, only as they are ready. Participants learn the importance of teamwork and respect for opponents, coaches and referees. No previous experience is required

Days: Tuesdays & Thursdays for eight weeks
Dates: Spring Session April 8 – May 29
Summer Session June 10 – July 31
Time: 6:00pm – 7:30pm
Location: Lussiano Field
Fee: \$150

Ages 8 – 12 • Starts April 8

Sidekick Sports After-School Basketball

Players will learn how to pass and shoot effectively, learn the different ways to defend, rebound and block, best strategies for teamwork and efficient play, and be challenged to think and act fast during small-sided games at the end of each session. We utilize the jr. NBA's player development curriculum. Program not held in inclement weather.



Days: Tuesdays for six weeks
Dates: April 8 – May 20 (x4/22)
Time: 3:30pm – 4:30pm
Location: Summer Street Basketball Court **Fee:** \$135

Grades 3 – 6 • Starts April 9

Coed Flag Rugby

Arlington Youth Rugby, winners of the 2024 U10 and U12 Bay State Games Rugby Sevens, provides both boys and girls in Grades K through 6 a fun opportunity to learn non-contact flag rugby. Flag rugby is a fun, safe, team game that develops a range of ball handling, running and evasion skills. Participants learn the importance of teamwork and respect for opponents, coaches and referees. No previous experience is required.

Days: Tuesdays & Fridays for eight weeks
Dates: Spring Session April 8 – May 29
Summer Session June 10 – July 31
Time: 6:00pm – 7:30pm
Location: Lussiano Field
Fee: \$150



Grades K – 5 • Starts April 9

Sidekick Sports After-School Flag Football

Players will combine technical development with safety and a major focus on fun! Our activities will include passing, catching, and tackling (i.e. pulling flags), while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program. Flag Football presents a unique opportunity for players to get more touches on the ball, which leads to more learning and more fun!

Days: Wednesdays for six weeks
Dates: April 9 – May 21 (x4/23)
Time: 3:30pm – 4:30pm
Location: Hill's Hill Field (adjacent to Ed Burns Arena)
Fee: \$135



SPRING YOUTH PROGRAMS

Programs listed in order of start date.

K – 5 • Starts April 10

Sidekick Sports After-School Soccer

Sidekick Sports Academy would like to offer your children the chance to develop their soccer skills.

These clinics will focus on teaching a number of age-appropriate technical skills. We will use fun, small-sided games and feature unique training finished off with a mini World Cup Tournament!

Please note, this program will be using outdoor facilities. In the event of inclement weather, the program will be cancelled.



Days: Thursdays for six weeks

Dates: April 10 – May 22 (x4/24)

Time: 3:30pm – 4:30pm

Location: Hill's Hill Field (adjacent to Ed Burns Arena)

Fee: \$135

Ages 2 – 10 years old • Starts April 27

InclYOUision Sports Track & Field and Football

Join us for a fun eight-week sports program for children of all abilities to learn the fundamentals of Track & Field and Football! Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. InclYOUision Sports provides all equipment and children only need to bring water and wear comfortable clothes and shoes. This program is designed for children with and without disabilities to learn and play together. Skill building is focused on running, throwing, catching and jumping, and is modified to each child's experience level.

InclYOUision Sports provides inclusive sports enrichment programs to children, using innovative behavioral methods to teach sports, fitness, and social skills. Programs are designed by physical education, behavioral, and inclusion experts to introduce all children to a variety of sports through a series of lessons focused on skill building. InclYOUision Sports is on a mission to make high-quality sports enrichment programs accessible to all children.

Days: Sundays for eight weeks

Dates: April 27 – June 22 (x5/26)

Times: 9:00am – 9:50am Ages 2 – 4

10:00am – 10:50am Ages 5 – 7

11:00am – 11:50am Ages 8 – 10

Location: Hurd Field

Fee: \$265

Ages 3 – 12 years old • Starts May 2

Youth Karate

One of the best karate programs in the country taught by four-time world champion Steve Nugent. These classes teach proper stances, breathing, stretching, discipline, confidence and practical self-defense. This class also underlines the importance of nutrition, exercise, fire safety and stranger awareness. All uniforms are included in the class fee.

Little Dragons Karate (3 – 4 year olds)

Days: Fridays for eight weeks

Dates: May 2 – June 20th

Time: 4:45pm – 5:15pm

Location: Thompson School

Fee: \$220



Little Ninjas Karate (5 – 12 year olds)

Days: Fridays for eight weeks

Dates: May 2 – June 20th

Times: 5:15pm – 6:00pm

5 – 7 years old

6:00pm – 6:45pm

8 – 12 years old



Location: Thompson School **Fee:** \$220

Advertise Your Business or Sponsor a Special Event at the Ed Burns Arena!

Would you like Arlington Recreation to help you get the word out about your services or an upcoming event? Need more exposure in Arlington and the surrounding area? Would you like to support Arlington Recreation? There are



yearly options available for businesses to advertise at the Ed Burn Arena Ice Rink! Options include banners, illuminated signage, Zamboni, scoreboard, or seasonal brochure with over 12,500 copies distributed each season!

**Call JJ O'Sullivan at 781-316-3882
for more information.**

APRIL VACATION PROGRAMS

Programs listed in order of start date.

Grades K – 5 • Starts April 22

Kid Care April Vacation Day Program

Arlington Recreation is happy to offer a day program, from 8:00am – 4:00pm, February School Vacation Week. This program is offered to any Arlington Student in grades K – 5. Registration is available by day and space is limited! A variety of activities, including a special activity, will occur each day. Lunch is not included in this program. Supervision will be provided by Kid Care After-School Program staff members. **Please have your child bring a peanut free lunch and snacks.**



Dates: April 22 – April 25
Times: 8:00am – 4:00pm
Location: Parmenter School
Fee: \$100 per day

Ages 5 – 14 • Starts April 21

April Vacation Tennis Program with Matt Siegal Tennis LLC

An always popular program, structured like our Junior Summer Tennis Weeks! The class will consist of tennis drills, games and fun. This class will be Monday – Thursday with Friday being a rain make-up day (if necessary). Our 5 – 6 and 11 – 14 group will be at Spy Pond while our 7 – 10 group will be at Wellington Park (Grove Street).



Days: Monday – Thursday
Dates: April 21 – April 24
Ages: 5 – 6
Times: 9:00am – 10:30am
Location: Spy Pond Tennis Courts
Fee: \$135
Ages: 7 – 10
Times: 9:00am – 12:00pm
Location: Grove Street Tennis Courts
Fee: \$235
Ages: 11 – 14
Times: 9:00am – 12:00pm
Location: Spy Pond Tennis Courts
Fee: \$235

Grades K – 8 • Starts April 22

Sidekick Sports April Vacation Basketball Camp

The Sidekick Sports Academy Basketball Clinic provides children the opportunity to experience the highest standard of coaching in a fun environment. Our professional coaches will teach fundamentals and how to succeed in basketball. Prizes and Awards will be given daily through the theme of a Jr. NBA tournament! In keeping standings throughout the week, coaches will keep teams as balanced as possible, providing for the best possible experience for all players.



Bring plenty of water and snack/lunch everyday.

Days: Tuesday – Friday
Dates: April 22 – April 25
Times: Grades K – 5 9:00am – 12:00pm
Half-Day Program
Grades 3 – 8 9:00am – 3:00pm
Full-Day Program
Location: Half-Day Program Peirce School Basketball Court
Full-Day Program Bishop School Basketball Court
Fee: Full-Day \$250 Half-Day \$195

Ages 7 – 14 years old • Starts April 22

Box 2 Box Soccer Camp

Join Coach Paige and her staff for an exciting soccer camp that emphasizes learning through games and team activities! Each day, campers will develop a range of soccer-specific skills, related to all field player positions. We believe that fun is the foundation for growth, and our campers will enjoy every moment while improving their soccer abilities in a safe and age-appropriate environment. Get ready for an unforgettable experience!



