

Arlington Recreation Department Spring – Summer 2026 Program Guide

**Registration
is now
open.**



For more information or to register for programs, please visit ArlingtonRec.com

Table of Contents

page 1

Director’s Message

Meet the Arlington Recreation Staff

Arlington Parks & Recreation Commission

page 2

Special Events

Community Egg Hunt

Annual 5th Grade Social

Reservoir Beach 2026 Summer Concert Series

page 3

General Information

pages 4 – 5

Kid Care Programs

pages 6 – 12

Spring Youth Programs

page 12

Advertise at the Burns Arena

page 13

Youth April Vacation Programs

pages 14 – 15

Adult Spring Programs

Magnolia Community Gardens Information

page 16

Fall Adult Pickleball Programs

with Eric Kevorkian

pages 17 – 19

Adult & Youth Spring
& Summer Tennis Programs

with Eric Siegal Tennis, LLC

PAGE NAVIGATION

For best reading experience, download to your computer via “File/Save As” (Safari) or “File/Save Page As” (Chrome).

Click on any program title to go to that page.

Click on the TOC icon  at top right of any page to return to this Table of Contents.

Click on any URL or email address to go to that website or to send an email.

To go from page to page, click on the back and next arrows.  

page 20

Enjoy Summer 2026 at Reservoir Beach

page 21

Swimming Lessons at Reservoir Beach

pages 22 – 23

Arlington Rec Youth Summer Camps

pages 24 – 27

More Youth Summer Camps

pages 28 – 29

Youth Day Programs

pages 30 – 31

Youth Summer STEM Programs

page 31

Tennis & Pickleball Court Rules & Regulations

page 32

Arlington Parks, Fields, and Facilities

page 33

Arlington Youth Sports Organizations

page 34

Arlington Recreation Program Covers

Your Arlington Recreation Department

Hello Arlington!

On behalf of the Department of Parks and Recreation, I'm pleased to welcome you to our Spring and Summer Recreation Brochure.

As the seasons change, Arlington comes alive with opportunities to get active, try something new, and socialize with neighbors. Whether you're looking for youth sports, adult sports, swimming lessons, fitness classes, summer camps and clinics, stem programming, or special events, we've designed this season's offerings to serve residents of all ages, interests, and abilities.

Our dedicated staff and instructors are committed to providing safe, welcoming, and high-quality programs that enrich lives and strengthen our community. Over the past few months we have welcomed the following new staff to our Department: Courtney Duggan, Assistant Director of Recreation; Sean Willen, Site Coordinator for Kids Care Afterschool; Sara Sigel, Assistant Director of

Kids Care Afterschool; Alicia Dwyer, Assistant Director of Kids Care Preschool; Melissa Boyce, Kids Care Preschool Teacher; and Joshua Mains, Assistant Facilities Coordinator.

This past fall, the Recreation Department in conjunction with the Park and Recreation Commission opened our new Mountain Bike Park at Hills Hill and the newly renovated Parallel Park which includes a new playground, basketball court, and off leash dog area. This Spring we will engage in renovations at Menotomy Rocks Park and begin the community engagement and design phase of McClennen Skate Park and a new Community Garden.

We encourage you to explore the programs in this brochure, register early, and make the most of everything Arlington has to offer this spring and summer. We look forward to seeing you in our parks, facilities, and programs.

Here's to a fun, active, and memorable season!

– **Natasha Waden, Director of Recreation and Community Services.**

Meet the Arlington Recreation Staff

Natasha Waden, *Director of Recreation*

Courtney Duggan, *Assistant Director of Recreation*

Jeffrey Jamgochian, *Program Supervisor*

JJ O'Sullivan, *Rink Manager & Facility Supervisor*

Josh Mains, *Assistant Facility Supervisor*

Jim Donovan, *Off-Hours Supervisor*

Maria Day, *Administrative Assistant*

Linda Kirchner, *Administrative Assistant*

Kim Grubb, *Preschool Director*

Alicia Dwyer, *Assistant Preschool Director*

Jamie Toomey, *Director of Afterschool*

Sara Sigel, *Assistant Director of Afterschool*

Sean Wilen, *Site Coordinator*

Arlington Parks & Recreation Commission

Shirley Canniff • Josh Fenollosa • Phil Lasker
Leslie Mayer • Jen Rothenberg • Scott Walker

Arlington Recreation Department & Ed Burns Arena

Office Address: 17 Irving Street, Arlington, MA 02476

Rink Address: 422 Summer Street, Arlington, MA 02474

Main Phone Number: (781) 316-3880

Main Email Address: recoffice@town.arlington.ma.us

Website: ArlingtonRec.com

Office Hours: Monday – Thursday: 7:30am – 4:30pm

Friday: 8:00am – 12noon

Playground Accessibility Study

The Town of Arlington Park Commission is committed to accessibility best practices and will continue to make improvements and upgrades as necessary.

To view the study online, scan the QR code.



Special Events

Ages 2 – 9 • Friday, April 3

Community Egg Hunt

Event Sponsored by Super Soccer Stars and Amazing Athletes!

Arlington Recreation is excited to bring re back the Community Egg Hunt in 2026! Come with your basket ready to find lots of fun treats as the Arlington Recreation Bunny greets everyone who participates. Areas will be divided by ages 2 – 3, 4 – 5, 6 – 7, and 8 – 9.



Time: 9:00am. Please note the hunt last about 10 minutes and will be over by 9:15am so please be on time.

Location: McClennen Field

Fee: This program is FREE for those who would like to attend. *Pre-registration is required.*

Grade 5 • Friday, June 5

Annual 5th Grade Social!

The 5th Grade Socials are an exciting occasion for the up-and-coming middle- schoolers. For some children, it's their first independent event.

We want the kids to have fun and celebrate while being safe. Please review our code of conduct and remind your child what is expected from the Recreation Department Staff.



Time: 6:00pm – 8:00pm

Location: Ed Burns Arena

Tickets: \$15 advanced purchase for ticket only
\$20 at the door for ticket only.
\$20 Pizza, Soda, Ticket Combo
Advanced Sale Only

ARLINGTON RECREATION DEPARTMENT PRESENTS

THURSDAY NITE RESERVOIR BEACH 2026 SUMMER CONCERT SERIES

ALL AGES • FREE ADMISSION

MUSIC ♦ BEER GARDEN ♦ FOOD

All shows start at 6:30pm. Beer Garden open 5:00pm – 8:30pm.

Arlington Recreation invites the entire family to attend these free events. Grab your lawn chair and your dancing flip flops and come on down to the Reservoir for some free fun performances the entire family can enjoy. Arlington Recreation will again be working with local beer and food vendors to provide concert goers with options for food and beverages during concert nights

Days: Concerts will be every other Thursday Night with Friday Night being the Rain Date!

Dates: June 25, July 9, July 23, August 6, August 20

Time: All shows start at 6:00pm,
Beer Garden open 5:00pm – 8:30pm

Performers: To be announced



Policies & General Information

Mission Statement: Arlington Recreation, a self-sustaining Division of the Town, offers safe, quality and affordable programs and facilities for citizens of all ages and abilities. Our staff members are qualified professionals, dedicated to serving the community with excellence and pride.

Inclusion Policy: The Arlington Recreation Department is committed to creating and promoting inclusion across all public spaces, places, facilities and programs that the department manages. Through the Inclusion Policy, Mission Statement and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation, including, but not limited to those who have been historically marginalized, those with a physical or cognitive disability, the LGBTQ community, racial and ethnic minorities, and new Americans, or refugees and immigrants. Arlington Recreation defines inclusion as the process of including all persons, regardless of their ethnic origin, socioeconomic level, color, language or abilities.

Registration and Payment: We ask that program registrations occur through our online recreation management software at ArlingtonRec.com if possible. Please visit ArlingtonRec.com to view all our program information or to register. First-time registrants will need to create a household account via this website (MyRec Household Account).

If you are experiencing difficulties or are more comfortable registering via phone, please call our office at 781-316-3880. Payment is due at the time of registration. Any payments via check (in-person only or special arrangement) can be made payable to Arlington Recreation.

Course Confirmation: Confirmation emails will not be sent for every program registration. A participant is registered only when payment has been received. If there are questions regarding your household account or programs that individuals are registered for, please log into your account at ArlingtonRec.com to view your account history.

Cancellations: We reserve the right to cancel or postpone any program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, we will make every effort to reschedule the program. Cancellation emails for a specific program will be sent to the primary email address on the household of those who are registered (Please note individuals that have opted out of notification emails are not guaranteed to receive cancellation emails. This can be changed anytime online by editing the setting in your household account).

Refunds: In the event that a participant must cancel or transfer out of a program, a refund will be granted minus a \$25 administrative fee (per program cancelled) up until two weeks before the program begins. A household credit can be requested in place of a refund and the \$25 administrative fee will not be assessed.

Inclement Weather: For field notifications, you can sign up online for field closing notices. Field closing notices are updated by the Department of Public Works Monday through Friday before 3:00pm. Field Status updates can be viewed anytime at arlingtonma.gov/departments/public-works/parks-fields. It is our policy that if Arlington Public Schools closes due to weather related issues, our programs will also be cancelled.

Special Needs: Participants with special needs are encouraged to attend all of our programs. Staff members are sensitive to their needs and will do everything possible to assist. If you are unsure if a program is the right fit please call us to discuss specifics.

Program Accessibility: Please note that currently our programs are not always accessible due to architectural barriers at most of our host facilities. The Park and Recreation Commission have completed an accessibility self-assessment of all facilities under their jurisdiction and have a multi-year plan to address the issues highlighted in the report.

Participants Responsibility: We ask that all participants respect the staff, other participants, program equipment, facilities and age requirements when participating in programs offered by Arlington Recreation. If participants fail to cooperate with the rules, Arlington Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

Financial Aid (Policy Change): Financial assistance may be available thanks in part to our scholarship fund and assistance we received through the Community Development Block Grant program. For eligibility information, contact the Recreation Office or download the form at ArlingtonRec.com. Scholarships will be awarded on a need basis and requests will be granted for a single week, session, or program so that Arlington Recreation can spread out its available scholarships. If you are requesting a scholarship for a Kid Care program please be advised that the maximum scholarship is 10% of the annual tuition.

Scholarship Fund: In order to continue offering quality programs at affordable costs, when registering, please consider donating to our scholarship fund. Arlington Recreation's goal is to never turn away a participant due to economic hardship. With your help, we will be able to continue this practice.

Kid Care Programs

Arlington Kid Care

Ages 2.9 – 5 years old

Kid Care Preschool

The Arlington Recreation Department welcomes your preschooler to join us in our licensed preschool program. Registration for current families will begin on January 8, 2025 with open enrollment beginning on January 22.

Join us as we explore many activities supporting your child's natural curiosity in an environment that encourages children's artistic, scientific, sensory, verbal and written expression. Your child will enjoy socializing with other children in a safe and welcoming environment.

The Kid Care teachers will support your child's natural curiosity by creating an environment that encourages children's artistic, scientific, sensory, oral and written expression. In this play-based program, children will



construct knowledge and understanding of their world by using open-ended materials, participating in hands-on activities, and interacting with classmates and teachers. This develop-

mental approach celebrates individuality, self-expression and creativity fostering relationships with other children.

We offer Yoga and Spanish once per week

The program is open to children 2.9 – 5 years old. Regular hours are 8:30am – 12:30pm. You have the option to choose two to five days per week (two-day minimum, no single day option available).

There is a one-time enrollment fee of \$50 for Kid Care Preschool. The tuition payment is broken into (10) monthly payments. The monthly tuition based off the number of days attending is as follows:

- \$410/month for two days per week
- \$580/month for three days per week
- \$756/month for four days per week
- \$924/month for five days per week

Preschool Early Drop Off Option

We will be offering an early drop off option for students from 7:30am to 8:30am. Parents may choose one to five days per week.