Days: Tuesday – Friday
Dates: April 22 – April 25th
Times: 9:00am – 12:00pm Half-Day Program
9:00am – 3:00pm Full-Day Program
Location: Lussiano Field (North Union)
Fee: Full-Day \$299 Half-Day \$199

SPRING ADULT PROGRAMS

Programs listed in order of start date.

Ages 18+ • Starts April 2

Arlington Drop-in Badminton

Badminton is a fast, fun, and social game that can be played and enjoyed by people of all ages. Even if you are new to badminton, you will quickly learn the basics and join others in exciting games. Indoor badminton is more fun, more exciting, and more energetic than the “backyard badminton” that most Americans are familiar with. Shuttlecocks will be supplied. Some racquets will be available for use.



- Days:** Wednesdays and/or Fridays for 11 weeks
Dates: Session 2 Wednesdays April 2 – June 18 (x4/23)
Session 3 Fridays April 11 – June 27 (x4/18, 4/25)
Time: 6:30pm – 9:30pm
Location: Dallin School
Fee: \$185 per session. You can also do drop-in classes for \$25 cash at the door.

Ages 18+ • Starts April 30

Free 2 Be Fitness in the Park

Spring is springing for Free 2 Be Fitness. Arlington Recreation and F2BF are excited to continue this eight-week outdoor group fitness program in the park. Wake up Wednesday mornings for a strength and conditioning class that utilizes a mix of cardio and body weight exercises.

F2BF’s motto “start where you are – use what you have – do what you can” means just that. F2BF in the park is intended for anyone interested in working out with a group in a safe and supportive environment. Minimal equipment required: mat, towel, mini resistance bands and two filled water bottles (or light/medium weights).

Before the first class, new participants must fill out new client forms and have a conversation with the program director.

- Days:** Wednesdays for eight weeks
Dates: April 30 – June 18
Times: 6:20am – 7:10am
Location: Summer Street Complex
Fee: \$150



Ages 18+ • Starts May 3

Tai Chi

Sponsored by The Friends Of Menotomy Rocks Park Tai Chi is meditation in motion. It is the practice of moving calmly with awareness and ease. Experience first-hand the mind/body benefits of tai chi and qi gong training in the natural setting of Menotomy Rocks Park. Sessions will include rejuvenating qi gong (energy work) exercises and meditation, fundamental drills.



Instructor Joshua Grant is a two-time US National Wu Shu Tai Ji Gold Medalist and a former member of the US National Wu Shu Team, US National Tai Ji Team and US Pan Am Wushu Team. His Tai Ji instructional series was #4 on Billboard’s Top Fitness videos. He is also the author of *Tai Chi for Wimps*. Joshua has taught Tai Ji and Wu Shu for over 35 years and leads national and international seminars and retreats. Joshua is the owner of Boston Kung Fu Tai Chi Institute and taichi.com with available on-line classes.

- Days:** Saturdays for eight weeks
Dates: May 3 – June 21
Times: 9:00am – 9:45am
Location: Menotomy Rocks Park (Green Space)
Fee: This program is FREE for those who would like to attend. **Pre-registration is required**

Ages 60+ • Starts May 7

Arlington Reservoir Walking and Fitness Program for Seniors

Pre-registration is not required

Arlington Recreation and the Arlington Senior Center invite all interested participants to come and enjoy this new program. Participants can enjoy the newly-renovated, fully-accessible path along the beautiful Arlington Reservoir which measures one mile in length and participate in some fun and simple fitness exercises along the way. The program will start and finish at the Arlington Reservoir beach. This program is free to Arlington seniors and will be funded through a grant from the Arlington Recreation Department. Space is limited so make sure you register early! Thank you everyone for your support of the Arlington Reservoir Renovation project

- Days:** Wednesdays for six weeks
Dates: May 7 – June 11
Time: 1:00pm (about 60 minutes)
Location: Arlington Reservoir Beach Area
Fee: Free program sponsored by Arlington Recreation

SPRING ADULT PICKLEBALL PROGRAMS

with Eric Kevorkian • All sessions run for four weeks.

Ages 18+ • Starts April 1

Intro to Pickleball

Beginner Level

For players with limited-to-no knowledge of the general rules and scoring. Participants will learn the basic rules and how to keep score through game play and drills during each class! All equipment provided!

Days: Tuesdays or Wednesdays

Dates: Session 1 Tuesdays April 1 – April 29

Times: 10:00am – 11:00am

Wednesdays April 2 – April 30

1:00pm – 2:00pm

Dates: Session 2 Tuesdays May 13 – June 3

Times: 1:00pm – 2:00pm

Wednesdays May 14 – June 4

1:00pm – 2:00pm

Location: Crosby Tennis Courts

Fee: \$175

Ages 18+ • Starts April 1

Pickleball 201

Advanced Beginner Level

For players who have taken an intro class and have a grasp on the rules/scoring, but do not feel comfortable joining social groups or more advanced sessions just yet! This class will help reinforce the basic strategies and fundamentals of the game in order to build your confidence to join social play. Classes will be game-heavy with players receiving in-game coaching tips! Equipment provided as needed!



Days: Tuesdays or Wednesdays

Dates: Session 1 Tuesdays April 1 – April 29

Times: 11:15am – 12:15pm

Wednesdays April 2 – April 30

11:45am – 12:45pm

Dates: Session 2 Tuesdays May 13 – June 3

Times: 11:45am – 12:45pm

Wednesdays May 14 – June 4

11:15am – 12:15pm

Location: Crosby Tennis Courts

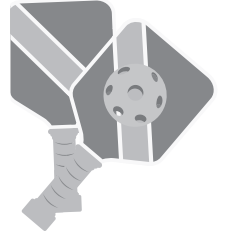
Fee: \$175

Ages 18+ • Starts April 1

Pickleball Coached Play and Skill Development

Intermediate Level

This class is for players with a solid understanding of the rules and scoring who are looking to take their game to the next level by learning more strategic and advanced concepts. This class will feature a combination of game-play and drilling to help hammer home new concepts!



Days: Tuesdays or Wednesdays

Dates: Session 1 Tuesdays April 1st – April 29

Times: 12:30pm – 2:00pm

Wednesdays April 2 – April 30

10:00am – 11:30am

Dates: Session 2 Tuesdays May 13th – June 3

Times: 10:00am – 11:30am

Wednesdays May 14th – June 4

12:30pm – 2:00pm

Location: Crosby Tennis Courts

Fee: \$225

REGISTER ONLINE FOR
ARLINGTON RECREATION
SPRING & SUMMER
2025 PROGRAMS

Scan the QR Code below to visit
ArlingtonRec.com



SPRING TENNIS PROGRAMS

with Matt Siegel Tennis, LLC • See Page 14 for Summer Tennis programs

We create a fun, safe and welcoming learning environment at Matt Siegel Tennis, LLC. Offering a variety of programming (camps, clinics, private and group lessons, hitting sessions, etc.) to juniors and adults of ALL skill levels. Our goal is to have every participant reach their full potential in the life-long sport of tennis through an experienced and enthusiastic coaching

SPRING ADULT TENNIS PROGRAMS

Location: Spy Pond Tennis Courts **Fee:** \$129.00 per class

Ages 18+ • Starts April 8

Adult Tennis 101 (Beginner)

These classes are intended for those with no (or very little) tennis experience. Learn the basic stroke technique, grips, scoring, positioning and court terminology. This class will help you work on your tennis footwork, get familiar with scoring, and tennis etiquette. Each class will let players get a chance to practice their moves during point play. This group lesson is designed to be fun and informative for everyone involved.

Days: Tuesdays for six weeks

Dates: Tuesdays, April 8 – May 20th (xApril 22)

Time: 8:15am – 9:05am

Ages 18+ • Starts April 9

Adult Advanced Beginner Classes

This is the perfect class if you're looking to get back into the game. A player in this class should have the ability to sustain a short rally, be able to start a point by serving, could keep score and have some knowledge of the rules. Class time will focus on consistency in strokes, and strategy in playing singles and doubles. Each class will let players get a chance to practice what they learned with point play.

Days: Wednesdays for six weeks

Dates: April 9 – May 21 (xApril 23)

Time: 8:15am – 9:05am

Ages 18+ • Starts April 10

Adult Intermediate Classes

This class is for players exhibiting improved consistency and variety on moderate shots, have directional control, and are beginning to develop a spin. The player has achieved stroke dependability and direction on shots within reach. Class time will focus on being able to hold an extended rally, more advanced singles and doubles strategies and advanced shots such as overhands and top spin.

Days: Thursdays for six weeks

Dates: April 10 – May 22 (xApril 24)

Times: 8:15am – 9:05am

staff led by Matt Siegel. Players are given the foundation to fall in love with the game, and play with a whole lot of heart. Matt is a former college tennis player who has worked with Arlington Recreation Tennis for the past 14 years. He is currently the Arlington High Boy's Tennis coach and has led the team to 11 straight state tournament appearances.

SPRING ADULT SOCIAL TENNIS

Location: Grove Street Tennis Courts **Fee:** \$164per class

Ages 18+ • Starts April 8

Beginners

(NTRP Rating 2.5 – 3.0)

Open to Recreation players who are looking to not only play some tennis but meet new tennis friends. Each class will consist exclusively of doubles and singles round-robin point play. Class will be held one day a week for 90 minutes. This program is for advanced beginners. Please know your NTRP rating before signing up.

Days: Tuesdays for six weeks

Dates: April 8 – May 20th (xApril 22)

Time: 7:30pm – 9:00pm

Ages 18+ • Starts April 9

Intermediate to Advanced

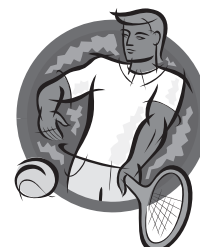
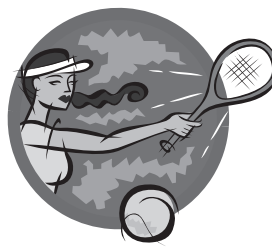
(NTRP Rating 3.5+)

Open to Recreation players who are looking to not only play some tennis but meet new tennis friends. Each class will consist exclusively of doubles and singles round robin point play. Class will be held one day a week for 90 minutes). Please know your NTRP rating before signing up.

Days: Wednesdays for six weeks

Dates: April 9 – May 21 (xApril 23)

Time: 7:30pm – 9:00pm



*To schedule private lessons (limited availability),
or for any lesson-related questions,
contact Matt Siegel at mattsiegel@gmail.com*

SPRING JUNIOR TENNIS PROGRAMS

Ages 5-14 years old • Starts April 5

Saturday Morning Juniors for Beginner/ Advanced Beginners

This entry-level program is for beginners and advanced beginners. It emphasizes the “team” aspect of tennis and gives players a fun, social experience learning this great game.

Days: Saturdays for six weeks

Dates: April 5 – May 10

Times: 5 – 6 year olds 9:00am – 10:00am
7 – 9 year olds 10:00am – 11:00am
10 – 14 year olds 11:00am – 12:00pm

Location: Spy Pond Tennis Courts

Fees: \$154

Grades 6 – 8 • Starts April 8

Spring Middle School Programs

Our middle school programs are designed for advanced beginners and intermediate/advanced players. It emphasizes the strategic and technical aspect of tennis.

Days: Tuesdays, for six weeks

Dates: April 8 – May 20 (x4/22)

Times: 6:30pm – 7:30pm

Days: Wednesdays, for six weeks

Dates: April 9 – May 21 (x4/23)

Times: 6:30pm – 7:30pm

Location: Grove Street Tennis Courts

Fee: \$154



Ages 5 – 14 years old • Starts April 21

April Vacation Week Tennis

See page 9 for details

SUMMER ADULT TENNIS PROGRAMS

Times: 6:00pm – 6:50pm • Starts June 3

Adult Tennis 101 (Beginner)

These classes are intended for those with no (or very little) tennis experience. Learn the basic stroke technique, grips, scoring, positioning and court terminology. This class will help you work on your tennis footwork, get familiar with scoring, and tennis etiquette. Each class will let players get a chance to practice their moves during point play. This group lesson is designed to be fun and informative for everyone involved.

Times: 7:00pm – 7:50pm

Adult Advanced Beginner Classes

This is the perfect class if you're looking to get back into the game. A player in this class should have the ability to sustain a short rally, be able to start a point by serving, could keep score and have some knowledge of the rules. Class time will focus on consistency in strokes, and strategy in playing singles and doubles. Each class will let players get a chance to practice what they learned with point play.

Times: 8:00pm – 8:50pm

Adult Intermediate Classes

This class is for players exhibiting improved consistency and variety on moderate shots, have directional control, and are beginning to develop a spin. The player has achieved stroke dependability and direction on shots within reach. Class time will focus on being able to hold an extended rally, more advanced singles and doubles strategies and advanced shots such as overheads and top spin.

Days: Tuesdays for six weeks

Dates: Session 1 June 3 – July 8

Session 2 July 22 – August 26

Location: Grove Street Tennis Courts

Fee: \$129

Town of Arlington Tennis & Pickleball Courts Rules & Regulations

Hours: Tennis 7:00am – 9:00pm daily
Pickleball 8:00am – 9:00am daily

- Courts are available for tennis and pickleball use only.
- Arlington Recreation programs take priority.
- Arlington residents may reserve courts for guaranteed usage. To make a reservation, go to playlocal.com by scanning the QR Code. Reservations can be made for 60 minutes only!
- Priority is given to players with proof of a reservation.
- Players, please use the honor system. Play is limited to 60 minutes for Singles and 90 minutes for Doubles.



- Players waiting to use a court should indicate that they are waiting, and players on the courts should be respectful of those waiting.
- Private and semi-private lessons are NOT allowed on town courts.
- Place all trash and recycling in proper receptacles.
- No sports, games, or recreational activities other than tennis or pickleball are allowed on tennis courts. No dogs allowed at any time on or off leash.



PER ORDER PARKS AND RECREATION COMMISSION
Please call 781-316-3880 to report needed court repair.

SUMMER TENNIS PROGRAMS

SUMMER ADULT SOCIAL TENNIS

Times: 6:00pm – 7:30pm

Beginners (NTRP Rating 2.5 – 3.0)

Open to Recreation players who are looking to not only play some tennis but meet new tennis friends. Each class will consist exclusively of doubles and singles point play. Class will be held one day a week for 90 minutes. Please know your NTRP rating before signing up. You should know how to serve, keep score and court positioning before joining this class.

Times: 7:30pm – 9:00pm

Intermediate to Advanced (NTRP Rating 3.5+)

Open to Recreation players who are looking to not only play some tennis but meet new tennis friends. Each class will consist exclusively of doubles and singles point play. Class will be held one day a week for 90 minutes. Please know your NTRP before signing up.

Days: Wednesdays for six weeks

Dates: Session 1 June 4 – July 9
Session 2 July 23 – August 27

Location: Grove Street Tennis Courts

Fee: \$164

SUMMER JUNIOR TENNIS CLINICS

Grades 10 – 12 • Starts July 9

High School Tennis Summer Clinic

These classes are open to all students grades 10 –12 (rising 10th graders are allowed) who played on their High School tennis team. If your child did not play high school tennis or they are a 9th grader who would like to join, please email Matt before signing up. Half of the class will be drills and instructions and the other half will be for single and doubles point play. Focus will be on strategies, footwork, and in match tactics.