- \$60/month for one day per week
- \$120/month for two days per week
- \$180/month for three days per week
- \$240/month for four days per week
- \$300/month for five days per week



Preschool Extended Day Option

We will be offering an extended day option for students from 12:30pm to 3:30pm (12:30pm – 1:00pm will include a time to eat lunch or a snack provided from home and a quiet period.). Parents may choose one to five days per week for extended day.

- \$148/month for one day per week
- \$281/month for two days per week
- \$393/month for three days per week
- \$510/month for four days per week
- \$637/month for 5 days per week

*Arlington Kid Care is licensed by the
Massachusetts Department of
Early Education and Care.*

Kid Care Programs

Arlington Kid Care

Grades K – 5

Kid Care Afterschool

At our brand-new location, formerly The Parmenter School, children will have time to play different exciting sports and games, spend time outside, and enjoy the recently renovated playground. Our program will be split into three different age groups: Kindergarten and First Grade, Second and Third Grade, and Fourth and Fifth Grade. Throughout the day there will be opportunities for kids to have a chance to mingle with other age groups to play and create together.

Children will be able to explore their creativity with guided and open-ended arts and crafts projects, as well as dramatic play and music activities. We will have a seasonal mural that students will help design, as well as other themed decorative crafts throughout the year. Artists will have a chance to have their work displayed around the program.

Kids will also have the opportunity to become scientists and experiment with different materials. Some activities include making slime, playdough, oobleck, and even exploding volcanoes! We will have many hands-on sensory experiences for our students as well.

We will also provide an optional designated homework time/quiet time where students can receive help from staff if needed. Students will also have different exciting activities to choose from and participate in throughout the year. We are so excited to offer rotating electives and special activities, like different types of exercise classes and live animal presentations. We will also have themed weeks like space exploration, dinosaurs, rainforest and more!



We currently accept Students grades K-5 from all elementary schools Arlington Elementary Schools. Transportation is provided from most of these schools (Enrollment Dependent) The program begins the first day of the school year and is not in session when Arlington Public Schools are closed. We operate from the end of the school day (including 1:00pm Wednesday release days) until 5:30. You have the option to choose two to five days per week (two-day minimum, no single-day option available).

There is a one-time enrollment fee of \$50 for Kids Care Afterschool. The tuition payment is broken into 10 monthly payments. The monthly tuition for Kid Care Afterschool based off the number of days attending is as follows:

- \$368/month for two days per week
- \$467/month for three days per week
- \$605/month for four days per week
- \$735/month for five days per week

**Arlington Recreation Kid Care
is now located at the former
Parmenter School at 17 Irving Street.**



Youth Spring Programs

Grades 1 – 8 • Starts March 15

Arlington Basketball Club Spring 2026 Skills Clinic

The ABC offers fun, high quality and supportive basketball programming for kids to develop, learn and play basketball. ABC strives to provide age-appropriate and skill-appropriate player development and coaching.

We teach solid fundamentals and foundational skills as part of our travel program (participating in the Metrowest Basketball League) and developmental programs. This approach enables us to have a strong, sustainable program which will develop basketball skills earlier with consistency over time.

Run by qualified youth coaches, this Arlington based, and supported program will teach kids basketball skills while promoting fun, teaching the game and developing skills.

Girls

Days: Sundays for six weeks

Dates: March 15 – April 26 (x4/19)

Times: Grades 1– 4 5:00pm – 6:00pm
Grades 5 – 8 6:00pm – 7:00pm

Boys

Days: Mondays for six weeks

Dates: March 16 – April 27 (x4/20)

Times: Grades 1 – 2 5:00pm – 6:00pm
Grades 3 – 4 6:00pm – 7:00pm
Grades 5 – 6 7:00pm – 8:00pm
Grades 7 – 8 8:00pm – 9:00pm

Location: Ottoson Middle School

Fee: \$155



Ages 8– 13 • Starts March 25 & May 13

Kids Sports Conditioning (40 Minutes)

Get your young athlete moving with our high-energy Kids Sports Conditioning class! This 40-minute session is designed to boost speed, agility, and overall athletic performance in a fun and motivating environment.

Kids will learn the foundations of safe, age-appropriate strength training, building confidence as they master basic movement patterns that support all sports.

Through fast-paced drills, dynamic challenges, and explosive movement work, athletes will improve their quickness, strength, and reactivity, all key ingredients for better performance on the field, court, or course.

It's the perfect introduction to structured athletic training and a great way to help kids become stronger, faster, and more coordinated while having a blast.

Sports Conditioning

8 spots available

Days: Wednesdays

Dates: Session 1 March 25 – May 6 (x4/22)
Session 2 May 13 – June 10

Times: 5:00pm – 5:40pm

Location: Inspire Fitness, 47a Dudley Street, Arlington

Fee: \$125 per participant



Where to go to find high-quality recreation programs in Arlington for all ages!

ARLINGTON RECREATION



Activities

Parks/Areas

General Info

Contact



Youth Spring Programs

Ages 9 – 14 years old • Starts March 26

Strike & Sweat – Kids Boxing & Fitness Class

Our Strike & Sweat program is a high-energy, boxing and fitness class designed specifically for kids nine years old to early teens.. This 40-minute class moves fast and keeps kids engaged with eight rounds of four minutes, blending skill-building with fun, safe conditioning. This is a strictly non-contact class – kids never strike each other. All drills are done with shadow boxing, bags, and equipment only to ensure a safe, confidence-building experience.

Class Breakdown (8 x 4:00 Rounds)

Round 1 – Warm-Up + Jump Rope

We kick things off with a full-body warm-up to get the muscles moving, followed by jump rope work to build rhythm, footwork, and cardiovascular endurance.

Rounds 2 & 3 – Footwork + Shadow Boxing

Kids learn the fundamentals of movement.

Rounds 4–7 – Heavy Bag Combination Work

Kids move to the heavy bags to bring their skills to life.

Round 8 – Conditioning + Core Work

We finish class with kid-friendly conditioning drills and core work, improving strength, balance, and endurance before a brief cool-down.

Benefits of the Strike & Sweat Class

- Safe, structured no-contact boxing class
- Improved coordination, balance, and cardio fitness
- Boosted confidence, focus, and discipline
- Fun, fast-paced training that keeps kids excited to move

Session 1

6 spots available

Days: Thursdays

Dates: March 26 – May 7 (x4/23)

Times: 5:00pm – 5:40pm

Location: Inspire Fitness, 47a Dudley Street, Arlington

Fee: \$155 per participant

Session 2

6 spots available

Days: Thursdays

Dates: May 14 – June 11

Times: 5:00pm – 5:40pm

Location: Inspire Fitness, 47a Dudley Street, Arlington

Fee: \$130 per participant



Grades 7 and older • Sessions start April 1 and April 9

Youth Fencing

Spring and Summer Programs

Come learn the exciting sport of fencing! Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. While fencing is a physical sport, it is also a mental game requiring concentration, quick decision-making and problem-solving. It's an ideal activity for people of all ages and sizes. The instructor is Michael Tarascio, a former member of the United States World Championship Team. For more information, contact Michael at michael@nefencing.com.



Spring Session 1

Days: Wednesdays for eight weeks

Dates: April 1 – May 27 (x4/22)

Spring Session 2

Days: Thursdays for eight weeks

Dates: April 9 - June 4 (x4/23)

Summer Session

Dates: TBD

Location: Thompson Elementary School

Fee: \$290 (eight weeks)

Grades K – 5 • Starts April 4

Sidekick Elementary School Track & Field Team

Players will stay active, build confidence, and learn real track and field skills—sprints, relays, long jump, turbo-javelin, hurdles, and more! Athletes also learn fundamentals like stride, body positioning, stretching, and cool-down techniques in a fun, supportive team environment.



Grades: K – 5

Days: Saturdays for six weeks

Dates: April 4 – May 16 (x4/18)

Time: 4:00pm – 5:00pm

Location: Arlington High School Track

Fee: \$135

Youth Spring Programs

Grades 6 – 8 • Starts April 4

Sidekick Middle School Track & Field Team

Open to new and experienced athletes! Students train for sprints, relays, middle-distance runs, long jump, javelin/throws, and introductory hurdles—plus speed, agility, and conditioning work. Athletes also learn stride, body positioning, stretching, and cool-down techniques in a fun, supportive team setting.



Days: Saturdays for six weeks
Dates: April 4 – May 16 (x4/18)
Time: 5:00pm – 6:00pm
Location: Arlington High School Track
Fee: \$135.00

Ages 5 – 14 • Starts April 5

Youth Spring Tennis Programs

See page 19 for complete info.

Ages 2 – 5 years old • Starts April 6 & April 12

Amazing Athletes

Our fun, active classes encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes life-time connections to sports and physical activity.



Days: Mondays for eight weeks
Dates: April 6 – June 8 (x4/20 & 5/25)
Times: 2 – 3 years 9.00am – 9.40ams
 3 – 5 year 9.45am – 10.30am

Days: Sundays for eight weeks
Dates: April 12 – June 7 (x5/24)

Times: 3 – young 4 12.30pm – 1.15pm
 older 4 – 5 1.20pm – 2.10pm

Location: Stratton School Greenspace (Sundays)
 Hill's Hill (Monday)

Fee: \$248

Grades K – 5 • Starts April 6

Sidekick Sports After-School Lacrosse

Our professional coaches teach the essential lacrosse skills—clamping, cradling, passing, scooping—and guide players using the USA Lacrosse development curriculum. With more than 14 years of trusted programming, Sidekick delivers a fun, safe, and skill-building experience every week.

Days: Mondays for six weeks
Dates: April 6 – May 18 (x4/20)
Time: 3:25pm – 4:25pm
Location: Hill's Hill Field (Summer Street Complex/Ed Burns Arena)
Fee: \$135



Grades K – 5 • Starts April 7

Sidekick Sports After-School Basketball

Players will learn to pass, shoot, defend, rebound, and block, then put it all together in small-sided game play that builds confidence and fast decision-making. We follow the Jr. NBA Player Development Curriculum for a fun, structured experience.

Days: Tuesdays for six weeks
Dates: April 7 – May 19 (x4/21)
Time: 3:25pm – 4:25pm
Location: Hill's Hill Field (Summer Street Complex – Basketball Court))
Fee: \$135

Grades 6 – 8 • Starts April 7

Middle School Spy Ponders Volleyball

Led by Liz Morris, AHS Boys Varsity Volleyball and AHS Girls Varsity Volleyball Coach, Spy Ponders Volleyball will provide players with the fundamental skills of the sport. Coaches will provide instruction in serving, passing, setting, hitting, blocking, and defense. We will focus on individual skills to make each person a better volleyball player! We will pay special attention to offense and defense which will lead to team-building activities. We want to give every student to have a chance to experience what it means to be part of a team and to be a great volleyball player.



Days: Tuesday's and Saturday's for six weeks
Dates: April 7 – May 16 (x4/23, 4/26)
Time: Tuesdays 6:00pm – 7:30pm
 Saturdays 10:00am – 11:30am

Location: Ottoson Middle School
Fee: \$270 per person

Youth Spring Programs

Grades 7 – 8 • Starts April 7

Coed Tackle Rugby

Arlington Youth Rugby provides both boys and girls in grades 7 and 8 a fun and safe opportunity to learn tackle rugby. Our USA Rugby certified coaches safely manage the transition from non-contact to contact rugby.

Safety is paramount and participants are taught the fundamentals of tackle rugby using tackle pads or donuts, before progressing onto tackle drills with teammates and eventually into competitive games, only as they are ready. Participants learn the importance of teamwork and respect for opponents, coaches and referees. No previous experience is required.

This year we will be offering a girls-only program.

Girls that register will be automatically eligible to also play coed, but are not required to.

Rugby is the fastest growing collegiate sport in the USA with an increasing number of schools and community clubs in New England offering rugby at various levels.

An additional USA Rugby registration (not included) is required in order for players to be eligible to participate in tournaments in the Greater Boston area during the MYRO (Massachusetts Youth Rugby Organization) spring and summer seasons.