Summer Session 1

Days: Tuesdays for four weeks

Dates: July 8 – July 29

Days: Thursdays for four weeks

Dates: July 10 – July 29

Summer Session 2

Days: Tuesdays for four weeks

Dates: August 5 – August 26

Days: Thursdays for four weeks

Dates: August 7 – August 29

Times: 12:30pm – 1:50pm

Location: Spy Pond

Fee: \$139



SUMMER JUNIOR TENNIS CAMPS WEEKS PROGRAM

Ages: 6 – 16 • Starts June 9 • Five Days a Week

Like our Spring Vacation Week Program, these weeks will feature lots of tennis, drills, games and fun! This program features experienced staff and special “FUN Fridays”! Matt Siegel and staff will run this program.

Dates: Week 1 June 9 – June 13
Week 2 June 16 – June 20
Week 3 June 23 – June 27
Week 4 June 30 – July 4 (*class will be held on 7/4*)
Week 5 July 7 – July 11
Week 6 July 14 – July 18
Week 7 July 21 – July 25
Week 8 July 28 – August 1
Week 9 August 4 – August 8
Week 10 August 11 – August 15
Week 11 August 18 – August 22
Week 12 August 24 – August 28*
Monday-Thursday with Friday being a rain make-up (if necessary) *

Ages 5 – 6

Beginners

Times: 9:00am – 10:30am (1.5 hours)

Location: Spy Pond Tennis Courts

Fee: \$149 (Week 12 is \$135)

Ages 7 – 10

Beginner/Advanced Beginners

Times: 9:00am – 12:00pm (three hours)

Location: Wellington Park

Fee: \$269 (Week 12 is \$235)

Ages 11 – 16

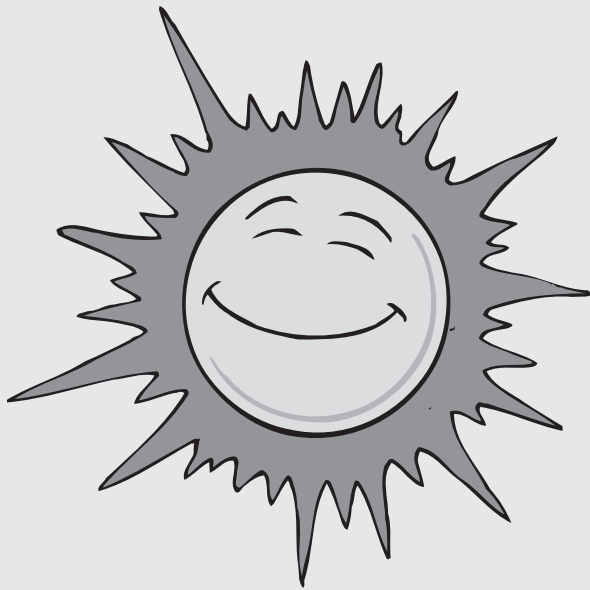
Beginner/Advanced Beginners/Intermediates

Times: 9:00am – 12:00pm (three hours)

Location: Spy Pond Tennis Courts

Fee: \$269 (Week 12 is \$235)

ENJOY SUMMER 2025 AT RESERVOIR BEACH



Open June 16 – August 22

Open Seven Days a Week
(weather permitting)

9:00am – 7:00pm



Enjoy Arlington's Reservoir Beach including the new bath house, picnic pavilion, playground, water play area, basketball court, and new lawn areas. The beach is supervised by certified lifeguards and other beach staff while open. Only U.S. Coast Guard lifesaving devices are allowed.

Everyone over two (2) years of age must display tags to the gate attendant or purchase a daily pass to be admitted to the beach area. Reservoir Beach is open to residents and non-residents.

Once again this year the Reservoir Beach will allow beach goers to use some water toys not permitted in the past. Inflatables will not be allowed! New programs on the horizon at the Reservoir. More information to come in the near future!



2025 Beach Dates

Days: Seven days a week (weather permitting)

Dates: June 16 – August 22

Times: New Beach Hours 9:00am to 30 minutes before dusk, subject to change based on staffing availability.

How to Get Beach Tags

Arlington Recreation will be selling bands starting on April 1.

Season Beach Tags Fees per Person

Adult: Ages 18 years and over \$80

Children: Ages 2 – 17 years \$65

Seniors: Ages 60 years and over \$65

Family: Includes two adults and two children \$250
\$25 for each additional child

Daily Fees: Ages 18 years and over \$10

Ages 2 – 17 years \$5

Ages 60 years and over \$5

Birthday and Family Parties at the Res

Book your next summertime party or family gathering at Reservoir Beach! Fees are \$350 for a 2.5-hour block for Arlington residents during beach season and \$450 for non-residents. This includes beach admission for 50 guests.



ARLINGTON RECREATION YOUTH SUMMER CAMPS

Entering Grades 1 – 6 • Starts June 24

HRC Summer Experience @ Club Rec: Health, Recreation, Community Safety

The Arlington Recreation Department, Arlington Police Department, Arlington Fire Department and Arlington Youth Health and Safety Coalition are collaborating on this very special summer program offering. The program includes a variety of fun and educational sports and games, art and crafts, public safety awareness, health and fitness, and swimming/water play. Staff from all four departments will run programs such as finger printing and forensics, substance abuse prevention activities, and emergency vehicle day.



Entering Grades K – 5 • Starts June 30

Club Rec

There is something for everyone! Each day includes water activities at Arlington Reservoir, science and nature, sports and games, arts and crafts, and more. Child-to-counselor ratio is approximately 10:1. Space is limited, early registration is encouraged



Entering Grades 1 – 5 • Starts June 30

Theatre at Club Rec

Watch as your children blossom and shine! The performers will be working on their production 9:00am – 12:00pm and will join Club Rec in the afternoon for swimming, fun and games at the Arlington Reservoir or Thompson Spray Park. Theatre at Club Rec culminates with a performance of our work for new friends and family on the final day each week. *Theatre Camp will meet on Fridays at 9:00am for their performance at 11:00 am.



Fee: \$390 per week

Dates, Times & Fees for Club Rec & Kids Corner

HRC Summer Experience and Super Sports at Club Rec are four days a week Monday – Thursday.

Theatre at Club Rec is five days a week Monday – Friday.

Details for half-day and Friday options are listed below.

Dates: Week 1	June 24 – June 26 (three days) <i>(HRC Summer Experience Only)</i>
Week 2	June 30 – July 3
Week 3	July 7 – July 10
Week 4	July 14 – July 17
Week 5	July 21 – July 24
Week 6	July 28 – July 31
Week 7	August 4 – August 7
Week 8	August 11 – August 14
Week 9	August 18 – August 21
Times: All Day	9:00am – 3:00pm
AM Care	7:30am – 9:00am
PM Care	3:00pm – 5:00pm
Friday Care	7:30am – 3:00pm

Location: Dallin Elementary School

Fees:* For HRC Summer Experience, Club Rec, and Super Sports at Club Rec

All Day \$295 per week for four days
\$225 for Week 1

AM Care \$75 per week for four days

PM Care \$96 per week for four days

Friday Care \$95 for one day
No Friday Care Weeks 1 & 2

**Theatre at Club Rec Fee is \$390 per week.*

Entering Grades 1 – 5 • Starts June 30 Super Sports at Club Rec

Super Sports is for Grades K – 5 only. If you like Club Rec but want the emphasis to be on sports and games rather than participate in some of the other morning activities then this program is for you!



Ages 2.9 – 5 years old (by June 26, 2025) • Starts June 30

Kids Corner: Preschool Summer Program

Space is limited, early Registration is encouraged.