Tournaments are generally run on Sunday mornings. Attendance is encouraged but not mandatory. Tentative dates for 2026: 5/3, 5/10, 5/17, 5/31, 6/21, 6/28, 7/12, 7/19, 7/25.



For more information, please visit the Arlington Youth Rugby website at arlingtonrugbyclub.com

Days: Tuesdays & Thursdays for eight weeks

Dates: Spring Session April 7 – May 28
Summer Session June 9 – July 23

Time: 6:00pm – 7:30pm

Location: Lussiano Field

Fee: \$150 (Single Session); \$250 (Both Sessions)

Grades 3 – 6 • Starts April 7

Coed Flag Rugby

Days: Tuesdays & Thursdays for eight weeks

Dates: Spring Session April 7 – May 28
Summer Session June 9 – July 23

Time: 6:00pm – 7:30pm

Location: Lussiano Field

Fee: \$150 (Single Session); \$250 (Both Sessions)

Grades 7 – 8 • Starts April 7

Girls Tackle Rugby

Days: Tuesdays & Thursdays for eight weeks

Dates: Spring Session April 7 – May 28
Summer Session June 9 – July 23

Time: 6:00pm – 7:30pm

Location: Lussiano Field

Fee: \$150 (Single Session); \$250 (Both Sessions)



Youth Spring Programs

Ages 3 – 5 years old • Starts April 8

Super Soccer Stars Spring Program

At Super Soccer Stars, our goal is to teach soccer skills in a fun, educational environment. Our philosophy is to use soccer to nurture, build self-confidence, and develop teamwork.

Our curriculum uses positive reinforcement and a low child- to-coach ratio to ensure that each child improves at their own rate while having fun.



All sessions are eight-week sessions.

Wednesday Spring Sessions

Dates: April 8 – June 3 (x4/22)

Times: 9.00am – 9.45am 3 – young 4
9.50am – 10.30am 2 – 3 years
10.35am – 11.25am older 4 – 5

Location: Hills Hill

Friday Spring Sessions

Dates: April 10 – June 5 (x4/24)

Times: 9.00am – 9.45am 3 – young 4
9.50am – 10.30am 2 – 3 years
10.35am – 11.25am older 4 – 5

Location: Hills Hill

Sunday Spring Sessions

Dates: April 12th – June 7 (x5/24)

Field 1

Times: 8.30am – 9.10am 2 – 3 years
9.15am – 10.00am 3 – young 4
10.05am – 10.45am 2 – 3 years
10.50am – 11.35am 3 – young 4
11.40am – 12.25pm 3 – young 4

Field 2

Times: 8.30am – 9.15am 3 – young 4
9.20am – 10.10am older 4 – 5 s
10.15am – 11.15am 5 – 7 years
11.20am – 12.10pm older 4 – 5

Location: Stratton School Greenspace

Fee: \$248

Grades K – 5 • Starts April 8

Sidekick Sports After-School Flag Football

Players build skills in passing, catching, and safe flag-pulling while learning proper body positioning, running stride, stretching, and cool-down techniques. With more touches on the ball, kids learn more—and have more fun!



Days: Wednesdays for six weeks

Dates: April 8 – May 20 (x4/22)

Time: 3:25pm – 4:25pm

Location: Hill's Hill Field (Summer Street Complex/Ed Burns Arena)

Fee: \$135

K – 5 • Starts April 9

Sidekick Sports After-School Soccer

Players will learn age-appropriate soccer skills through fun drills and small-sided games—then finish every session with a Mini World Cup Tournament! This year's program also celebrates North America hosting the 2026 FIFA Men's World Cup, adding extra excitement each week.



Days: Thursday for six weeks

Dates: April 9 – May 21 (x4/23)

Time: 3:25pm – 4:25pm

Location: Hill's Hill Field (Summer Street Complex/Ed Burns Arena)

Fee: \$135

Grades 6 – 8 • Starts April 14

Middle School Co-Ed Ultimate Frisbee

The Arlington Ocelots Ultimate Frisbee team is a great introduction to one of the fastest growing sports. The program focuses on teaching the fundamentals of throwing, catching, and strategic game play. Games against local teams will be scheduled during the week, with opportunities to play in weekend tournaments as well.



Days: Tuesdays and/or Fridays for eight weeks

Dates: Fridays April 17 – June 12 (x4/24)

Tuesdays April 14 – June 9 (x4/21)

Time: 3:40pm – 5:10pm

Location: Hill's Hill Field

Fee: \$200

Youth Spring Programs

Ages 2 – 10 years old • Starts April 26

InclYOUsion Sports Track & Field and Football

Join us for a fun eight-week sports program for children of all abilities to learn the fundamentals of Soccer & Baseball! Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. InclYOUsion Sports provides all equipment and children only need to bring water and wear comfortable clothes and shoes. This program is designed for children with and without disabilities to learn and play together. Skill building is modified to each child's experience level.



InclYOUsion Sports provides inclusive sports enrichment programs to children, using innovative behavioral methods to teach sports, fitness, and social skills. Programs are designed by physical education, behavioral, and inclusion experts to introduce all children to a variety of sports through a series of lessons focused on skill building.

InclYOUsion Sports is on a mission to make high quality sports enrichment programs accessible to all children. Learn more at inclYOUsionsports.com

Days: Sundays for eight weeks
Dates: April 26 – June 21 (x5/24)
Times: 9:00am – 9:50am Ages 2 – 4
 10:00am – 10:50am Ages 5 – 7
 11:00am – 11:50am Ages 8 – 10

Location: Hurd Field
Fee: \$265



Grade 1 – 5 • Starts April 26

Elementary School Ultimate Frisbee

This program is designed for all students entering grades 1-5, regardless of previous experience with Ultimate. Our goal is for all attendees to develop both a love of the game and a feeling of belonging within our community. Coaches will be on hand to help players learn skills and tactics/strategy/rules. Each session will include drills and scrimmages designed to maximize learning and fun. Come join us!

Parents of children in grades K-2 should plan to be at the fields during practice. The program is drop off the players in grades 3-5 with the option for parents to stay if they would like.

Days: Sundays for eight weeks
Dates: April 26 – June 14
Time: 3:30pm – 5:00pm
Location: North Union Field
Fee: \$100



Ages 7 – 12 years old • Starts April 28

Jr. Golf Clinic

FlexGolf offers for both boys and girls a fun engaging environment to learn or enhance your knowledge in the game of golf. Our certified Golf pro will provide instruction, meanwhile our Title-ist-certified Coach will provide the fitness. Students will experience one day that will entail guidance on swing technique, stance and other aspects of golf.



They will also play in fun matches on our state-of-the-art golf simulator and be able to play matches on some of the most famous courses in the sport. The other day for this clinic, we will be in our fitness room. 30 minutes of strength, cardio and mobility drills. Basic, beginner knowledge is a prerequisite for this clinic.

Days: Tuesdays or Thursdays
Dates: Session 1 April 28 – June 9
 Session 2 April 30 – June 11
Time: 4:30pm – 6:30pm
Location: Inspire Fitness, 47a Dudley Street, Arlington
Fee: \$305 per participant (five slots available)

Youth Spring Programs

Ages 3 – 12 years old • Starts May 1

Youth Karate

One of the best karate programs in the country taught by four-time world champion Steve Nugent. These classes teach proper stances, breathing, stretching, discipline, confidence, and practical self-defense. This class also underlines the importance of nutrition, exercise, fire safety, and stranger awareness. All uniforms are included in the class fee.

Little Dragons Karate (3 – 4 year olds)

Days: Fridays for eight weeks
Dates: May 1 – June 26 (x6/19)
Time: 4:45pm – 5:15pm
Location: Thompson School
Fee: \$240



Little Ninjas Karate (5 – 12 year olds)

Days: Fridays for eight weeks
Dates: May 1 – June 26 (x6/19)
Times: 5:15pm – 6:00pm
 5 – 6 years old
 6:00pm – 6:45pm
 7 – 12 years old

Location: Thompson School
Fee: \$240



Email program comments, suggestions, ideas, and concerns to Jeff Jamgochian, Program Supervisor, at jjamgochian@town.arlington.ma.us

Advertise Your Business or Sponsor a Special Event at the Ed Burns Arena!



Would you like Arlington Recreation to help you get the word out about your services or an upcoming event? Need more exposure in Arlington and the surrounding area? Would you like to support Arlington Recreation? There are yearly options available for businesses to advertise at the Ed Burn Arena Ice Rink! Options include banners, illuminated signage, Zamboni, scoreboard, or seasonal brochure with over 12,500 copies distributed each season!

Call JJ O'Sullivan at 781-316-3882 for more information.

Youth April Vacation Programs

Ages 5 – 14 • Starts April 20

April Vacation Tennis Program with Matt Siegal Tennis LLC

An always popular program, structured like our Junior Summer Tennis Weeks! The class will consist of tennis drills, games and fun. This class will be Monday – Thursday with Friday being a rain make-up day (if necessary).

Our 5 – 6 and 11 – 14 age groups will be at Spy Pond while our 7 – 10 age group will be at Wellington Park (Grove Steet).



Days: Monday – Thursday

Dates: April 20 – April 23

Ages: 5 – 6

Times: 9:00am – 10:30am

Location: Spy Pond Tennis Courts

Fee: \$135

Ages: 7 – 10

Times: 9:00am – 12:00pm

Location: Grove Street Tennis Courts

Fee: \$235

Ages: 11 – 14

Times: 9:00am – 12:00pm

Location: Spy Pond Tennis Courts

Fee: \$235

K – 8 • Starts April 21

Sidekick Sports April Vacation Basketball Camp

Our April Vacation Basketball Camp blends high-quality coaching, positive energy, and age-appropriate competition to help every player grow in skills and confidence. Players will develop their fundamentals such as ball-handling, shooting technique, passing, footwork, defensive positioning, and teamwork. Each day features exciting challenges, skill stations, and a Jr. NBA-themed tournament, complete with daily prizes and awards.

To ensure the best experience for everyone, our coaches maintain balanced teams and encourage a supportive, player-first atmosphere where every child feels included and motivated.

Days: Tuesday – Friday

Dates: April 21 – April 24

Times: 9:00am – 12:00pm Half Day Program

9:00am – 3:00pm Full Day Program

Location: Ottoson Middle School (Indoors)

Fee: Full-Day \$275

Half-Day \$205



Ages 7 – 14 years old • Starts April 21

Box 2 Box Soccer Camp

A fun, player-focused soccer camp built around game-based learning and team activities.

Campers will work on a wide range of soccer-specific technical skills while also improving overall athletic performance. Each day is designed to challenge players in

an engaging environment, because we believe enjoyment is the foundation of development. Campers will have a great time growing their skills and confidence on the field.



Days: Tuesday – Friday

Dates: April 21 – April 24, 2026

Times: 9:00am – 12:00pm Half-Day Program

9:00am – 3:00pm Full-Day Program

Location: Lussiano Field (North Union)

Fees: Full Day: \$311

Half Day: \$199



Mission Statement

Arlington Recreation, a self-sustaining Division of the Town, offers safe, quality and affordable programs and facilities for citizens of all ages and abilities.

Our staff members are qualified professionals, dedicated to serving the community with excellence and pride.

Adult Spring Programs

Ages 18+ • Starts April 8 and April 10

Arlington Drop-in Badminton

Badminton is a fast, fun, and social game that can be played and enjoyed by people of all ages. Even if you are new to badminton, you will quickly learn the basics and join others in exciting games. Indoor badminton is more fun, more exciting, and more energetic



than the “backyard badminton” that most Americans are familiar with. Shuttlecocks will be supplied. Some racquets will be available for use.

Days: Wednesdays and/or Fridays for 10 weeks

Dates: Session 1 Wednesdays April 8 – June 17 (x4/22)
Session 2 Fridays April 10 – June 26 (x4/24, 6/19)

Time: 6:30pm – 9:30pm

Location: Dallin School

Fee: \$180 per session.

Ages 18+ • Starts May 2

Tai Chi

Sponsored by The Friends Of Menotomy Rocks Park

Tai Chi is meditation in motion. It is the practice of moving calmly with awareness and ease. Experience first-hand the mind/body benefits of Tai Chi and Qi Gong training in the natural setting of Menotomy Rocks Park. Sessions will include rejuvenating qi gong (energy work) exercises and meditation, an introductory Yang Style Tai Ji and fundamental drills.



Instructor Joshua Grant is a two-time US National Wu Shu Tai Ji Gold Medalist and a former member of the US National Wu Shu Team, US National Tai Ji Team and US Pan Am Wushu Team. His Tai Ji instructional series was #4 on Billboard’s Top Fitness videos. He is also the author of Tai Chi for Wimps. Joshua has taught Tai Ji and Wu Shu for over 40 years, and leads national and international seminars and retreats. Joshua is the owner of Boston Kung Fu Tai Chi



Institute and taichi.com with available on-line classes. He is also a licensed acupuncturist and Doctor of Acupuncture.

Days: Saturdays for eight weeks

Dates: May 2 – June 20

Time: 9:00am – 9:45am

Location: Menotomy Rocks Park (Green Space)

Fee: This program is FREE for those who would like to attend. Pre-registration is required

Ages 60+ • Free Program • Starts May 5

Arlington Reservoir Walking and Fitness Program for Seniors

Pre-registration is not required

Arlington Recreation and the Arlington Senior Center invite all interested participants to come and enjoy this new program.

Participants can enjoy the newly-renovated, fully-accessible path along the beautiful Arlington Reservoir which measures one mile in length and



participate in some fun and simple fitness exercises along the way. The program will start and finish at the Arlington Reservoir beach.

This program is free to Arlington seniors and will be funded through a grant from the Arlington Recreation Department. Space is limited so make sure you register early! Thank you everyone for your support of the Arlington Reservoir Renovation project

Days: Tuesdays for six weeks

Dates: May 5 – June 9

Time: 1:00pm (about 60 minutes)

Location: Arlington Reservoir Beach Area

Fee: Free program sponsored by Arlington Recreation

Adult Spring Programs

Magnolia Community Garden Information



Magnolia Community Garden is made up of 58 plots which are available to Arlington residents.

Each year, returning gardeners are given the opportunity to renew their plot.

If you are interested in a plot, please click on the link below arlingtonma.myrec.com / Programs to register for the waitlist online.

Please note that there is currently a very long waitlist for plots. It may be 2 – 3 years before you have access to a plot.

Open plots are offered to wait-list registrants, in order, as they become available.

For more information, contact Program Supervisor Jeff Jamgochian at jjamgochian@town.arlington.ma.us



Adult Spring Pickleball Programs

with Eric Kevorkian • All Sessions run for four weeks.

Ages 18+ • Starts April 7

Intro to Pickleball Beginner Level

For players with limited-to-no knowledge of the general rules and scoring. Participants will learn the basic rules and how to keep score through game play and drills during each class! All equipment provided!

Session 1

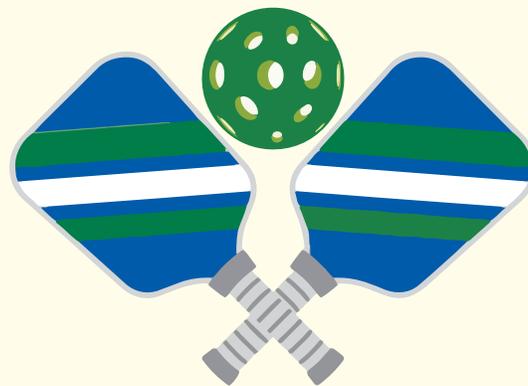
Days	Dates	Times
Tuesdays	April 7 – May 19 (x4/21)	10:00am – 11:00am
Thursdays	April 9 – May 21 (x4/23)	1:00pm – 2:00pm

Session 2

Days	Dates	Times
Tuesdays	June 2 – June 23	1:00pm – 2:00pm
Thursdays	June 4 – June 25	10:00pm – 11:00pm

Location: Crosby Tennis Courts

Fee: Session 1 \$155
Session 2 \$105



Ages 18+ • Starts April 7

Round Robin Social/ Instructional League



For Improving/Existing Players (players who have taken an Intro or 201 class or already know the rules and scoring)

This game-heavy session of doubles play is designed to get players feeling a lot more comfortable playing the game in a fun, pressure-free/casual setting while getting in-game coaching tips to help improve your understanding of the game!

Players will rotate on/off courts with random/mixed partners throughout each session, with a practice net set up for players to continue to drill/practice while waiting to play

Ideal for Pickleballers looking to meet like-skilled players, and for players who may need help improving their general understanding of the game!

Session 1

Days	Dates	Times
Tuesdays	April 7 – May 19 (x4/21)	12:30pm – 2:00pm
Wednesdays	April 9 – May 21 (x4/23)	10:00am – 11:30am

Session 2

Days	Dates	Times
Tuesdays	June 2 – June 23	10:00am – 11:30am
Wednesdays	June 4 – June 25	12:30pm – 2:00pm

Location: Crosby Tennis Courts

Fee: Session 1 \$120
Session 2 \$80

Ages 18+ • Starts April 7

Pickleball 201

Advanced Beginner Level

For players who have taken an intro class and have a grasp on the rules/scoring, but do not feel comfortable joining social groups or more advanced sessions just yet! This class will help reinforce the basic strategies and fundamentals of the game in order to build your confidence to join social play. Classes will be game-heavy with players receiving in-game coaching tips! Equipment provided as needed!

Session 1

Days	Dates	Times
Tuesdays	April 7 – May 19 (x4/21)	11:15am – 12:15pm
Thursdays	April 9 – May 21 (x4/23)	11:45am – 12:45 pm

Session 2

Days	Dates	Times
Tuesdays	June 2 – June 23	11:45am – 12:45 pm
Thursdays	June 4 – June 25	1:15am – 12:15 pm

Location: Crosby Tennis Courts

Fee: Session 1 \$155
Session 2 \$105

Adult Spring & Summer Tennis Programs

with Matt Siegel Tennis, LLC

We create a fun, safe and welcoming learning environment at Matt Siegel Tennis, LLC. Offering a variety of programming (camps, clinics, private and group lessons, hitting sessions, etc) to juniors and adults of ALL skill levels. Our goal is to have every participant reach their full potential in the life-long sport of tennis through an experienced and enthusiastic coaching staff led by Matt Siegel. Players are given the foundation to fall in love with the game, and play with a whole lot of heart. Matt is a former college tennis player who has worked with Arlington Recreation Tennis for the past 15 years. He is currently the Arlington High Boy's Tennis coach and has led the team to 12 straight State Tournament appearances

SPRING ADULT TENNIS PROGRAMS

Location: Spy Pond Tennis Courts

Fee: \$129.00 per class

Ages 18+ • Starts April 7

Adult Tennis 101 (Beginner)

These classes are intended for those with no (or very little) tennis experience. Learn the basic stroke technique, grips, scoring, positioning and court terminology. This class will help you work on your tennis footwork, get familiar with scoring, and tennis etiquette. Each class will let players get a chance to practice their moves during point play. This group lesson is designed to be fun and informative for everyone involved.

Days: Tuesdays for six weeks

Dates: Tuesdays, April 7 – May 19th (x4/21)

Time: 8:15am – 9:05am

Ages 18+ • Starts April 8

Adult Advanced Beginner Classes

This is the perfect class if you're looking to get back into the game. A player in this class should have the ability to sustain a short rally, be able to start a point by serving, could keep score and have some knowledge of the rules. Class time will focus on consistency in strokes, and strategy in playing singles and doubles. Each class will let players get a chance to practice what they learned with point play.

Days: Wednesdays for six weeks

Dates: April 8 – May 20 (x4/22)

Time: 8:15am – 9:05am

SPRING ADULT SOCIAL TENNIS

Location: Grove Street Tennis Courts

Fee: \$164 per class

Ages 18+ • Starts April 7

Beginners (NTRP Rating 2.5 – 3.0)

Open to Recreation players who are looking to not only play some tennis but meet new tennis friends. Each class will consist exclusively of doubles and singles round-robin point play. Class will be held one day a week for 90 minutes. This program is for advanced beginners. Please know your NTRP rating before signing up.

Days: Tuesdays for six weeks

Dates: April 7 – May 19th (x4/22)

Time: 7:30pm – 9:00pm



Ages 18+ • Starts April 8

Intermediate to Advanced

(NTRP Rating 3.5+)

Open to Recreation players who are looking to not only play some tennis but meet new tennis friends. Each class will consist exclusively of doubles and singles round robin point play. Class will be held one day a week for 90 minutes). Please know your NTRP rating before signing up.

Days: Wednesdays for six weeks

Dates: April 8 – May 20 (x4/22)

Time: 7:30pm – 9:00pm

Ages 18+ • Starts April 10

Adult Intermediate Classes

This class is for players exhibiting improved consistency and variety on moderate shots, have directional control, and are beginning to develop a spin. The player has achieved stroke dependability and direction on shots within reach. Class time will focus on being able to hold an extended rally, more advanced singles and doubles strategies and advanced shots such as overheads and top spin.

Days: Thursdays for six weeks

Dates: April 9 – May 21 (x4/23)

Time: 8:15am – 9:05am

Adult Spring & Summer Tennis Programs

All Adult Summer Tennis Programs start June 2 for Session 1 and July 21 for Session 2

SUMMER ADULT TENNIS PROGRAMS

Ages 18+ • Times: 6:00pm – 6:50pm

Adult Tennis 101 (Beginner)

These classes are intended for those with no (or very little) tennis experience. Learn the basic stroke technique, grips, scoring, positioning and court terminology. This class will help you work on your tennis footwork, get familiar with scoring, and tennis etiquette. Each class will let players get a chance to practice their moves during point play. This group lesson is designed to be fun and informative for everyone involved.

Ages 18+ • Times: 7:00pm – 7:50pm

Adult Advanced Beginner Classes

This is the perfect class if you're looking to get back into the game. A player in this class should have the ability to sustain a short rally, be able to start a point by serving, could keep score and have some knowledge of the rules. Class time will focus on consistency in strokes, and strategy in playing singles and doubles. Each class will let players get a chance to practice what they learned with point play.

Ages 18+ • Times: 8:00pm – 8:50pm

Adult Intermediate/Advanced Classes

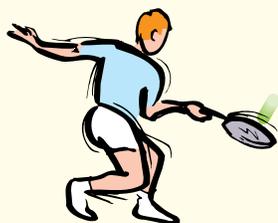
This class is for players exhibiting improved consistency and variety on moderate shots, have directional control, and are beginning to develop a spin. The player has achieved stroke dependability and direction on shots within reach. Class time will focus on being able to hold an extended rally, more advanced singles and doubles strategies and advanced shots such as overhands and top spin.

Days: Tuesdays for six weeks

Dates: Session 1 June 2 – July 7
Session 2 July 21 – August 25

Location: Grove Street Tennis Courts

Fee: \$129



SUMMER ADULT SOCIAL TENNIS

Ages 18+ • Times: 6:00pm – 7:30pm

Beginners (NTRP Rating 2.5 – 3.0)

Open to Recreation players who are looking to not only play some tennis but meet new tennis friends. Each class will consist exclusively of doubles and singles point play. Class will be held one day a week for 90 minutes. Please know your NTRP rating before signing up. You should know how to serve, keep score and court positioning before joining this class.

Days: Wednesdays for six weeks

Dates: Session 1: June 3 – July 8
Session 2: July 22 – August 26

Location: Grove Street Tennis Courts

Fee: \$164

Ages 18+ • Times: 7:30pm – 9:00pm

Intermediate to Advanced (NTRP Rating 3.5+)

Open to Recreation players who are looking to not only play some tennis but meet new tennis friends. Each class will consist exclusively of doubles and singles point play. Class will be held one day a week for 90 minutes. Please know your NTRP before signing up.