Calling all preschoolers to come and enjoy a fun and exciting summer experience in a loving and caring atmosphere. Explore and discover new friends, activities, and adventure. Participants will enjoy non-competitive games, water fun, crafts, songs, outdoor play, and preschool activities held indoors and out. The children will enjoy many opportunities to develop social skills such as cooperation and sharing. They will enjoy getting to know one another in the age-appropriate environment provided.

Participants will enjoy choosing from a variety of planned activities each day. Experienced, trained counselors will supervise activities out-doors on our large playground and extensive indoor areas. When outdoors, children will enjoy playing in the water, having art activities and exploring some of nature's wonders as well as picnics outdoors. When indoors, participants will be in a safe, supportive atmosphere that encourages learning, excitement, and exploration, arts and crafts, and enjoy special entertainment.

You must provide a daily snack and lots of fluids.

Days: Monday – Thursday

Times: All Morning 8:30am – 12:00pm
AM Care 7:30am – 8:30am
PM Care 12:00pm – 2:00pm
Friday Care 7:30am – 12:00pm

Location: Kid Care Preschool, Parmenter School
17 Irving Street

Fees: All Morning \$200 per week for four days
AM Care \$50 per week for four days
PM Care \$100 per week for four days
Friday Care \$65 per week for one day
No Friday Care Week 2



Entering Grades 6 – 8 • Starts June 30 Club Rec CIT – Counselor in Training

Help out at Club Rec and develop leadership and self-esteem while learning how to work with young children and plan/execute program activities. CITs must be able to work with minimal supervision.

Times: 9:00am – 3:00pm
Location: Dallin Elementary School
Fee: \$295 per week for Club Rec



Entering Grades 6 – 8 • Starts June 30 Summer Exploration

Each week, participants will enjoy a day at Water Country or Canobie Lake, hiking, and a beach day. We will round out the week with other activities such as high ropes climbing, escape the room, Kimball's Farm, or mini-golfing.



Rainy weather? No problem! We'll also add in indoor fun like bowling and roller-skating! Space is limited! Check out our website for our trip details. Please note, trips are subject to change if necessary.



Days: Monday – Thursday
(Friday make-up day)

Dates: Week 1 June 30 – July 3
Week 2 July 7 – July 10
Week 3 July 14 – July 17
Week 4 July 21 – July 24
Week 5 July 28 – July 31
Week 6 August 11 – August 14

Times: 9:00am – 4:00pm
Location: Meet at the Ed Burns Arena
Fee: \$525 per week

MORE ARLINGTON RECREATION YOUTH SUMMER CAMPS

Programs listed in order of start date.

Ages 6 – 14 years old • Starts June 23 & July 28

Sidekick Sports Soccer Camp

Your children will develop their soccer skills through professional coaches who will focus on teaching a number of age-appropriate technical skills. We will use fun, small-sided games and feature unique training, finished off with a mini World Cup Tournament! In keeping standings throughout the week, coaches will keep teams as balanced as possible, providing for the best possible experience for all players.



Days: Monday – Thursday

Dates: Session 1 June 23 – June 26
Session 2 July 28 – July 31

Options	Times	Fee
Full-Day Option	9:00am – 3:00pm	\$250 per session
Half-Day Option	9:00am – 12:00pm	\$195 per session

Location: Hill's Hill Field (beside Ed Burns Arena)

Ages 8 – 12 years old • Starts June 30

Golf+

Flex Golf offers a morning camp that will mix a variety of sports and always add in golf practice each day. We will be outdoors, playing sports such as wiffle ball, soccer and flag football. Conditioning and agility will be run either indoors or outdoors. We will always find time for the campers to use our indoor state-of-the-art golf simulator and each week they will have a lesson from our Golf Pro. Workouts will be run by our Titleist Certified Coach, improving everyone not only for golf but for sports overall.



Days: Monday – Thursday

Dates: Week 1 June 30 – July 3
Week 2 July 7 – July 10
Week 3 July 14 – July 17
Week 4 July 21 – July 24
Week 5 July 28 – July 31

Times: 8:00am – 12:30pm

Location: FlexGolf – 47a Dudley Street, Arlington and Summer Street Multi-Purpose field

Fee: \$250 per week

Ages 6 – 14 years old • Starts July 7

Sidekick Sports Track & Field Camp

Athletes will combine technical development and fundamental techniques with safety and a major focus on fun! Our activities prepare athletes for cross-country and track and field through events, such as distance running, sprints and javelin throws, while inspiring a love for being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program. Athletes will put it all together at the end of the week at the Sidekick Jr. Olympics!



Days: Monday – Thursday

Dates: July 7 – July 10

Options	Times	Fee
Full-Day Option	9:00am – 3:00pm	\$250
Half-Day Option	9:00am – 12:00pm	\$195

Location: Arlington High School Track

Ages 6 – 14 years old • Starts July 14 & August 11

Sidekick Sports Basketball Camp

These energetic sessions, led by our USA Basketball certified coaching staff, will provide children the opportunity to learn the fundamentals for success. This will be done using small-sided games and feature a week-long Jr. NBA tournament!



Days: Monday – Thursday

Dates: Session 1 July 14 – 17
Session 2 August 11 – 14

Options	Times	Fee
Full-Day Option	9:00am – 3:00pm	\$250 per session
Half-Day Option	9:00am – 12:00pm	\$195 per session

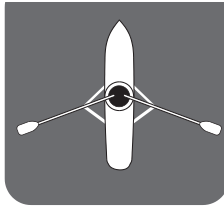
Location: Full-Day Bishop School Basketball Courts
Half-Day Peirce School Basketball Courts

Email program comments, suggestions, ideas, and concerns to Jeff Jamgochian, Program Supervisor, at jjamgochian@town.arlington.ma.us

Entering Grades 8 – 12 • Starts July 14

Learn to Row Summer Camp

Explore the oldest collegiate sport in the Country! Register for the AB Crew Learn to Row program this summer. Summer program is open to all incoming 8 – 12th graders. We offer four one-week sessions from which to choose. You can choose one week or, multiple weeks. AB Crew coaches, rowers and coxswains will teach you everything you need to know!! For those in 8th grade or High School in Arlington or Belmont, the summer program is a particularly good start to rowing or coxing competitively with AB Crew in the regular Fall & Spring Seasons. **Space is limited so register today!**



Special Notes:

- All participants must bring proof of passing a basic level swim test (100 yards and tread water for five minutes).
- Most local YMCA's will certify your swim test. Please note: The Arlington Boys and Girls Club will NOT certify your swim test.

Days: Monday – Thursday (Rain Date Friday)

Dates: Session I July 14 – 17
 Session II July 21 – 24
 Session III July 28 – 31
 Session IV August 4 – 7

Times: 10:00am – 12:00pm

Location: Spy Pond Boat Ramp

Fee: \$180

Ages 6 – 14 years old • Starts July 21

Sidekick Sports All-Sports Camp

We combine technical development and fundamental techniques with a major focus on fun! Our activities will prepare athletes for flag football, futsal (soccer), and track and field, while inspiring a love for being active. Your children will develop their athletic skills through professional coaches who will focus on teaching a number of age-appropriate technical skills. We will use fun, small-sided games and feature unique training. We will combine everything as part of a week-long Olympics Tournament!