Days: Wednesdays for six weeks

Dates: Session 1: June 3 – July 8
Session 2: July 22 – August 26

Location: Grove Street Tennis Courts

Fee: \$164

To schedule private lessons (limited availability),
or for any lesson-related questions,
contact Matt Siegel at mattsiegel@gmail.com

Youth Spring & Summer Tennis Programs

with Matt Siegel Tennis, LLC

SPRING JUNIOR TENNIS PROGRAMS

Ages 5 – 14 • Starts April 5

Saturday Morning Juniors for Beginner/Advanced Beginners

This entry-level program is for beginners and advanced beginners. It emphasizes the “team” aspect of tennis and gives players a fun, social experience learning this great game.

Days: Saturdays for six weeks

Dates: April 4 – May 9

Times: 5 – 6 year olds 9:00am – 10:00am
7 – 9 year olds 10:00am – 11:00am
10 – 14 year olds 11:00am – 12:00pm

Location: Spy Pond Tennis Courts

Fees: \$154

Grades 6 – 8 • Starts April 7

Spring Middle School Programs

Our middle school programs are designed for advanced beginners and intermediate/advanced players. It emphasizes the strategic and technical aspect of tennis.

Days: Tuesdays, for six weeks

Dates: April 7 – May 19 (x4/21)

Days: Wednesdays, for six weeks

Dates: April 8 – May 20 (x4/22)

Times: 6:30pm – 7:30pm

Location: Grove Street Tennis Courts

Fee: \$154



SUMMER HIGH SCHOOL WEEK CLINICS

Grades 10 – 12 • Starts August 17 & August 20

High School Tennis Summer Camp

These classes are open to all students grades 10 –12 (rising 10 graders are allowed) who played on their High School tennis team. If your child did not play high school tennis or they are a 9th grader who would like to join, please email Matt at mattsiegel@gmail.com before signing up.

Half of the class will be drills and instructions and the other half will be for single and doubles point play. Focus will be on strategies, footwork, and in match tactics. Class times differ to accommodate those students who are working during the summer. Students are encouraged to sign up for both sessions.

Session 1

Day: Monday and Thursday

Dates: Monday August 17 and Thursday August 20

Time: 6:00pm – 9:00pm

Location: Grove Street Tennis Courts

Fee: \$115

Session 2

Day: Tuesday and Wednesday

Dates: Tuesday August 18 and Wednesday August 19

Time: 3:00pm – 6:00pm

Location: Grove Street Tennis Courts

Fee: \$115



SUMMER JUNIOR TENNIS CAMPS WEEKS PROGRAM

Ages 6 – 16 • Starts June 8 • Five days a week

Like our Spring Vacation Week Program, these weeks will feature lots of tennis, drills, games and fun! This program features experienced staff and special “FUN Fridays”! Matt Siegel and staff will run this program.

Dates:

Week 1	June 8 – June 12	Week 7	July 20 – July 24
Week 2	June 15 – June 19	Week 8	July 27 – July 31
Week 3	June 22 – June 26	Week 9	August 3 – August 7
Week 4	June 29 – July 3	Week 10	August 10 – August 14
Week 5	July 6 – July 10	Week 11	August 17 – August 21
Week 6	July 13 – July 17	Week 12	August 24 – August 28

Beginners (Ages 5 – 6)

Time: 9:00am – 10:30am (1.5 hours)

Location: Spy Pond Tennis Courts **Fee:** \$149

Beginner/Advanced Beginners (Ages 7 – 10)

Time: 9:00am – 12:00pm (three hours)

Location: Wellington Park **Fee:** \$269

Beginner/Advanced Beginners/Intermediates (Ages 11 – 16)

Time: 9:00am – 12:00pm (three hours)

Location: Spy Pond Tennis Courts **Fee:** \$269

Enjoy Summer 2026 at Reservoir Beach



Open TBA in late Spring
Open Seven Days a Week
(weather permitting)
9:00am – Dusk



Enjoy Arlington's Reservoir Beach including the new bath house, picnic pavilion, playground, water play area, basketball court, and new lawn areas. The beach is supervised by certified lifeguards and other beach staff while open. Only U.S. Coast Guard lifesaving devices are allowed.



Everyone over two (2) years of age must display tags to the gate attendant or purchase a daily pass to be admitted to the beach area. Reservoir Beach is open to residents and non-residents.



Once again this year the Reservoir Beach will allow beachgoers to use some water toys not permitted in the past. Inflatables will not be allowed! New programs on the horizon at the Reservoir. More information to come in the near future!

How to Get Beach Tags

Arlington Recreation will be selling Res Passes at arlingtonma.myrec.com starting April 1

Season Beach Tags Fees per Person

Adult Resident	Ages 18 years and over	\$100
Adult Non-Resident	Ages 18 years and over	\$150
Resident Children	Ages 2 – 17 years	\$ 80
Non-Resident Child	Ages 2 – 17 Years	\$100
Resident Seniors Ages	60 years and over	\$ 80
Non-Resident Seniors	Ages 60 years and over	\$100
Resident Family: Includes two adults and two children		\$325
Non-Resident Family: Includes two adults and two children		\$450
Each additional child (resident and non-resident)		\$ 25
Daily Fees: (Full Day)	Ages 18 years and over	\$ 15
	Ages 2 – 17 years	\$ 10
	Ages 60 years and over	\$ 10
Twilight Fees After 5:00pm	Adult	\$ 10
	Kids	\$ 5

Swimming Lessons at Reservoir Beach

Ages 5 – 10

Youth Swimming Lessons

Lessons are offered Monday through Thursday in one-week sessions for four total classes. Make Up Class will be on Fridays!

Level 1: Is designed for the beginning swimmer. The Child Should be prepared to become independent in the water. Floating on the front and the back will be covered, as well as kicking and arm motions

Level 2: Success with fundamental skills. Water safety rules submerge entire head, front and back glide, and tread water. Bob in water, float, swim using combined stroke on front and back.

Lessons does not give you access to the Res for after class. Must have a Res Membership or daily pass to stay after class. If Res is closed ,class will be cancelled. Make-up date will be on Fridays

We look forward to a Big Splash of a Summer!

Dates :	Week 1	June 29 – July 2
	Week 2	July 6 – July 9
	Week 3	July 13– July 16
	Week 4	July 20 – July 23
	Week 5	July 27 – July 30
	Week 6	August 3 – August 6
	Week 7	August 10 – August 13

Time: 9:30am- 10:00am

Location: Arlington Reservoir

Fee: \$95

Ages 2 – 4

Swim Lessons, Parent Child

Lets have a Splash!

Designed to introduce children to the aquatic atmosphere at a young age. Skills include blowing bubbles, kicking on stomach and back, paddling arms, sliding in, gliding, floating and going underwater. Includes group skills, free play, games and songs. Child Must be accompanied by a parent in the water for this class.

This Program Is a week-long for four classes. It does not give you access to the Res beach after class. Res Memberships can be purchased Here. If Res is closed class will be cancelled. Makeup will be on Fridays

Dates:	Week 1	June 29 – July 2
	Week 2	July 6 – July 9
	Week 3	July 13– July 16
	Week 4	July 20 – July 23
	Week 5	July 27 – July 30
	Week 6	August 3 – August 6
	Week 7	August 10 – August 13

Time: 9:00am –9:30am

Location: Arlington Reservoir

Fee: \$95



Birthday and Family Parties at the Res



Book your next summertime party or family gathering at Reservoir Beach! Fees are \$500 for a 2.5-hour block for Arlington residents during beach season and \$600 for non-residents. This includes beach admission for 50 guests.



**For more information please call us at 781-316-3880
or email jjamgochian@town.arlington.ma.us**



Arlington Rec Youth Summer Camps

Youth Summer Camps Dates, Times and Fees for Club Rec & Kids Corner

HRC Summer Experience and Super Sports at Club Rec are three days a week Tuesday– Thursday .

Theatre at Club Rec, Super Sports at Club Rec is five days a week Monday – Friday.

Details for half-day and Friday options are listed below.

Dates:	Week 1	June 24 – June 26 (three days, HRC Summer Experience only)
	Week 2	June 29 – July 3
	Week 3	July 6 – July 10
	Week 4	July 13– July 17
	Week 5	July 20 – July 24
	Week 6	July 27 – July 31
	Week 7	August 3 – August 7
	Week 8	August 10 – August 14

Times:	All Day	9:00am – 3:00pm
	AM Care	7:30am – 9:00am
	PM Care	3:00pm – 5:00pm
	Friday Care	7:30am – 3:00pm

Location: Dallin Elementary School

Fees:*	For Super Sports, Theatre and Club Rec
	All Day \$390 per week
	AM Care \$100 per week for 5 days
	PM Care \$105 per week for four days
	<i>*Theatre at Club Rec Fee is \$390 per week.</i>

Entering Grades 1 – 6 • Starts June 24

HRC Summer Experience @ Club Rec: Health, Recreation, Community Safety

The Arlington Recreation Department, Arlington Police Department, Arlington Fire Department and Arlington Youth Health and Safety Coalition are collaborating on this very special summer program offering. The program includes a variety of fun and educational sports and games, art and crafts, public safety awareness, health and fitness, and swimming/water play. Staff from all four departments will run programs such as finger printing and forensics, substance abuse prevention activities, and emergency vehicle day.



Days:	Tuesday-Thursday
Dates:	June 23 – June 25
Times:	9:00am- 3:00pm
Location:	Dallin School
Fee:	\$235



Entering Grades 1 – 5 • Starts June 29

Super Sports at Club Rec

Super Sports is for Grades 1 – 5 only. If you like Club Rec but want the emphasis to be on sports and games rather than participate in some of the other morning activities, then this program is for you!

Entering Grades 1 – 5 • Starts June 29

Theatre at Club Rec

Watch as your children blossom and shine! The performers will be working on their production 9:00am – 12:00pm and will join Club Rec in the afternoon for swimming, fun and games at the Arlington Reservoir or Thompson Spray Park. Theatre at Club Rec culminates with a performance of our work for new friends and family on the final day each week.

Theatre Camp will meet on Fridays at 9:00am for their performance at 11:00 am.

Fee: \$390 per week

Entering Grades K – 5 • Starts June 29

Club Rec

There is something for everyone! Each day includes water activities at Arlington Reservoir, science and nature, sports and games, arts and crafts, and more. Child-to-counselor ratio is approximately 10:1. Space is limited, early registration is encouraged.

Week	Dates	Event
Week 2	June 29 – July 3	Party in the USA
Week 3	July 6 – July 10	Under the Sea
Week 4	July 13– July 17	Wild About Camp
Week 5	July 20 – July 24	Color Wars
Week 6	July 27 – July 31	Walk of Fame
Week 7	August 3 – August 7	Out of this World
Week 8	August 10 – August 14	Disney

Arlington Rec Youth Summer Camps

Ages 2.9 – 5 years old (by June 26, 2025) • Starts June 29

Kids Corner: Preschool Summer Program

Space is limited, early Registration is encouraged.

New Location: Parmenter School

Calling all preschoolers to come and enjoy a fun and exciting summer experience in a loving and caring atmosphere. Explore and discover new friends, activities, and adventure. Participants will enjoy non-competitive games, water fun, crafts, songs, outdoor play, and preschool activities held indoors and out.

The children will enjoy many opportunities to develop social skills such as cooperation and sharing. They will enjoy getting to know one another in the age-appropriate environment provided.

Participants will enjoy choosing from a variety of planned activities each day. Experienced, trained counselors will supervise activities out-doors on our large playground and extensive indoor areas. When outdoors, children will enjoy playing in the water, having art activities and exploring some of nature's wonders as well as picnics outdoors.

When indoors, participants will be in a safe, supportive atmosphere that encourages learning, excitement, and exploration, arts and crafts, and enjoy special entertainment.

You must provide a daily snack and lots of fluids.

Days: Monday – Thursday

Times:

All Morning	8:30am – 12:00pm
AM Care	7:30am – 8:30am
PM Care	12:00pm – 2:00pm
Friday Care	7:30am – 12:00pm

Location: Kid Care Preschool, Parmenter School.
17 Irving Street

Fees:

All Morning	\$210 per week for four days
AM Care	\$50 per week for four days
PM Care	\$105 per week for four days
Friday Care	\$70 per week for one day



Entering Grades 6 – 8 • Starts June 29

Club Rec CIT – Counselor in Training

Help out at Club Rec and develop leadership and self-esteem while learning how to work with young children and plan/execute program activities. CITs must be able to work with minimal supervision.

Times: 9:00am – 3:00pm

Location: Dallin Elementary School

Fee: \$325 per week for Club Rec

Entering Grades 6 – 8 • Starts June 29

Summer Exploration

Each week, participants will enjoy a day at Water Country or Canobie Lake, hiking, and a beach day. We will round out the week with other activities such as high ropes climbing, escape the room, Kimball's Farm, or mini-golfing.

Rainy weather? No problem! We'll also add in indoor fun like bowling and roller-skating! Space is limited! Check out our website for our trip details. Please note, trips are subject to change if necessary.

Days: Monday – Thursday (Friday make-up day)

Dates

Week 1	June 29 – July 2
Week 2	July 6 – July 9
Week 3	July 13- July 16
Week 4	July 20 – July 23
Week 5	July 27 – July 30
Week 6	August 3– August 6
Week 7	August 10 – August 13

Times: 9:00am – 4:00pm

Location: Meet at the Ed Burns Arena

Fee: \$550 per week



More Youth Summer Camps

Grades K – 8 • Sessions start June 29, August 6 & 17

Sidekick Sports Flag Football Camp

Experience the excitement of football—all the fitness and competitive benefits of tackle football, but with far less risk of injury! We deliver a high-energy camp led by professional coaches who specialize in age-appropriate instruction and positive, player-first development. Throughout the week, athletes will learn key flag football skills such as passing, catching, route-running, defensive positioning, agility, and teamwork. Each session features fun, fast-paced 5v5 games, giving players the perfect mix of learning and competition. To cap off the week, players take the field for our Sidekick Jr. Super Bowl, where athletes showcase their progress in an exciting game-day atmosphere.

Days: Monday – Thursday

Dates: Session 1 June 29 – July 2

Session 2 August 3 – August 6

Session 3 August 17 – August 20



Options	Times	Fees
Full Day	9:00am – 3:00pm	\$275 per session
Half Day	9:00am – 12:00pm	\$ 205 per session

Location: Session 1 McClennen Park
Sessions 2 & 3 Thorndike Field

Ages 8 – 12 years old • First session starts June 29

Golf+

Flex Golf offers a morning camp that will mix a variety of sports and always add in golf practice each day. We will be outdoors, playing sports such as wiffle ball, soccer and flag football. Conditioning and agility while be run either indoors or outdoors. We will always find time for the campers to use our indoor state-of-the-art golf simulator and each week they will have a lesson from our Golf Pro. Workouts will be run by our Titleist Certified Coach, improving everyone not only for golf but for sports overall.

Days: Monday – Thursday

Dates: Week 1 June 29 – July 2

Week 2 July 6 – July 9

Week 3 July 13 – July 16

Week 4 July 20 – July 23

Week 5 July 27 – July 30

Times: 8:00am – 12:30pm

Location: FlexGolf – 47a Dudley Street, Arlington and Summer Street Multi-Purpose field

Fee: \$275 per week



Entering Grades 3-8 • Starts June 29

Junior Ponders All Girls Basketball Clinic

Join us for a four-day Girls Basketball Clinic designed for girls entering grade 3-8. Our focus is simple: Fun, FUNdamentals, and more fun. Players will build confidence and skills through age-appropriate instruction focused on basketball FUNdamentals such as dribbling, passing, shooting, footwork, and defense. Each day includes skill stations, games, and contests that encourage learning in a positive and supportive environment.



The clinic will be led by John Bowler and Rich Thornton. Coach Bowler was the varsity head basketball coach at AHS for eleven years. Coach Thornton was the head women's coach at SUNY-New Paltz, BB&N, and Bunker Hill Community College.

Whether your player is new to basketball or is looking to improve, this clinic is a great place to make friends, develop skills and have fun on the court!

Days: Monday – Friday

Dates: June 29 – July 2

Times: 9am-12pm

Location: Arlington High School

Fee: \$200

Ages: 4 – 6 • Sessions start June 29 & July 20

Future Stars World Cup Soccer Clinic

A playful and imaginative introduction to soccer with a World Cup twist! Each day highlights a new “country of the day” and features fun games, teamwork challenges, and activities designed to build coordination, creativity, and confidence. Guided by our friendly Brazilian coaches, this program helps young players fall in love with soccer from the very beginning.



Days: Monday – Friday

Dates: Session 1 June 29 – July 3

Session 2 July 20 – July 24

Times: 3:00pm – 4:00pm

Location: Thorndike Field

Fee: \$129

The Arlington Recreation Department Spring-Summer 2026
Program Guide was designed and produced by SteveMoniakDesign.com

More Youth Summer Camps

Ages: 7 – 14 • Sessions start June 29 & July 20

Brazilian Soccer World Cup Clinic

Experience the excitement of the World Cup right in your own community! Players will represent different countries, build skills, and compete in fun mini-tournaments led by professional Brazilian coaches from the five-time World Cup champions. They'll grow in confidence, make friends, and develop on and off the field through our #BeyondSoccer approach.

Days: Monday – Friday

Dates: Session 1 June 29 – July 3
Session 2 July 20 – July 24

Options	Times	Fees
Half Day	9:00am – 12:00pm	\$279
Full Day	9:00am – 3:00pm	\$299

Location: Thorndike Field

Ages 6 – 14 years old • Starts July 6

Sidekick Sports Track & Field Camp

This camp gives young athletes the perfect blend of technical development, age-appropriate training, and high-energy fun. Throughout the week, campers will explore a variety of classic track & field and cross-country events—including distance running, sprints, relays, long jump, and safe, foam javelin throws—while building confidence and discovering new strengths.



Professional coaches teach key athletic foundations such as body positioning, stride efficiency, proper stretching, warm-ups, and cool-down techniques, helping athletes develop skills they can use in any sport. At the end of the week, campers will showcase everything they've learned in the exciting Sidekick Jr. Olympics, a fun and memorable celebration of achievement, teamwork, and personal growth.

Days: Monday – Thursday

Dates: July 6 – July 9

Options	Times	Fees
Full Day Option	9:00am – 3:00pm	\$275
Half Day Option	9:00am – 12:00pm	\$205

Location: Thorndike Field

Entering Grades 8 – 12 • First session starts July 13

Learn to Row Summer Camp

Explore the oldest collegiate sport in the Country! Register with Arlington-Belmont Crew Learn to Row program this summer.

Summer program is open to all incoming 8th, and 9 – 12th graders.

We offer four one-week sessions from which to choose. You can choose one week or multiple weeks.

AB Crew coaches, rowers and coxswains will teach you everything you need to know!!



For those in 8th grade or High School in Arlington or Belmont public schools, the summer program is a particularly good start to rowing or coxing competitively with AB Crew in the regular Fall and Spring Seasons.

Space is limited so, register today!

Special Notes:

- All participants must bring proof of passing a basic level swim test (100 yards and tread water for five minutes).
- Most local YMCA's will certify your swim test. Please note: The Arlington Boys and Girls Club will NOT certify your swim test.
- You will receive a welcome e-mail, (with swim test form attached), from coaching staff prior to the start of your session.

Days: Monday – Thursday (Rain Date Friday)

Dates: Session I July 13 – 16
Session II July 20 – 23
Session III July 27 – 30
Session IV August 3 – 6

Times: 10:00am – 12:00pm

Location: Spy Pond Boat Ramp (may also meet at indoor Belmont facility on occasion.)

Fee: \$180



More Youth Summer Camps

Ages 6 – 14 years old • Sessions start July 14 & July 27

Sidekick Sports Basketball Camp

Our program blends high-quality coaching, positive energy, and age-appropriate competition to help every player grow in skills and confidence. These energetic sessions are led by our professional coaching staff, giving children the opportunity to learn the fundamentals they need for long-term success. Players will develop key skills such as ball-handling, shooting technique, passing, footwork, defensive positioning, and teamwork. Each day features exciting challenges, skill stations, and a week-long Jr. NBA-themed tournament, complete with daily prizes and awards. To ensure the best experience for every player, our coaches maintain balanced teams and create a supportive, player-first atmosphere where children feel motivated, included, and confident.

Days: Monday – Thursday

Dates: Session 1 July 13 – July 16
Session 2 July 27 – July 30

Options	Times	Fees
Full Day	9:00am – 3:00pm	\$275 per session
Half Day	9:00am – 12:00pm	\$205 per session

Location: Ottoson Middle School

Ages 6 – 14 years old • Starts July 23

Sidekick Sports All-Sports Camp

Throughout the week, athletes will be introduced to a variety of sports – including basketball, flag football, futsal (soccer), and track & field – through age-appropriate coaching and engaging activities that inspire a lifelong love of being active. Our professional coaches guide players through essential skills such as coordination, movement, teamwork, decision-making, and sport-specific techniques. To cap off the experience, we bring all the skills together in a week-long Sidekick Jr. Olympics Tournament, where campers compete in fun events that celebrate teamwork, sportsmanship, and personal achievement.



Days: Monday – Thursday

Dates: July 20 – July 23 & August 24 – August 27

Options	Times	Fees
Full Day	9:00am – 3:00pm	\$275 per session
Half Day	9:00am – 12:00pm	\$205 per session

Location: Ottoson Middle School

Ages 6–14 • Sessions start July 27 & August 24

Box 2 Box Soccer Camps – 2026 Men’s World Cup Celebration Camp

July & August Camps

2026 is a Men’s World Cup year, and our July and August Box 2 Box Soccer Camps will celebrate in true tournament style! Throughout the week, players will train, compete, and prepare for a special World Cup-themed Tournament on the final day of camp.

Campers will be placed into “national teams,” creating an exciting and inclusive environment where every player gets the chance to feel like they’re competing in their own World Cup. The final day will feature World Cup tournaments, where players can showcase everything they’ve learned over the previous days—technical skills, teamwork, game understanding, and competitive spirit.



Prizes will be awarded, champions will be crowned, and we’ll see which country and players rise to the top! Our goal is to inspire confidence, creativity, and enjoyment of the game while giving every camper a memorable experience.

Days: Monday – Thursday

Dates: Session 1 July 27 – July 30,
Session 2 August 24 – August 27

Ages	Options	Times
6–14	Half Day	9:00am – 12:00pm
8–14	Full Day	9:00am – 3:00pm

Location: Session 1 Thorndike Field
Session 2 McClennen Soccer Field

Fees: Full Day: \$311
Half Day: \$199

Email program comments, suggestions, ideas, and concerns to Jeff Jamgochian, Program Supervisor, at jjamgochian@town.arlington.ma.us

More Youth Summer Camps

Entering Grades 6 – 12 • Starts August 4

Spy Ponder Volleyball

Led by Liz Morris, AHS Boys Varsity Volleyball and AHS Girls Varsity Volleyball Coach, Spy Ponders Volleyball will provide players with the fundamental skills of the sport. Coaches will provide instruction in serving, passing, setting, hitting, blocking, and defense.



We will focus on individual skills to make each person a better volleyball player! We will pay special attention to offense and defense which will lead to team-building activities. We want to give every student a chance to experience what it means to be part of a team and to be a great volleyball player.

Days: Monday – Thursday
Dates: August 17 – August 20th
Time: 9:00am – 3:00pm
Location: Arlington High School (Red Gym)
Fee: \$250

◀ *Grades K-8 • Starts August 10*

Sidekick Sports Soccer Camp

Give your child an unforgettable week of soccer as we build excitement for North America hosting the FIFA World Cup in 2026! Our professional coaching staff will help players develop age-appropriate technical skills—such as dribbling, passing, shooting, ball control, and movement—through engaging drills and fun, small-sided games designed to keep every player active and confident.