Days: Monday – Thursday

Dates: July 21 – 24

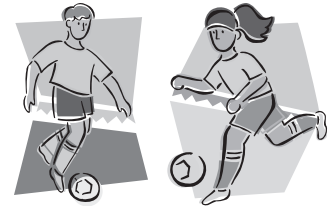
Options	Times	Fee
Full-Day Option	9:00am – 3:00pm	\$250
Half-Day Option	9:00am – 12:00pm	\$195

Location: Hills Hill

Ages 6 – 14 years old • Starts July 28 & August 25

ASC Box 2 Box Soccer Camp

Join Coach Paige and her staff for an exciting soccer camp that emphasizes learning through games and team activities! This camp is for all ages and abilities, from beginner to travel and elite players. Players are grouped by age and ability to be coached according to their developmental needs. On day one campers will carry out a range of individual and small group based activities to set them up for the following three days; defensive duties, midfield competency and, finally, attacking threat. Our goal is to develop the full player and enhance their knowledge and abilities all across the field.



Days: Monday – Thursday

Dates: Session 1 July 28 – July 31
 Session 2 August 25 – August 28

Ages	Options	Times
6 – 14	Half-Day Option	9:00am – 12:00pm
8 – 14	Full-Day Option	9:00am – 3:00pm

Location: Session 1 Thorndike Field
 Session 2 McClennen Soccer Field

Fee: Full-Day \$288
 Half-Day \$199

Ages 6 – 14 years old • Starts August 4 & August 18

Sidekick Sports Flag Football Camp

Come play football with the same fitness and competitive benefits of tackle football, but with less risk of injury! In partnership with NFL Flag, the country's most recognizable youth flag football program, professional coaches have fun and challenging activities that include 5v5 games every session with a week-ending Super Bowl!



Days: Monday – Thursday

Dates: Session 1 August 4 – 7
 Session 2 August 18 – 21

Options	Times	Fee
Full-Day Option	9:00am – 3:00pm	\$250 per session
Half-Day Option	9:00am – 12:00pm	\$195 per session

Location: Hills Hill

The Arlington Recreation Department Spring – Summer 2025
 Program Guide was designed and produced by SteveMoniakDesign.com

MORE ARLINGTON RECREATION YOUTH SUMMER CAMPS

Programs listed in order of start date.

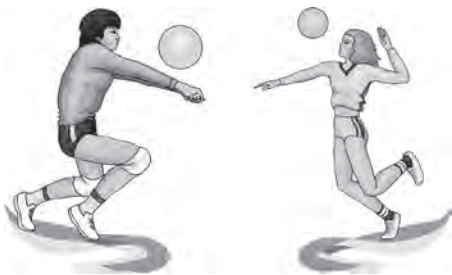
Entering Grades 6 – 12 • Starts August 4

Spy Ponder Volleyball

Led by Liz Morris, AHS Boys Varsity Volleyball and AHS Girls Varsity Volleyball Coach, Spy Ponders Volleyball will provide players with the fundamental skills of the sport. Coaches will provide instruction in serving, passing, setting, hitting, blocking, and defense. We will focus on individual skills to make each person a better volleyball player! We will pay special attention to offense and defense which will lead to team-building activities. We want to give every student a chance to experience what it means to be part of a team and to be a great volleyball player.



Days: Monday – Thursday
Dates: August 4 – August 7
Time: 9:00am – 3:00pm
Location: Arlington High School (Red Gym)
Fee: \$250



Entering Grades 1 – 9 • Starts August 11

Swish Town Basketball

At Swish Town players will learn the traditional ball handling, shooting, rebounding, and defensive skill, but we will also begin to develop advanced individual moves and build on each player's basketball IQ. The four-day clinic will consist of drills, games, contests, guest speakers, and lots more. Every player will also receive a Swish Town t-shirt. If you are looking for a fun basketball clinic experience Swish Town is the clinic for you. AHS varsity boys basketball coach Jack Woods will direct camp and staff will include AHS coaches, alumni and current players.

Days: Monday – Thursday,
Dates: August 11 – August 14
Grades: 1 – 4
Time: 9:00am – 12:00pm
Location: Arlington High School Gym
Fee: \$180 includes Swishtown shirt



Grades:	Times	Fee
Options		
Full-Day Option	9:00am – 3:00pm	\$300
Half-Day Option	9:00am – 12:00pm	\$180

Location: Arlington High School
Fee: \$300 *Fees includes Swishtown shirt!*

Grades 1 – 6 • Starts August 18

Club Geo Trek

As part of our LAHF TREK series, Club GEO Trek introduces hiking and the fun pastime of collecting geocaches! Geocaching is a global scavenger hunt where you can look for caches, or hidden stashes of objects. Geocachers use a GPS app that offers coordinates, clues and puzzles to solve, in order to locate caches and/or place their own caches. In this workshop, we will review basic hiking and caching etiquette, learn how to use one of the geocache apps, go on Kids LAHF scavenger hunts, solve puzzles in Mystery Rooms and attempt to locate caches in Arlington and its surrounding area. Field Trips to local caches!

Days: Monday – Thursday
Dates: Session I August 18 – 21
 Session II August 25 – 28
Times: 9:00am – 3:00pm
Location: Ed Burns Arena
Fee: \$305



Mission Statement

Arlington Recreation, a self-sustaining Division of the Town, offers safe, quality and affordable programs and facilities for citizens of all ages and abilities.

Our staff members are qualified professionals, dedicated to serving the community with excellence and pride.

YOUTH SUMMER DAY PROGRAMS

Programs listed in order of start date.

Grades 7 and older • Starts June 29

Youth Fencing

Come learn the exciting sport of fencing! Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. While fencing is a physical sport, it is also a mental game requiring concentration, quick decision-making and problem-solving. It's an ideal activity for people of all ages and sizes. The instructor is Michael Tarascio, a former member of the United States World Championship Team. For more information, contact Michael at michael@nefencing.com.

Days **Wednesdays**

Dates: Session 1 June 4 – June 25 (four weeks)
 Session 2 July 9 – August 27 (eight weeks)

Days **Thursdays**

Dates: Session 1 June 5 – June 26 (four weeks)
 Session 2 July 10 – August 28 (eight weeks)

Times: Beginner/Intermediate Ages 7 and older
 6:15pm – 7:15pm

 Beginner/Advanced Ages 12 and older
 7:30pm – 8:30pm

Location: Thompson Elementary School

Fee: \$275 (eight weeks)
 \$140 (4 weeks)



Ages 2 – 7 years old • Starts July 9

Super Soccer Stars

At Super Soccer Stars, our goal is to teach soccer skills in a fun, educational environment. Our philosophy is to use soccer to nurture, build self-confidence, and develop teamwork. Our curriculum uses positive reinforcement and a low child-to-coach ratio to ensure that each child improves at their own rate while having fun.



Sunday Summer Sessions (four weeks)

Dates: Session 1 June 29 – July 2 (x7/6)
 Session 2 August 3 – August 24

Times: 8:30am – 9:15am 3 – young 4
 9:20am – 10:00am 2 – 3 years
 10:05am – 10:55am older 4 – 5
 11:00am – 12:00pm 5 – 7 years

Wednesday Summer Sessions (four weeks)

Dates: Session 1 July 9 – July 30
 Session 2 August 6 – August 27

Times: 9:00am – 9:45am 3 – young 4
 9:50am – 10:30am 2 – 3 years
 10:35am – 11:25am older 4 – 5
 11:30am – 12:30pm 5 – 7 years

Friday Summer Sessions (four weeks)

Dates: Session 1 July 11 – August 1st
 Session 2 August 8 – August 29

Times: 9:00am – 9:45am 3 – young 4
 9:50am – 10:30am 2 – 3 years
 10:35am – 11:25am older 4 – 5
 11:30am – 12:30pm 5 – 7 years

Location: Stratton School Green Space
Fee: \$124

ARLINGTON RECREATION

Home
Activities
Parks/Areas
General Info
Contact

• REGISTER NOW •

Programs

Log In

Reserve

Rink

Parties

Calendar

Scan the QR Code below to visit ArlingtonRec.com

YOUTH SUMMER DAY PROGRAMS

Programs listed in order of start date.