Each day leads into our camp-wide Mini World Cup Tournament, where players represent different countries and bring the global spirit of soccer to life. Standings are kept throughout the week, and our coaches work carefully to maintain balanced teams, ensuring a positive, competitive, and meaningful experience for every player.

Days: Monday – Thursday
Dates: August 10 – August 13

Options	Times	Fees
Full Day Option	9:00am – 3:00pm	\$275 per session
Half Day Option	9:00am – 12:00pm	\$205 per session

Location: Thorndike Field

Grades 2 – 5 • Starts August 17

Intro to Geocaching!

If you have never been geocaching or want to learn more about the trend that is growing again, this workshop is for you! This workshop features Team Scavenger Hunts, Mystery Rooms, Team Challenges and two field trips to find caches in Arlington and/or surrounding communities. Each day follows a schedule that also includes arts -n-crafts, snack, indoor/outdoor games, two Think Outside The Box themed activities, lunch, and choice time.



Days: Monday – Thursday
Dates: August 17 – August 20
Times: 8:45am – 3:00pm
Location: Ed Burns Arena **Fee:** \$320

Grades 1 – 6 • Starts August 18

Club Geo Trek

As part of our LAHF TREK series, Club GEO Trek introduces hiking and the fun pastime of collecting geocaches! Geocaching is a global scavenger hunt where you can look for caches, or hidden stashes of objects. Geocachers use a GPS app that offers coordinates, clues and puzzles to solve, in order to locate caches and/or place their own caches. In this workshop, we will review basic hiking and caching etiquette, learn how to use one of the geocache apps, go on Kids LAHF scavenger hunts, solve puzzles in Mystery Rooms and attempt to locate caches in Arlington and its surrounding area. Field Trips to local caches!

Days: Monday – Thursday
Dates: Session 1 August 18 – 21
 Session 2 August 25 – 28
Times: 9:00am – 3:00pm
Location: Ed Burns Arena **Fee:** \$305

Grades 3 – 6 • Starts August 24

Theme: Geocaching 2.0

This workshop features Team Scavenger Hunts, Mystery Rooms, Team Challenges and two field trips to find caches in Arlington and/or surrounding communities. Each day follows a schedule that also includes arts -n-crafts, snack, indoor/outdoor games, two Think Outside The Box themed activities, lunch, and choice time.

Days: Monday – Thursday
Dates: August 24 – August 27
Times: 8:45am – 3:00pm
Location: Ed Burns Arena **Fee:** \$320

Youth Summer Day Programs

Ages 2 – 7 years old • Starts June 28

Super Soccer Stars

At Super Soccer Stars, our goal is to teach soccer skills in a fun, educational environment. Our philosophy is to use soccer to nurture, build self-confidence, and develop teamwork. Our curriculum uses positive reinforcement and a low child-to-coach ratio to ensure that each child improves at their own rate while having fun.

All sessions are four-week sessions.

Sunday Summer Sessions

Dates:	Session 1	June 28 – July 26 (x7/5)
	Session 2	August 2 – August 23
Times	8.30am – 9.15am	3 – young 4
	9.20am – 10.00am	2 – 3 years
	10.05am – 10.55am	older 4 – 5
	11.00am – 12.00pm	5 – 7 years

Wednesday Summer Sessions

Dates:	Session 1	July 8 – July 29s
	Session 2	August 5 – August 26
Times	9.00am – 9.45am	3 – young 4
	9.50am – 10.30am	2 – 3 years
	10.35am – 11.25am	older 4 – 5
	11.30am – 12.30pm	5 – 7 years

Friday Summer Sessions

Dates:	Session 1	July 10 – July 31
	Session 2	August 7 – August 28
Times	9.00am – 9.45am	3 – young 4
	9.50am – 10.30am	2 – 3 years
	10.35am – 11.25am	older 4 – 5
	11.30am – 12.30pm	5 – 7 years
Location:	Stratton School	
Fee:	\$124	

Ages 2 – 5 years old • Starts June 29

Amazing Athletes

Our fun, active classes encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes life-time connections to sports and physical activity. All sessions run for four weeks.



Sunday Summer Sessions

Dates:	Session 1	June 29 – July 27 (x6/6)
	Session 2	August 3 – August 24
Times	9.00am – 9.40am	2 – 3 years
	9.45am – 10.30am	3 – 5 years

Monday Summer Sessions

Dates:	Session 1	June 29 – July 27 (x6/6)
	Session 2	August 3 – August 24
Times	9.00am – 9.40am	2 – 3 years
	9.45am – 10.30am	3 – 5 years

Location: Stratton School Green Space

Fee: \$124



Youth Summer Day Programs

Ages 3 – 12 years old • Starts July 10

Youth Karate

One of the best karate programs in the country taught by four-time world champion Steve Nugent. These classes teach proper stances, breathing, stretching, discipline, confidence, and practical self-defense. This class also underlines the importance of nutrition, exercise, fire safety, and stranger awareness. All uniforms are included in the class fee.



Little Dragons Karate (3 – 4 year olds)

Days: Fridays for eight weeks
Dates: July 11 – August 29
Time: 5:00pm – 5:30pm
Location: Thompson School
Fee: \$240



Little Ninjas Karate (5 – 12 year olds)

Days: Fridays for eight weeks
Dates: July 10 – August 28
Times: 5:30pm – 6:15pm 5 – 6 years old
 6:15pm – 7:00pm 7 – 12 years old
Location: Thompson School
Fee: \$240



Ages 2 – 10 years old • Starts July 12

InclYOUision Sports Soccer and Baseball

Join us for a fun six– week sports program for children of all abilities to learn the fundamentals of Flag Football and Track & Field! Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. InclYOUision Sports provides all equipment and children only need to bring water and wear comfortable clothes and shoes. This program is designed for children with and without disabilities to learn and play together. Skill building is modified to each child's experience level.



InclYOUision Sports provides inclusive sports enrichment programs to children, using innovative behavioral methods to teach sports, fitness, and social skills. Programs are designed by physical education, behavioral, and inclusion experts to introduce all children to a variety of sports through a series of lessons focused on skill building. InclYOUision Sports is on a mission to make high quality sports enrichment programs accessible to all children. Learn more at inclYOUisionsports.com.

Days: Sundays for six weeks
Dates: July 12 – August 16
Times: 9:00am – 9:50am Ages 2 – 4
 10:00am – 10:50am Ages 5 – 7
 11:00am – 11:50am Ages 8 – 10

Location: Hurd Field
Fee: \$210



REGISTER ONLINE FOR
 ARLINGTON RECREATION
 SPRING/SUMMER 2026
 PROGRAMS

Scan the QR Code to visit ArlingtonRec.com



Arlington Recreation...Sign Me Up!

Youth Summer STEM Programs

Come join one of these very cool and fun elementary school summer programs! Over the past 30 years, Top Secret Science (www.TopSecretKids.org) has worked hands-on with over two million local children. Every child who attends one of our Arlington Recreation Programs receives a Free Top Secret Science Tee Shirt! Hope to see you there!

Grades K – 5 • Starts June 29

Brick Builders (Lego) Engineering Lab

Brick Builders Engineering Lab combines the creativity of LEGO® building with the excitement of real-world engineering. Kids design, construct, and test everything from bridges and vehicles to simple machines while learning the principles of physics and problem-solving. Each challenge sparks imagination and teamwork as kids experiment, rebuild, and improve their creations. It's hands-on innovation at its best – where every brick builds confidence, creativity, and a love for engineering. Each kid will create dozens of make and take home civil, chemical, mechanical, electrical and other engineering projects. A wonderful three hours of engineering each day.

Days: Monday – Friday
Dates: June 29 – July 3
Times: 9:00am– 12:00pm
Location: Parmenter School
Fee: \$240



Grades K – 5 • Starts July 6

Girls Discovery Lab

Girls Discovery Lab is where science meets sparkle – a creative, hands-on experience designed to inspire curiosity and confidence. Girls explore chemistry and artistry as they grow shimmering crystals, craft jewelry, and make their own natural cosmetics like perfumes, spa oils, bath salts and more. Every project blends fun and learning, giving girls a chance to express their individuality while discovering the science behind beauty and design. It's the perfect mix of creativity, friendship, and empowerment – where every girl leaves feeling brilliant inside and out. Each girl will create dozens of make and take-home projects. A wonderful three hours of adventure each day.

Days: Monday – Friday
Dates: July 6 – 10
Times: 9:00am– 12:00pm
Location: Parmenter School
Fee: \$240

Grades K – 5 • Starts July 13

Amazing 100 Experiments Hands-On Science!

Each day the kids will explore up to 20 weird and wacky hands-on science experiments and will make and take home at least 10 different projects. The scientists are fast paced and funny and your kids will be thoroughly entertained (they'll even learn some interesting things too).

We will explore weird motions and flying things, air and water pressure; crazy chemistry, light and sound, science magic, electricity, magnets, astronomy and more. Be prepared for lots of fun stuff. A wonderful six hours of science each day. There will be 50% new projects from last summer.

Days: Monday – Friday
Dates: July 13 – July 17
Times: Monday 9:00am – 3:00pm
 Friday 9:00am – 12:00pm

Location: Parmenter School
Fee: \$380

Grades K – 5 • Starts July 20

Game Makers Lab

Game Makers Lab turns kids into inventors, storytellers, and strategists as they design, build, and play their very own original board games. Each day blends creativity with critical thinking – from crafting game pieces and writing rules to testing and refining their ideas through friendly competition.

Kids learn problem-solving, collaboration, and communication in a fun, hands-on way that keeps them fully engaged and off screens. By the end of the week, every kid takes home many one-of-a-kind games they proudly created themselves. A wonderful three hours of adventure each day.

Days: Monday – Friday
Dates: July 20 – 24
Times: 9:00am– 12:00pm
Location: Parmenter School
Fee: \$240.00



*Do you have an idea for a great program?
 Email us at recoffice@town.arlington.ma.us*

Youth Summer STEM Programs

Grades K – 5 • Starts July 27

Unplugged Adventures

Step away from the screens and rediscover the joy of real-world creativity with Unplugged Adventures – a hands-on experience where kids build, craft, and explore the world around them. From designing new family games to creating art from nature and inventing projects with simple tools, every activity sparks imagination and teamwork – no devices required.

It is perfect for kids looking to bring back curiosity, conversation, and connection by learning dozens of ways to stay off screens. Unplugged Adventures makes summer feel like summer again – real friends, real fun, and zero Wi-Fi needed. A wonderful three hours of adventure each day.

Days: Monday – Friday
Dates: July 27 – 31
Times: 9:00am– 12:00pm
Location: Parmenter School
Fee: \$240



Grades K – 5 • Starts August 3

Magician's Quest

Magician's Quest invites kids to unlock the secrets behind the science of magic through hands-on experiments and jaw-dropping tricks. From disappearing water and color-changing potions to gravity-defying illusions, every activity blends real scientific principles with classic sleight of hand.

Kids build confidence as they perform their own “scientific magic show,” learning that curiosity is the greatest power of all. It's an unforgettable adventure where imagination meets discovery – and every child becomes a true magician.

Each kid will create dozens of magic tricks and take home magic tricks. A wonderful 3 hours of magic each day.

Days: Monday – Friday
Dates: August 3 – 7
Times: 9:00am– 12:00pm
Location: Parmenter School
Fee: \$240



Town of Arlington Tennis & Pickleball Courts Rules & Regulations

Hours: Tennis 7:00am – 9:00pm daily
 Pickleball 8:00am – 9:00am daily

- Courts are available for tennis and pickleball use only.
- Arlington Recreation programs take priority.
- Arlington residents may reserve courts for guaranteed usage. **To make a reservation, go to playlocal.com by scanning the QR Code.** Reservations can be made for 60 minutes only!
- Priority is given to players with proof of a reservation.