Ages 2 – 5 years old • Starts June 29

Amazing Athletes

Our fun, active classes encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes life-time connections to sports and physical activity. All sessions run for four weeks.

Sunday Summer Sessions

Dates: Session 1 June 29 – July 27
Session 2 August 3 – August 24

Times: 12:30pm – 1:10pm 3 – young 4
1:20pm – 2:10pm older 4 – 5

Monday Summer Sessions

Dates: Session 1 July 7 – July 28
Session 2 August 4 – August 25

Times: 9:00am – 9:40am 2 – 3 years
9:45am – 10:30am 3 – 5 years

Location: Stratton School Green Space

Fee: \$124

Ages 3 – 12 years old • Starts July 11

Youth Karate

One of the best karate programs in the country taught by four-time world champion Steve Nugent. These classes teach proper stances, breathing, stretching, discipline, confidence and practical self-defense. This class also underlines the importance of nutrition, exercise, fire safety and stranger awareness. All uniforms are included in the class fee.

Little Dragons Karate (3 – 4 year olds)

Days: Fridays for eight weeks

Dates: July 11 – August 29

Time: 5:00pm – 5:30pm

Location: Thompson School

Fee:

Little Ninjas Karate (5 – 12 year olds)

Days: Fridays for eight weeks

Dates: July 11 – August 29

Times: 5:30pm – 6:15pm 5 – 7 years old
6:15pm – 7:00pm 8 – 12 years old

Location: Thompson School

Fee: \$220

Ages 2 – 10 years old • Starts July 13

InclYOUision Sports Soccer and Baseball

Join us for a fun six-week sports program for children of all abilities to learn the fundamentals of Soccer and Baseball! Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. InclYOUision Sports provides all equipment and children only need to bring water and wear comfortable clothes and shoes. This program is designed for children with and without disabilities to learn and play together. Skill building is focused on running, throwing, catching, hitting and kicking, and is modified to each child's experience level. *For more information about the mission of InclYOUision Sports see Spring Program description on page 8.*

Days: Sundays

Dates: July 13 – August 17 (six week program)

Times: 9:00am – 9:50am Ages 2 – 4

10:00am – 10:50am Ages 5 – 7

11:00am – 11:50am Ages 8 – 10

Location: Hurd Field

Fee: \$210

SUMMER ADULT PROGRAM

Ages 18+

Learn to Row for Adults

Calling adults with an interest in challenging yourself, having fun, and learning something new! Come join us for a Learn to Row week



on beautiful Spy Pond. We will learn the basic technique of sweep rowing while getting a mental and physical workout at the same time. This will be beginner focused with potential for more advanced programs in the future. Looking forward to rowing with you!

Days: Monday – Thursday

Dates: July 28 – 31

Time: 5:30pm – 7:15pm

Where: Spy Pond

Fee: \$180 **Max Spots:** 16

ARLINGTON COMMUNITY YOUTH SPORTS ORGANIZATIONS

Please visit the any of the websites listed below for more details and to register your child to play.

ARLINGTON BABE RUTH

Arlington Babe Ruth

arlingtonbrb.org

The Arlington Babe Ruth Baseball Association offers baseball to players between the ages 13 – 19. The program is designed to allow the players to learn and advance their skills in an environment where fair play and competition is encouraged, so as to advance them into mature young adults on and beyond the fields of baseball. Our spring program offers two levels of competitive play. Our summer program fields teams who play against surrounding towns. In the fall we have teams who are made up of current and new players. It is a great transition for the recent Cal Ripken grads to get a taste of the “big diamond.”



Arlington Hockey Club (AHC)

Arlingtonice.com

The AHC offers a high-quality, affordable opportunity for girls and boys to play hockey from ages five to high school, with instructional starting at age four. We provide age-appropriate and skill-appropriate player development and coaching and strive to build solid foundational skills as part of our travel, developmental and in-house programs, which enables us to have a strong, sustainable program year after year. Please visit our website to learn more about playing hockey in Arlington.



Arlington Youth Rugby Club (AYRC)

arlingtonrugbyclub.com

Arlington Rugby Club is a coed youth rugby club located in Arlington, Massachusetts that specializes in flag rugby for all children from Kindergarten through 6th grade, and tackle rugby for children in 7th and 8th grade. Our USA Rugby certified coaching staff focus on the developmental approach of rugby to kids of all ages and skill levels who want to give the fastest growing sport in the world a try in a fun, safe environment.



Arlington Soccer Club (ASC)

arlingtonsoccerclub.com

The ASC provides an opportunity for children in Arlington to learn, play and love the sport of soccer through individual skills development, fitness, teamwork, and sportsmanship. We offer both a spring and fall season for over 2,000 players of all skill levels from ages pre-K through high school. Pre-K to Grade 1 play in clinics while Grades 2 – 4 participate in-town leagues. Our older teams compete in the BAYS soccer league and travel to other towns for games.



Arlington Youth Baseball and Softball Association (Little League)

aybsaonline.org

The Arlington Youth Baseball (ages 4 – 12) and Softball (ages 4 – 14) Association is for Arlington children who enjoy the game of baseball, centered on the ideals of good sportsmanship, honesty, loyalty, courage and respect. Our program offers spring, summer and fall baseball and softball programs to 1,100 kids. The League is intended to teach basic skills including throwing, hitting, catching flies, fielding grounders, and base running.



Arlington Youth Lacrosse (AYL)

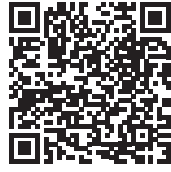
arlingtonlax.org

The AYL is a volunteer-based organization comprised of student-athletes, parents, coaches and supporters that provides opportunities for Arlington's boys and girls to learn about the game of lacrosse, to develop their skills through practice and competition, and to enjoy the camaraderie associated with team play. We welcome everyone regardless of skill level or experience, and offer in-town and travel-based spring programs for students ranging from Grades 1 – 8.

ARLINGTON PARKS, FIELDS, AND FACILITIES

Sign up online for field closing notices at arlingtonma.gov

To request the use of a field or park for special event or outing, scan the QR code to download a field permit request, and email it to [Natasha Waden, Director of Recreation](mailto:Natasha.Waden@town.arlington.ma.us), at recoffice@town.arlington.ma.us



Bishop Field: Located at Bishop School on 25 Columbia Road. Park has a softball/ little league field, open field area used for soccer, hardtop basketball area, and a playground.

Brackett School: 66 Eastern Avenue. Playground and a hardtop basketball court.

Buck Field: 422 Summer Street. Park has a softball/little league field, access to bike path.

Buzzell Field: 229 Summer Street. Area has two little league/softball fields, a playground, picnic tables, a basketball court, and access to bike path.

Crosby School/Tennis Courts: Winter Street. Area has tennis courts, pickleball courts, a playground, and a medium green space.

Cutter School Park: Between Robbins Road and School Street. Area has a playground.

Ed Burns Arena: 422 Summer Street. An indoor ice facility, regulation-size rink, spectator seating for 1,085 people, complete snack bar, vending machines, skate rentals and skate sharpening.

Florence Field: 185 Florence Avenue. Area has a little league/ softball field, green space, playground, and basketball area.

The Great Meadows: Area is owned by the Town of Arlington. It is located between two the Waldorf School and Lexington Christian Academy. Area has walking trails.

Hibbert Playground: Hibbert Street. Area has a playground.

Hill's Hill Field: 422 Summer Street. Open field for various sports or activities, with access to bike path, and a playground.

Hurd Field: Located on Drake Road behind Trader Joes. Area has two softball/little league fields, large open field, as well as access to bike path and the Reservoir.

Locke School Playground: David Road behind Locke School condos.

Lussiano Field: North Union Street. Area has a playground, basketball court, picnic tables, softball/little league field, baseball field, and a big open field used. The spray park located here is open from June to August.

Magnolia Field: On Herbert and Magnolia Street. Area has a playground, basketball court, a large open field, community gardens area, and access to the bike path.

McClennen Park: Summer Street, Lexington line. Area has playground, skate park, walking trail, soccer fields, and little league field.

Menotomy Rocks Park: Jason Street. Area has open green spaces, picnic area, playground, walking trails and fishing.

Ottoson Middle School: 630 Acton Street. Area has a softball/ little league field in back and practice area in front.

Parmenter Park: 17 Irving Street. Area has a playground.

Peirce School: 85 Park Avenue Extension. Area has a playground, basketball court, and green space. Parking is available after 3:00pm.

Poet's Corner: 175 Dow Avenue. Area has a playground, softball/ little league field, and basketball courts.

Reservoir Beach: Lowell Street. Seasonal beach and concession stand. Year-round playground and walking path open to public.

Robbins Farm: 166 Eastern Avenue. Area has a baseball diamond, large green space, basketball court, pickleball court, playground, summer-time movies in the park, and a 4th of July celebration.

Robillard Field: 422 Summer Street. Area has a baseball diamond.

Robbins Library: 700 Mass Avenue. Area has a playground and a small green space.

Scannell Field: 90 Linwood Street. Area has a softball/little league field and access to the bike path.

Spy Pond Field: 66 Pond Lane. Area has a baseball diamond, little league field, a large open field, five full-size tennis courts and one tennis mini-court.

Spy Pond Park: Pond Lane. The area has a playground, boat ramp and access to bike path.

Stratton School: 180 Mountain Avenue. Area has a playground, basketball court, and a small green space.

Summer Street: 422 Summer Street. Area has an outdoor exercise park, basketball court, baseball diamond (Robillard Field), large open field, and access to the bike path.

Thorndike Field/Off-Leash Dog Park: Margaret Street. Area has fields for soccer and lacrosse, Off-Leash Dog Park, and access to the bike path.

Turkey Hill: Dodge Street. Passive recreation and trails.

W. A. Peirce Turf Field: 869 Mass Ave. A turf field, six-lane track, baseball field, softball/little league field, multi-purpose practice field, and basketball courts.

Waldo Park: Teal Street. Area has playground, basketball court and small open area for play.

Wellington Park: Grove Street. Area has tennis courts, climbing wall and passive recreation area.

Whittemore Robbins House: 700 Mass Ave. Area has a playground and a small green space.

Playground Accessibility Study

The Town of Arlington Parks Commission is committed to accessibility best practices and will continue to make improvements and upgrades as necessary.

To view the study, scan the QR code.



Magnolia Community Garden Information



Magnolia Community Garden is made up of 58 plots which are available to Arlington residents. Each year, returning gardeners are given the opportunity to renew their plot.

If you are interested in a plot, please register for the waitlist online at arlingtonma.myrec.com/Programs

Please note that there is currently a very long waitlist for plots. It may be 2 – 3 years before you have access to a plot. Open plots are offered to wait-list registrants, in order, as they become available.

For more information contact Program Supervisor Jeff Jamgochian at jjamgochian@town.arlington.ma.us.



See Your Child on the Arlington Recreation Program Guide

Arlington Recreation Program Winter 2014–2015

Registration Now Open

Arlington Recreation... Sign Me Up!
Register Online at www.arlingtonrec.com
By Phone 781-316-3880 • By Fax 781-641-5495

Arlington Recreation Program Spring/Summer 2016

Arlington Recreation... Sign Me Up!

Special Events Page 1
Super Soccer Stars Spring Programs Page 2
Spring Youth Programs Page 3-8
April Vacation Programs Page 9-10
CCY Tennis Programs Page 11
MIL Care Pre-School Page 12
Summer Programs Page 13-22

Do you know we also do a great program? Do you want to be an instructor? Email all of your photos to recoffice@town.arlington.ma.us. We'd love to hear from you!

Registration Now Open. Register Online at www.arlingtonrec.com
422 Summer St., Arlington, MA 02474 • Office Hours: 8:00am - 4:00pm Monday - Friday
Do you have an idea for a great program? Email us at recoffice@town.arlington.ma.us. We'd love to hear from you!

Arlington Recreation Department Fall 2020–Winter 2021 Program Guide

Sign up Now!

Arlington Recreation... Sign Me Up!

Registration Now Open! Register Online at arlingtonrec.com
Register By Phone 781-316-3880
422 Summer St., Arlington, MA 02474 • Office Hours: 8:00am - 4:00pm Monday - Friday
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Arlington Recreation Department Fall 2021/Winter 2022 Program Guide

Arlington Recreation... Sign Me Up!

Registration Now Open! Sign Up Now!
For more information or to register, please visit www.arlingtonrec.com or call 781-316-3880

Arlington Recreation Department Spring – Summer 2023 Program Guide

Arlington Recreation... Sign Me Up!

For more information or to register, please visit www.arlingtonrec.com or call 781-316-3880.

Arlington Recreation Department Fall 2023 – Winter 2024 Program Guide

Arlington Recreation... Sign Me Up!

For more information or to register, please visit www.arlingtonrec.com or call 781-316-3880.

Arlington Recreation Department Spring – Summer 2024 Program Guide

Arlington Recreation... Sign Me Up!

For more information or to register, please visit www.ArlingtonRec.com

Arlington Recreation Department Fall 2024 – Winter 2025 Program Guide

Registration opens August 20

Arlington Recreation... Sign Me Up!

For more information or to register, please visit arlingtonrec.com

The Arlington Recreation Department is always looking for photographs for our bi-annual Program Guide. Please email your photos to recoffice@town.arlington.ma.us

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SPECIAL EVENTS SPRING/SUMMER 2025

Ages 2 – 9 • Friday, April 18

Community Egg Hunt

Event Sponsored by Super Soccer Stars and Amazing Athletes!

Arlington Recreation is excited to bring re back the Community Egg Hunt in 2025!

Come with your basket ready to find lots of fun treats as the Arlington Recreation Bunny greets everyone who participates. Areas will be divided by ages 2 – 3, 4 – 5, 6 – 7, and 8 – 9.



Time: 9:00am. Please note the hunt last about 10 minutes and will be over by 9:15am so please be on time.

Location: McClennen Field

Fee: This program is FREE for those who would like to attend.

Pre-registration is required.

Grade 5 • Friday, June 6

Annual 5th Grade Social!

The 5th Grade Socials are an exciting occasion for the up-and-coming middle-schoolers. For some children, it's their first independent event. We want the kids to have fun and celebrate while being safe. Please review our code of conduct and remind your child what is expected from the Recreation Department Staff.



Time: 6:00pm – 8:00pm

Location: Ed Burns Arena

Tickets: \$15 advanced purchase for ticket only, \$20 at the door for ticket only.

Pizza, Soda, Ticket Combo
\$20 Advanced Sale Only

Arlington Recreation Thursday Night Summer Concert Series at Reservoir Beach

Music!
Beer Garden!
Food!

Time: All shows start at 6:00pm
Beer Garden open 5:00pm – 8:30pm

Arlington Recreation invites the entire family to attend these free events. Grab your lawn chair and your dancing flip flops and come on down to the Reservoir for some free fun performances the entire family can enjoy. Arlington Recreation will again be working with local beer and food vendors to provide concert goers with options for food and beverages during concert nights!

Days: Concerts will be every other Thursday Night with Friday Night being the Rain Date!

Dates: Performers:

June 26 Coffee to Cocktails

July 10 Foo Topia

July 24 Jumpin Juba

August 7 Classic Groove

August 21 Coffee to Cocktails



422 Summer Street
Arlington, MA 02474

Arlington Recreation...Sign Me Up!
Register Online at ArlingtonRec.com