- Players, please use the honor system. Play is limited to 60 minutes for Singles and 90 minutes for Doubles.
- Players waiting to use a court should indicate that they are waiting, and players on the courts should be respectful of those waiting.
- Private and semi-private lessons are NOT allowed on town courts.
- Place all trash and recycling in proper receptacles.
- No sports, games, or recreational activities other than tennis or pickleball are allowed on tennis courts. No dogs allowed at any time on or off leash.



PER ORDER PARKS AND RECREATION COMMISSION
 Please call 781-316-3880 to report needed court repair.

Arlington Parks, Fields, and Facilities

Sign up online for field closing notices at arlingtonma.gov

To request the use of a field or park for special event or outing, scan the QR code to download a field permit request, and email it to Natasha Waden, Director of Recreation, at recoffice@town.arlington.ma.us



Bishop Field: Located at Bishop School on 25 Columbia Road. Park has a softball/ little league field, open field area used for soccer, hardtop basketball area, and a playground.

Brackett School: 66 Eastern Avenue. Playground and a hardtop basketball court.

Buck Field: 422 Summer Street. Park has a softball/little league field, access to bike path.

Buzzell Field: 229 Summer Street. Area has two little league/ softball fields, a playground, picnic tables, a basketball court, and access to bike path.

Crosby School/Tennis Courts: Winter Street. Area has tennis courts, pickleball courts, a playground, and a medium green space.

Cutter School Park: Between Robbins Road and School Street. Area has a playground.

Ed Burns Arena: 422 Summer Street. An indoor ice facility, regulation-size rink, spectator seating for 1,085 people, complete snack bar, vending machines, skate rentals and skate sharpening.

Florence Field: 185 Florence Avenue. Area has a little league/ softball field, green space, playground, and basketball area.

The Great Meadows: Area is owned by the Town of Arlington. It is located between two the Waldorf School and Lexington Christian Academy. Area has walking trails.

Hibbert Playground: Hibbert Street. Area has a playground.

Hill's Hill Field: 422 Summer Street. Open field for various sports or activities, with access to bike path, and a playground.

Hurd Field: Located on Drake Road behind Trader Joes. Area has two softball/little league fields, large open field, as well as access to bike path and the Reservoir.

Locke School Playground: David Road behind Locke School condos.

Lussiano Field: North Union Street. Area has a playground, basketball court, picnic tables, softball/little league field, baseball field, and a big open field used. The spray park located here is open from June to August.

Magnolia Field: On Herbert and Magnolia Street. Area has a playground, basketball court, a large open field, community gardens area, and access to the bike path.

McClennen Park: Summer Street, Lexington line. Area has playground, skate park, walking trail, soccer fields, and little league field.

Menotomy Rocks Park: Jason Street. Area has open green spaces, picnic area, playground, walking trails and fishing.

Ottoson Middle School: 630 Acton Street. Area has a softball/ little league field in back and practice area in front.

Parmenter Park: 17 Irving Street. Area has a playground.

Peirce School: 85 Park Avenue Extension. Area has a playground, basketball court, and green space. Parking is available after 3:00pm.

Poet's Corner: 175 Dow Avenue. Area has a playground, softball/ little league field, and basketball courts.

Reservoir Beach: Lowell Street. Seasonal beach and concession stand. Year-round playground and walking path open to public.

Robbins Farm: 166 Eastern Avenue. Area has a baseball diamond, large green space, basketball court, pickleball court, playground, summer-time movies in the park, and a 4 of July celebration.

Robillard Field: 422 Summer Street. Area has a baseball diamond.

Robbins Library: 700 Mass Avenue. Area has a playground and a small green space.

Scannell Field: 90 Linwood Street. Area has a softball/little league field and access to the bike path.

Spy Pond Field: 66 Pond Lane. Area has a baseball diamond, little league field, a large open field, five full-size tennis courts and one tennis mini-court.

Spy Pond Park: Pond Lane. The area has a playground, boat ramp and access to bike path.

Stratton School: 180 Mountain Avenue. Area has a playground, basketball court, and a small green space.

Summer Street: 422 Summer Street. Area has an outdoor exercise park, basketball court, baseball diamond (Robillard Field), large open field, and access to the bike path.

Thorndike Field/Off-Leash Dog Park: Margaret Street. Area has fields for soccer and lacrosse, Off-Leash Dog Park, and access to the bike path.

Turkey Hill: Dodge Street. Passive recreation and trails.

W. A. Peirce Turf Field: 869 Mass Ave. A turf field, six-lane track, baseball field, softball/little league field, multi-purpose practice field, and basketball courts.

Waldo Park: Teal Street. Area has playground, basketball court and small open area for play.

Wellington Park: Grove Street. Area has tennis courts, climbing wall and passive recreation area.

Whittemore Robbins House: 700 Mass Ave. Area has a playground and a small green space.

Arlington Youth Sports Organizations

Please visit the any of the websites listed below for more details and to register your child to play.

ARLINGTON BABE RUTH

Arlington Babe Ruth

arlingtonbrb.org

The Arlington Babe Ruth Baseball Association offers baseball to players between the ages 13 – 19. The program allows players to learn and advance their skills in an environment where fair play and competition is encouraged, so to advance them into mature young adults on and beyond the fields of baseball. Our spring program offers two levels of competitive play. Our summer program fields teams who play against surrounding towns. In the fall we have teams who are made up of current and new players. It is a great transition for the recent Cal Ripken grads to get a taste of the “big diamond.



Arlington Youth Rugby Club (AYRC)

arlingtonrugbyclub.com

Arlington Rugby Club is a coed youth rugby club that specializes in flag rugby for all children from Kindergarten through 6th grade, and tackle rugby for children in 7th and 8th grade. Our USA Rugby certified coaching staff focus on the developmental approach of rugby to kids of all ages and skill levels who want to give the fastest growing sport in the world a try in a fun, safe environment.



Arlington Hockey Club (AHC)

arlingtonice.com

The AHC offers a high-quality, affordable opportunity for girls and boys to play hockey from ages five to high school, with instructional starting at age four. We provide age-appropriate and skill-appropriate player development and coaching and strive to build solid foundational skills as part of our travel, developmental and in-house programs, which enables us to have a strong, sustainable program year after year.



Arlington Youth Baseball and Softball Association (Little League)

aybsaonline.org

The Arlington Youth Baseball (ages 4 – 12) and Softball (ages 4 – 14) Association is for Arlington children who enjoy the game of baseball, centered on the ideals of good sportsmanship, honesty, loyalty, courage and respect. Our program offers spring, summer, and fall baseball and softball programs to 1,100 kids The League is intended to teach basic skills including throwing, hitting, catching flies, fielding grounders, and base running.



Arlington Soccer Club (ASC)

arlingtonsoccerclub.org

The ASC provides an opportunity for children in Arlington to learn, play and love the sport of soccer through individual skills development, fitness, teamwork, and sportsmanship. We offer both a spring and fall season for over 2,000 players of all skill levels from ages pre-K through high school. Pre-K to Grade 1 play in clinics while Grades 2 – 4 participate in-town leagues. Our older teams compete in the BAYS soccer league and travel to other towns for games.



Arlington Youth Football Club (AYFC)

arlingtonyouthfootball.org

Arlington Youth Football Club (AYFC) strives to build a strong foundation of football skills through practicing positive effort, attitude, and toughness. With direct involvement from AHS Football, we believe this is a community initiative centered around high-quality youth development. AYFC is a member of the Northeast Commonwealth Football and Cheer League (NCYFC).

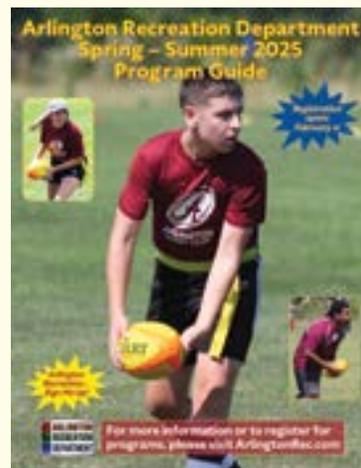
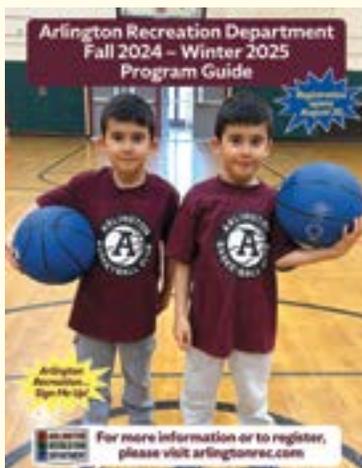
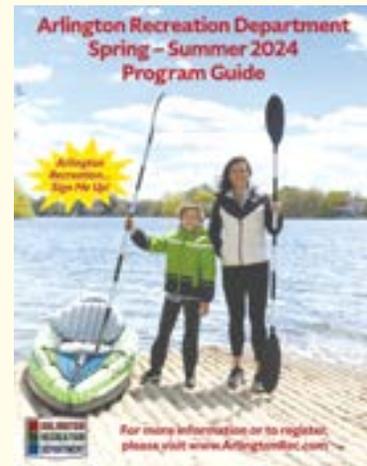
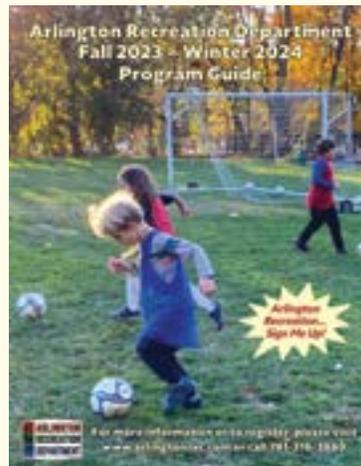
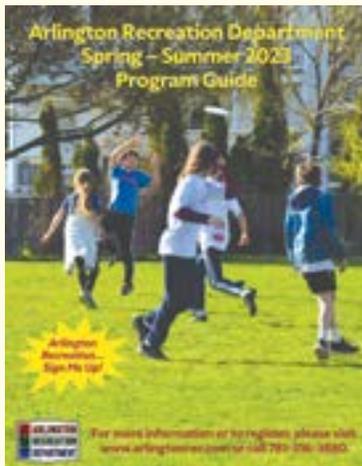
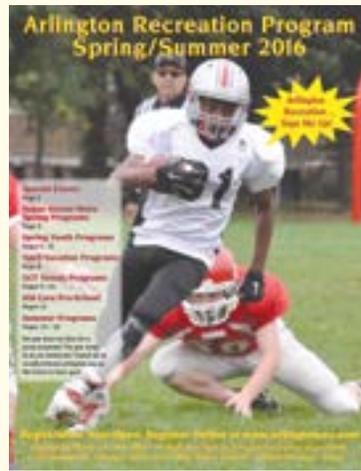
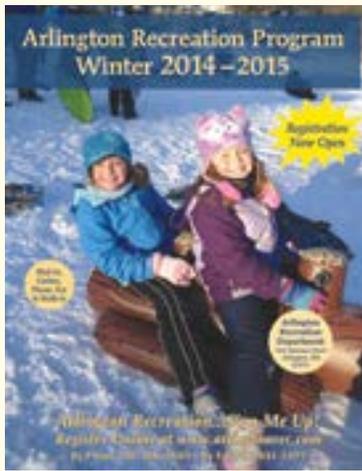


Arlington Youth Lacrosse (AYL)

arlingtonlax.org

The AYL is a volunteer-based organization comprised of student-athletes, parents, coaches and supporters that provides opportunities for Arlington's boys and girls to learn about the game of lacrosse, to develop their skills through practice and competition, and to enjoy the camaraderie associated with team play. We welcome everyone regardless of skill level or experience, and offer in-town and travel-based spring programs for students ranging from Grades 1 – 8.

See your child on the cover of the Arlington Recreation Program



The Arlington Recreation Department invites you to submit photographs at any time to be considered for use in our programs. All submissions should be in color and high-resolution quality.

Please email photo submissions to recoffice@town.arlington.ma.us